100% book - Year 11 Mainstream

Aim to memorise 100% of the knowledge on these Knowledge Organisers.



Term 4

Swindon Academy 2024-25	
Name:	
Tutor Group:	
Tutor & Room:	

"If you are not willing to learn, no one can help you.

If you are determined to learn, no one can stop you."





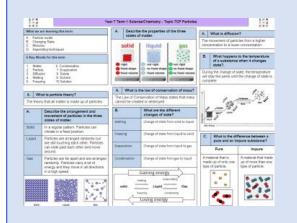






How to use your 100% book of Knowledge Organisers and Quizzable Organisers

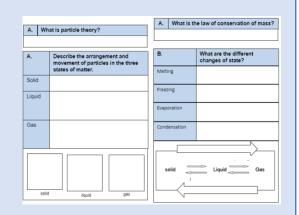
Knowledge Organisers



Knowledge Organisers contain the essential knowledge that you MUST know in order to be successful this year and in all subsequent years.

They will help you learn, revise and retain what you have learnt in lessons in order to move the knowledge from your short-term memory to long-term memory.

Quizzable Knowledge Organisers



These are designed to help you quiz yourself on the essential Knowledge.

Use them to test yourself or get someone else to test you, until you are confident you can recall the information from memory.

Top Tip

Don't write on your Quizzable Knowledge Organisers! Quiz yourself by writing the missing words in your prep book. That way you can quiz yourself again and again!

Expectations for Prep and for using your Knowledge Organisers

- Complete all prep work set in your subject prep book.
- 2. Bring your prep book to every lesson and ensure that you have completed all work by the deadline.
- Take pride in your prep book keep it neat and tidy.
- 4. Present work in your prep book to the same standard you are expected to do in class.
- 5. Ensure that your use of SPAG is accurate.
- 6. Write in blue or black pen and sketch in pencil.
- Ensure every piece of work has a title and date.
- 8. Use a ruler for straight lines.
- 9. If you are unsure about the prep, speak to your teacher.
- 10. Review your prep work in green pen using the mark scheme.

How do I complete Knowledge Organiser Prep?

Step 1	Step 2	Step 3
Check Epraise and identify what words /definitions/facts you have been asked to learn. Find the Knowledge Organiser you need to use. **Planer** Planer**	Write today's date and the title from your Knowledge Organiser in your Prep Book. A What is particle theory? The beory that if matter is made up of particles. A Design of matter. Sold In a regular pattern Particles can be applied to the Particles of matter. Sold In a regular pattern particle is the title shared or consequence of matter. Sold In a regular pattern particle is the firstless shared in the particle is the particle in the law of conservation of mass? The Law of Conservation of Massa States that mass cannot be created or contends of contends of massa. The Law of Conservation of Massa States that mass cannot be created or contends of the particle in the law of conservation of massa? The Law of Conservation of Massa States that mass cannot be created or contends of the law of conservation of massa? The Law of Conservation of Massa States that mass cannot be created or contends of the law of conservation of massa? The Law of Conservation of Massa States that mass cannot be created or contends of the law of conservation of massa? The Law of Conservation of Massa States that mass cannot be contended or contends of the law of conservation of massa? The Law of Conservation of Massa States that mass cannot be contended or con	Write out the keywords/definitions/facts from your Knowledge Organiser in FULL. 29th May 2020 Properties of the states of matter Particle theory = all matter is node of particles Solid = regular patter Particles wheate in fixed position Liquid = particles are arranged randomly but ore still touching each other and mare eround. Gas = Particles are far apart and are arranged randomly Particles carry lax of energy
Step 4	Step 5	Step 6
Read the keywords/definitions/facts out loud to yourself again and again and write the keywords/definitions/facts at least 3 times. Solid = regular pattern particles vibrate in fixed position Solid = regular pattern particles vibrate in fixed position Solid = regular pattern particles vibrate in fixed position	Open your quizzable Knowledge Organiser. Write the missing words from your quizzable Knowledge organiser in your prep book. A What is particle theory? A Describe the arrangement and states of matter. B What is the law of conservation of mass? A What is particle theory? A Describe the arrangement and states of matter. Sold Upid Oats	Check your answers using your Knowledge Organiser. Repeat Steps 3 to 5 with any questions you got wrong until you are confident. Particle theory = all matter is made of particles Solid = regular pattern porticles vibrate in fixed position Liand = particles are arranged randomly but are still louching each other and make ground Gas = Particles are foregand and are arranged randomly, Particles carry = lot of energy

Make sure you bring in your completed Prep notes to demonstrate that you have completed your prep.

1. Context

Era: Edwardian

Genre: Drama

(1894-1984) Dates: Written in 1945 First performed: In Moscow, Russia, in

Structure: Three Act Play

Playwright: John Boynton Priestley

Biography of Priestley Born in Yorkshire in 1894.

- Fought in the first world war and became politicised by the suffering of it
- Became concerned with the effects of
- social inequality in Britain in 1930s Set up a new political party in 1942, The Commonwealth Party. It merged
- Set: Fictional town Brumley 'an industrial city in the north Midlands' in 1912 with the labour Party and was integral in developing the welfare state

war there was deemed to be a general air of complacency regarding the prospect of any war taking pace. There were strong distinctions between upper and lower classes, society was deeply patriarchal. After the second word war ended in 1945, class distinctions had been greatly reduced by the two wars and women had earned a more valued place in society After 1945 there was a desire for more sweeping social change.

Pre and Post War - Before the first world

Socialism - Socialism is an approach to economic and social systems that is characterised by social ownership, democratic control and high levels of equality. Socialism is generally concerned with ensuring that disparities between wealth and social status are erased from society. After the two World Wars British society was far more open to socialist ideas. In An Inspector Calls, the Inspector harbors socialist attitudes.

Social and Moral Responsibility -Attitudes towards social and moral

responsibility changed rapidly in the tine between when the play was set (1912) and the time the play was written (1945). In 1912 the general attitude of those with social status and wealth was towards looking after one's own. By the mid-1940s however, the Labour party under Attlee won a landslide election reflecting a wave of enthusiasm towards communal responsibility for everyone in society.

The Titanic - RMS Titanic was a British passenger liner that sank in the North Atlantic ocean in the morning hours of 15th April 1912, killing around 1500. The Titanic was designed to be the pinnacle of both safety and comfort, and due to its enormous size and quality was frequently labeled 'unsinkable'. In An Inspector Calls Birling claims this, thus immediately losing the respect of the audience. It can serve as a symbol of the hubris and arrogance of

FORM - The play fits into three possible forms:

man.

focused on the seven

committed those sins

deadly sins

Characters who

were punished

Wel	l-Made Play
•	A popular type of
	drama from the 19th
	century
٠	The events build to
	climax
•	Primarily concerned
	with events that
	happened before th

Plot is intricate and

play

complex

Morality Play

- Most popular during Involves a gripping 15th and 16th tale based around a centuries crime They taught the The audience audience lessons that
 - receives clues and must guess what has happened before the end All is revealed by
 - the climax

Crime Thriller

AN INSPECTOR CALLS Traditional

2. Key Characters

Inspector Goole: An enigmatic (mysterious) figure who serves as Priestley's mouthpiece and advocates social justice. He serves as the Birling's conscience and exposes their sins.

Mr Arthur Birling: A capitalist and business owner who opposes social change and greater equality. He is a self-made man and lacks the refined manners of the upper classes. Made a fool by Priestley to highlight the arrogance and absurdity of his views.

Mrs Sybil Birling: Her husband's social superior, Mrs Birling is involved in charity work but contradictorily believes in personal responsibility and looking after one's-self. Fails to understand her own children.

Shelia Birling: Young and initially enthusiastic, Sheila grows and changes throughout the play, embracing the views of the Inspector and challenging the social indifference of her parents. She becomes wiser and more cautious in her relationship with Gerald.

Eric Birling: In his early twenties, he drinks too much and forces himself upon Eva Smith. Whilst she is pregnant with his child, he steals from his father to attempt to support her. Grows and changes, realises his own wrongs along with everyone else's. Critical of parents.

Gerald Croft: A businessman engaged to Sheila, Gerald a relationship with Daisy Renton (Eva Smith). Even though he sits between he two generations he is politically closest to Birling and fails to embrace the Inspector's message, instead seeking to prove he wasn't real.

working classes. She also calls herself both Daisy Renton and Mrs Birling. The older characters begin to question whether she really is one person.

3. Central Themes

Social Responsibility	Priestley advocates a socialist message of collective responsibility for one another. The Inspector serves as his voice in conveying this ideology, but the younger generation also come to embrace it. The suffering of Eva Smith highlights the powerlessness of the working classes and the need for a society that protects is most vulnerable.
	Priestley presents a view that there is hope for change and that it lie:

Age and the Generational Divide

with the younger generation. Both Sheila and Eric change for the better, maturing and becoming more empathetic as they come to embrace the Inspector's message. They also become vocal critics of their parents' indifference to Eva's suffering.

Priestley highlights the immense power that business owners wielded over their workers and presents them as arrogant and lacking in Class and Power empathy. He demonstrates Edwardian society's preoccupation with wealth and status at the cost of the individual as a way of promoting change in post-WW2 Britain.

At the time the play was first performed, women had just played a pivotal role in World War 2 and were empowered by the freedom work Gender provided them. In the 1912 setting, we see Sheila's growing independence vs her mother. However, the play still highlights the awful vulnerability of women and the outdated stereotyping of them.

4. Key Vocabulary

Capitalist	Believing in private wealth and business aimed at making profit for business owners. Independent and self-reliant.

Socialist one another and social equality for all.

Ideology	A political viewpoint or set of beliefs, for example socialism.
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Responsibility

Hierarchy

Morality

Proletariat

Being accountable or to blame for something, or having a duty to deal with something.

A ranking of status or power e.g. the strict class hierarchy of

The belief that some behaviour is right and some is wrong.

The capitalist class in possession of the means of acquiring

The highest class in society and often holding titles passed

Someone or something that speeds up or triggers an event.

When the audience is aware of something that a character is

Characters frequently leave or enter the stage at dramatic

moments. Some characters miss important events.

from father to son, for example Lord and Lady Croft. A false front or surface-level illusion, for example the façade

of family happiness in the opening scene of the play.

Believing in shared ownership, collective responsibility for

Edwardian England. A society in which power lies with men. Patriarchy

An opposition to or opinion about something/someone based Preiudice upon what they are e.g. working class, female etc.

The working class.

Bourgeoisie

Aristocracy

Eva Smith: Doesn't appear in the play, but her suffering and abuse represents that of all the Façade

Catalyst Antithesis

When something is the opposite of something else.

5. Key Terminology, Symbols and Devices

Dramatic Irony	not aware of, for example Birling believing war won't happe
Plot Twist	When a story suddenly departs from its expected path and something very unexpected happens. The final phone call.

- Each act ends on a particularly dramatic, revealing moment Cliffhanger that creates a sense of tension and anticipation. When the playwright instructs actors/director to perform in a **Stage Directions** particular way. Priestley's are unusually detailed.
 - Priestley uses stage directions to indicate how the stage should be lit. Changes to 'brighter and harder' for Inspector. Lighting

Props

Entrances/Exits

Physical objects used in the play. The photograph plays a key role in identifying Eva. The doorbell interrupts Birling.

Deliberately placing two very different things along side one Contrast and another to draw comparisons e.g. Birling and the Inspector. Juxtaposition

1. Context		AN INSPECTOR CALLS Traditional	
Playwright:	Biography of Priestley •	2. Key Characters	4. Key Vocabulary
Dates: First performed:	•	Inspector Goole:	Capitalist
Era:		Mr Arthur Birling:	Socialist
Genre: Set:			Ideology
Structure:		Mrs Sybil Birling:	Responsibility
			Hierarchy
Pre and Post War –	Socialism –	Shelia Birling:	Patriarchy
			Prejudice .
		Eric Birling:	Morality
			Proletariat
		Gerald Croft:	Bourgeoisie .
		Eva Smith:	Aristocracy
			Façade
Social and Moral Responsibility –	The Titanic –		Catalyst
		3. Central Themes	Antithesis
		Social	5. Key Terminology, Symbols and Devices
		Responsibility	Dramatic Irony
			Plot Twist
		Age and the Generational Divide	Cliffhanger
FORM – The play fits	into three possible forms:		Stage Directions
Well-Made Play Morality	<u> </u>		
		Class and Power	Entrances/Exits
			Lighting
		Gender .	Props
		Gender .	Contrast and Juxtaposition
] []	l [



GCSE Geography. Paper 2:1. Urban issues and challenges



1. Globa	l pattern of urban change	
The world's population is growing rapidly; currently		
50% of us live	in urban areas.	
	An increasing percentage of a	
Urbanisation	country's population living in towns	
	and cities.	
	Very slow rate of urbanisation.	
HICs	Already have high urban populations.	
nics	Urbanisation happened earlier (during	
	the industrial revolution).	
	Fast rate of urbanisation due to	
NEEs	industrialisation.	
	Urban population is increasing rapidly.	
	Fast rate of urbanisation.	
LICs	Urban population is low as many still	
	work in farming.	

2. Factors affecting urbanisation		
Rural-	The movement of people from a rural	
Urban	area (countryside) to an urban area	
migration	(towns and cities).	
Push	Negative factors that make people leave	
factors	an area e.g. drought, famine, war, few	
Tactors	services.	
	Positive factors that attract people to	
Pull factors	an area e.g. better access to services,	
	better paid jobs, access to electricity.	
	When the birth rate is higher than	
Natural	death rate; the population grows.	
Increase	High in NEE cities as migrants are often	
	young and health care is improving.	

3. Megacities	
Megacity	A city of more than 10 million people living there.
How many?	There are now 34. Rapidly increasing.
Where?	Most are in Africa and Asia.

4. Key terms	
Social deprivation	The extent an individual or an area lacks services, decent housing, adequate income and employment.
Dereliction	Abandoned buildings and wasteland.
Urban Greening	Process of increasing and preserving open space in urban areas i.e. parks.
Urban sprawl	Unplanned growth of urban areas into surrounding rural areas.
Integrated Transport System	Different forms of transport are linked together to make it easy to transfer from one to another.
Brownfield	Land that has been used, abandoned and now awaits reuse; they are often found in urban areas.
Greenfield	A plot of land, often in rural areas or on the edges of urban areas that has not been built on before.
Commuter settlements	A place where people live but travel elsewhere for work $e.g.$ Yate \rightarrow Bristol.

5. Sustainable urban living				
Sustainable	Where people living, now, have the things they need, without reducing the			
urban living	ability of people in future to meet their needs.			
Water conservation	Recycling grey water. ½ flush toilets. Rainwater harvesting on roofs.			
Energy conservation	Permeable pavements- filters pollutants. Energy efficient appliances. Energy saving (south facing windows). Use of renewable energy sources.			
Waste recycling	Recycling boxes in houses. Recycling facilities nearby. Encourage websites like 'Freecycle'.			
Creating green space	Maintain green spaces around towns- Cools area, encourage exercise, happy.			

6. Orban transport strategies				
used to reduce traffic				
congestion				
Problems with congestion	 air pollution (global warming). Late for work, deliveries delayed. accidents, stress, asthma. Bristol, 200 people die as a result of air pollution each year. 			
Beryl Bikes	Shared bikes in Bournemouth + Poole.			
Oyster Cards	Quick and easy to pay for more than one type of public transport (London).			
Park and ride	Car parks on the outskirts of a town, with buses into the city centre.			
Congestion charge	Charge for entering the city centre at peak times.			
Bus lanes	Stop buses being held in traffic.			



GCSE Geography. Paper 2:1. Urban issues and challenges



1. Glob	oal pattern of urban change				
The world's population is growing rapidly; currently 50% of us live in urban areas.					
30% Of us live	in urban areas.				
Urbanisation					
HICs					
NEEs					
LICs					

4. Ke	y terms
Social	
deprivation	
Dereliction	
Urban	
Greening	
Urban	
sprawl	
Integrated	
Transport	
System	
Brownfield	
Greenfield	
Commuter	
settlements	

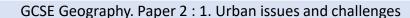
6. Urban transport strategies used to reduce traffic congestion				
Problems				
with				
congestion				
Beryl Bikes				
Oyster Cards				
Park and ride				
Congestion charge				
Bus lanes				

2. Factors affecting urbanisation					
Rural- Urban migration					
Push factors					
Pull factors					
Natural Increase					

3. Megacities

Megacity
How many?
Where?

5. Sustainable urban living					
Sustainable urban living					
Water conservation					
Energy conservation					
Waste recycling					
Creating green space					





66 million.

Cities

Impact on



Stoke Bishop-millionaires (large villas)

7. Distribution of population and major cities in the UK

Population | Distribution is very uneven. | 82% live in urban areas. | Upland areas are sparsely populated. | Most in lowland areas and on coasts.

Cities reflect our industrial past (near raw materials *e.g.* Leeds near coal).

Counter-urbanisation is a recent trend.

capital. It has 10% of the population.

London is the biggest city and the

- 8. Location and importance of
 Bristol
 South west of the UK, on Bristol
- Channel. Near to junction of M4 & M5.

 Importance Largest city in the southwest.

 within the 8th most popular city for foreign tourists.
- UK 2 universities and 2 cathedrals.

 Largest concentration of silicon chip

Many TNCs located there (AirBus, BMW)

- Importance to wider world

 Largest concentration of silicon chip manufacturing outside of California. International airport (links to Europe).
- Impacts of migration on the growth and character of the city
- National migration 1851 1891 population doubled as people arrived looking for work.

 Now,international migration accounts for half of its growth. 50 countries.

 Many from Europe (Poland, Spain).

Many cultural opportunities.

Afro-Caribbean- strong community

- 10. Urban change in Bristol
- Population is growing rapidly.

Cultural mix

entertainment

Integrated

- Population is more ethnically diverse.
- More under 16-year olds than of pensionable age.
- Electrification of railway to London (<70 minutes).
 Become more accessible (road, rail, air).
 - 11 Opportunities created h

11. Opportunities created by urban change 50 countries represented (food, art).

Recreation and St Paul's Carnival (attracts 40,000).

Underground music scene -Colston Hall.
Entertainment (The Bristol Old Vic).

2 football teams (City, Rovers).

Shopping Cribbs Causeway, Cabot Circus.

Links different types of public transport

Highly tech. industries = jobs.

Employment 50 silicon businesses. Many TNCs.
£100 million improved broadband.

transport Reduces congestion in the city.

7 % people walking and cycling (57%).

> 90% live within 350m of park/water.

Urban greening > 90% live within 350m of park/wate 300 parks. 1/3 Bristol is open space. 2015 European Green Capital status.

12.An example of an urban regeneration project

Example Why did it need regeneration?

Bristol surrounded by a green belt.
 Brownfield site- rundown, ugly.
 By Bristol Temple Meads Station- poor impression for new visitors.
 Previously an industrial area.

13.Challenges created by urban change

Urban deprivation

Urban deprivation

Some areas face social deprivation.

1/3 of people in Filwood are in very-low income households.

Problems of crime, drug use, low

quality housing, lack of transport.

Inequality in Filwood- 50% in council housing.

Inequality in education Stoke Bishop- 94%.

Inequality in Filwood- Life expectancy 78 years.

housing

health Stoke Bishop- 83 years.

Employment Filwood- 1/3 16-24-year olds.
Stoke Bishop- Just 3%.

Dereliction Industrial buildings derelict (inner-city).
Stokes Croft (many squatters).
Building on 2006-13 94% housing on brownfield.

brown and greenfield Plan for 30,000 homes on brownfield.

Temple Meads built on brownfield.

>1/2 million tonnes of waste/year.

(23% lower per head than UK average)

disposal 7 recycling by 50%. Teach it in schools.

Greenbelt to prevent merge with Bath

Urban sprawl City extended to NW (Bradley Stoke). Led to destruction of greenfield sites. Yate- Commuter settlement.

• Enterprise Zone e.q. low rents.

g. low rents.
7. ITS.

4,000 new jobs by
2020 (17,000 by 2037)

Successful?

• Improve access e.g. ITS.
• New bridge across River Avon (access to planned Bristol Arena).

• Improve access e.g. ITS.
2020 (17,000 by 20

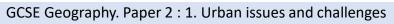
✓ Attracts tourists.

Brunel's Engine Shed £1.7mill.

Maintain historical features, cobbled streets- gives character

 X Redeveloped brownfield site

 X Arena still not built





7. Distribution of population and		10. Ur	10. Urban change in Bristol			13.Challenges created by urban		
ma	jor cities in the UK					change		
Population						Urban deprivation		
		11. (Орр	portunities created by		Inequality in housing		
Cities		u	ırba	an change		Inequality in		
		Cultural n	niv.			education		
		Cultural II	IIX			Inequality in		
	cation and importance of stol	Recreation and entertainm				health		
Location		Employme				Employment		
Importance		Integrate	- 1			Dereliction		
within the UK		transpor system	- 1			Building on		
Importance		Urban				brown and greenfield		
to wider world		greening				Waste		
WOIIG						disposal		
9. lm	pacts of migration on the	12. /	An (example of an urban		Urban sprawl		
gro	wth and character of the	r	ege	eneration project				
city	/	Example		Why did it need regeneration?	V	/hat are the main	features?	Successful?
National								
migration								
Internationa	al	Temple						
migration		Quarter,						
Impact on character		Bristol						

8. Introduction to Nigeria				
Located just north of the equator, in west Africa.				
	Importance of Nigeria			
Global importance	▼▼ NEE in 2014 > 21 st largest economy.			
Local importance	 Fastest growing economy in Africa. In 2014 they had the highest GDP. 			
Nigeria's context				
Political	Boko Haram have killed 17,000 people since 2002.			
Environment	O Rainforest- south > savanna- north.			
Social	† 500 ethnic groups † Literacy 61%, life expectancy 52 years			
Cultural	■ Nollywood (2 nd largest film industry).			

9. Nigeria's changing industrial structure				
Term	Definition			
Industrial	The relative proportion of the			
structure	workforce employed in different			
Structure	sectors of the economy (p, s, t, q).			
	Jobs that extract/collect natural			
Primary	resources. Decreasing due to			
sector	mechanisation and industrialisation.			
	This started rural to urban migration.			
Secondary	Jobs making things.			
sector	↑ Increasing (industrialisation).			
	Jobs that provide a service.			
Tertiary	↑ Increasing as people start to have			
	more disposable income.			
How does manufacturing stimulate economic				
development?				
Factories provide jobs > people have more				
disposable income > home market enlarges.				
Companies pay tax > government invests in				
infrastructure like roads > attracts more companies				
to invest. Positive multiplier effect.				

10. Transnational corporations				
Term	Definition			
Transnational	Companies that operate in more than			
Corporation	one country. (40 TNCs in Nigeria)			
Host country	Country the TNC places its factories.			
Footloose	Industries not tied to a certain location			
Shell in Nigeria				
	+ 65,000 jobs = > disposable income.			
Advantages	+ 91% contracts to Nigerian			
	companies (reduces economic leakage)			
Dis-	- Bodo oil spill 08/09. 11 million			
advantages	gallons of oil spilt over 20km ² .			
Summary	National economic benefits vs local			
	environmental costs in Bodo.			

Impact on the environment Impact on the environment Impact on the environment Impact on quality of life Impact on quality of

13 Unilever in Nigeria

15. Officeer in Nigeria							
Advantages:	Disadvantages:						
Unilever employs around 1500 people in Nigeria	Unilever is a British-Dutch company so some of the profit leaves Nigeria						
40% of Unilever's profits go to Nigeria in Tax	Workers in factories earn very low wages and have poor working conditions						
Unilever works with local communities to improve education and healthcare	.Manufacturing cause environmental problems such as water and air pollution						

11. Nigeri	a's changing relationships
Political	- Gained independence (UK in 1960).
relationships	- Member of British Commonwealth.
	- Member of OPEC (oil).
Trading	- Member of ECOWAS (Western Africa
relationships	trading group).
	- Has strong links with China and USA.
Internatio	onal aid in Nigeria
Term	Definition
International	Money, goods and services given to
aid	help the QoL of another country.
Emergency	Usually follows a natural disaster or
aid	war. e.g. Food, water, shelter.
Develop-	Long term support by charities or
mental aid	governments to improve QoL. E.g.
illelital alu	infrastructure, education, clean water
	Aid in Nigeria
What?	4% of aid given to Africa.
wiidt:	UK gave £360 million in 2014.
	Nets to prevent malaria.
Nets for life	82,500 given out in Abuja.
	✓ Successful as community based.
Problems	- Sometimes it isn't sustainable.
with aid	- Corruption.
. Truit ala	 Can be tied (strings attached).

13. Shell in Nigeria	
Advantages:	Disadvantages:
Employs 65,000 people in	260,000 barrels of oil spilt a
Nigeria	year in the Niger Delta
Social investment	Bodo oil spills in 2008 and
programs (e.g., 10	2009, 600,000 barrels of oil
postgraduate scholarship)	spilt
Brought in \$17 billion in	Oil bandits: 4.5 trillion barrels
taxes	of oil lost

9. Introduction to Nigeria				
	Importance of Nigeria			
Global importance				
Local importance				
Political				
Environment				
Social				
Cultural				

10. Transnational corporations					
Term	Definition				
Transnational					
Corporation					
Host country					
Footloose					
	Shell in Nigeria				
Advantages					
Dis-	-				
advantages					
Summary					

12. Impacts of economic development

Impact on the environment

Impact on

11. Nigeri	a's changing relationships
Political	-
relationships	
T	-
Trading	
relationships	
Internatio	onal aid in Nigeria
Term	Definition
International	
aid	
Emergency	
aid	
Develop-	
mental aid	
	Aid in Nigeria
What?	
Nets for life	
Problems	
with aid	
With aid	

10. Nigeria's changing industrial structure					
Term	Definition				
Industrial					
structure					
Primary sector					
Secondary sector					
Tertiary					
How does manufacturing stimulate economic					
development?					

quality of life		
13. Unileve	r in Nig	geria
Advantage	es:	Disadvantages:

13. Shell in Nigeria						
Advantages:	Disadvantages:					



Background:

Year 9 Term 3 Geography Knowledge Organiser: Urban issues and challenges

c.

Social



Economic

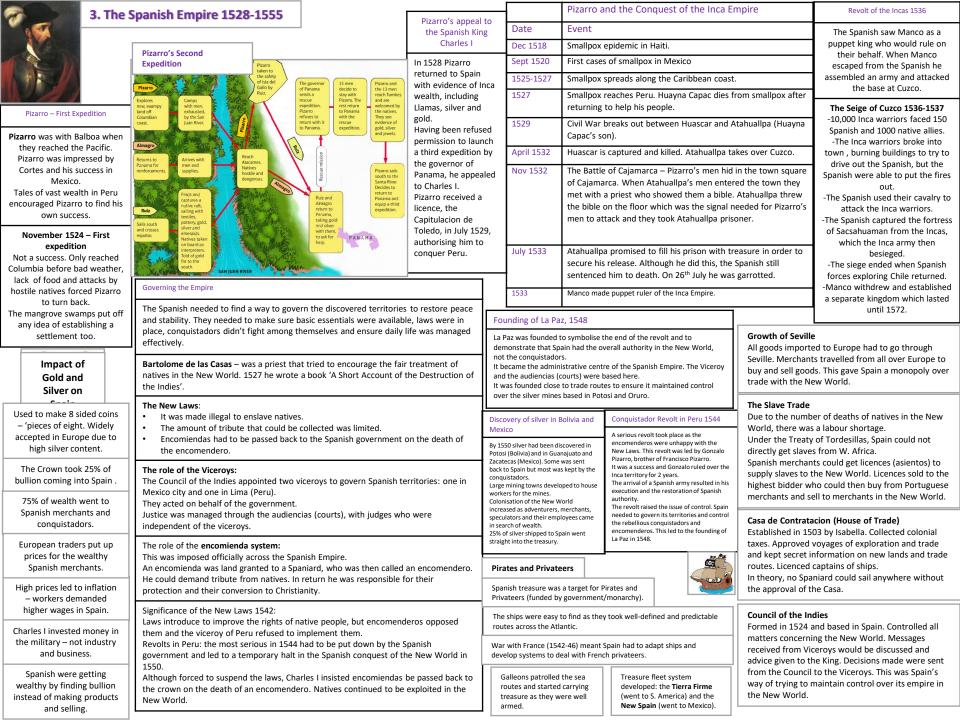
						\perp			
 Urban = Towns and cities Rural = countryside Urbanisation is the growth in the proportion of a country's population living in urban areas. The rate of urbanisation differs between countries that are richer than those that are poorer. HIC have very slow rates of urbanisation: In richer parts of the world, urbanisation happened historically and most 			Орр	ortunities	Better access to services e.g.health care and education Better access to resources such as clean water supply and electricity		 Increase economic development As industry develops (industrialisation), more people move to urban areas to work in factories – there are more jobs and better wages that rural areas Industries create and sell goods on the international market. Manufactured goods make greater profits than unprocessed goods so industrialised countries get wealthier. 		
		ation now already live in urban areas. e in urban areas in HICs desire a better quality			Social and economic (HEWE)		Environmental (WART)		
	of life and are moving to rural area. Here they can commute to cities (because of better transport) or work from home (better communication). • LIC are less economically developed e.g. Ethiopia. Not many of the population live in urban areas . However, people are starting to move away from jobs in farming (rural areas) to urban areas. They are experiencing rapid urban growth.		Ch	allenges	 Badly built houses and over crowded No access to basic services (running water, sanitation, electricity) Unclean conditions and lack of access to medical services mean people often have poor health No access to education High levels of unemployment and crime Rubbish isn't collected so it leaves toxic rubbish heaps, which damage the environment Air pollution comes from burning fossil fuel from vehicles and factories Sewage and toxic chemicals can get into rivers, causing health problems and harming wildlife Infrastructure like road systems may not be able to cope with t growing number of vehicles. Congestion causes an increase in greenhouse gas emissions which cause global problems. Local problems with health and acid rain also occur. 			ing fossil fuel from vehicles and in get into rivers, causing health is may not be able to cope with the congestion causes an increase which cause global problems. Locally,	
В.	Factors a	ffecting the rate of urbanisation	D.	Rio			Е	Favela Bairro	
11	Rural-urban the movement of people from rural to urban area. The rate is affected by push-pull theory.		Sanita	Sanitation Conditions relating to public health, especially the provision of clean drinking water and adequate				Successes	Failures
Push factors Pull factors Natural increase		things that encourage people to leave (Push them out)		uality of Gen	sewage disposal. General well-being of individuals and societies		has improved 90% housing in Rocinha is now winners and leads to all amenities cover all of Ri winners and leads to all amenities cover all of Ri winners and leads to all amenities -Families can		-\$1 billion budget insufficient to cover all of Rio's favelas - creates winners and losers so hardly
		things that encourage people to move to an area (Pull them to an area)	Qualit life						equable and a "favela lottery" -Families can not afford rent -ASH properties- still in areas of
		an area (run them to an area)		a Br	Brazilian shack or shanty town; a slum			se addresses allowing for xes (rates) to be collected to	severe hazard risk via landslide - 2010: 24 dead and 13,000
		birth rate is higher than death rate so population growth					fund fu	urther improvements tion improvements	properties lost



${\it Year\,9\,Term\,3\,Geography\,Knowledge\,Organiser}: {\it Urban\,issues\,and\,challenges\,-\,QUIZZABLE}$

omic	

A.	Background:	D.		Social		Econ	omic	
 Urban = Towns and cities Rural = countryside Urbanisation is the growth in the proportion of a country's population living in urban areas. The rate of urbanisation differs between countries that are richer than those that are poorer. HIC have very slow rates of urbanisation: In richer parts 			tunities					
	of the world, urbanisation happened historically and most of the population now already live in urban areas.			Social and economic (HEWE)		Environme	Environmental (WART)	
	many of the population live in urban areas . However, people are starting to move away from jobs in farming (rural areas) to urban areas. They are experiencing rapid urban growth.		lenges					
В.	Factors affecting the rate of urbanisation	D.	Rio		E	Favela Bairro		
Rural migra	l-urban ation	Sanitation			Successes	Failures		
	factors	Qualit life Favela						
incre								



3. Th	e Spanish Empire 1528-1555	Disarra's appeal t		Pizarro a	and the Conquest of the Inca E	mpire	Revolt of the Incas 1536
	-	Pizarro's appeal t the Spanish King		Event			
	Pizarro's Second	Charles I	Dec 1518				
	Expedition Pitarro taken to		Sept 1520				
1 N. 1 Page / (a)	the safety		1525-1527				
	Ruiz. sends a stay with reach Tumbes rescue Pizarro. The and are		1527				The Coine of Course 1526 1527
Pizarro – First Expedition	new swampy with men, expedition, eract return to Paramo coust. Juan 8Never the natives to return with it rescue evidence of the evidence of the paramoter of		1520				The Seige of Cuzco 1536-1537
	to Panama. expedition. gold, silver and jewels.		1529				
	Almagro		April 1532				
	Panama for reinforcements supplies. Atlacames. Natives Pizarro sails		Nov 1532				
	dangerous. Although						
	Finds and captures a native raft. Page 1 Pa						
	Nutz sailing with tectories, sails south partner, sails south partner, south sails sails south sails south sails south sails s						
	equator. Natives taken to ask for PANAMA						
	interpreters. Told of gold		July 1533				
	far to the south.						
	Governing the Empire		1533				
			1333				
			Founding of La Pa	z, 1548			
						Growth of Seville	•
Impact of							
Gold and							
Silver on			.				
Used to make 8 sided coins	The New Laws:				1	The Slave Trade	
– 'pieces of eight. Widely			Discovery of silver in I Mexico	Bolivia and	Conquistador Revolt in Peru 1544		
accepted in Europe due to high silver content.					1		
The Crown took 25% of bullion coming into Spain	The role of the Viceroys:						
75% of wealth went to							
Spanish merchants and							
conquistadors.						Casa de Contrata	cion (House of Trade)
European traders put up	The role of the encomienda system :						
prices for the wealthy Spanish merchants.		lī.	Pirates and Private	eers			
High prices led to inflation		- "					
– workers demanded							
higher wages in Spain.	Significance of the New Laws 1542:					Council of the Inc	dies
Charles I invested money in							
the military – not industry and business.							
Spanish were getting							
wealthy by finding bullion							
instead of making product: and selling.							
and seming.							

Vear 10 GCSF Religious Education KO - Christianity Practices

Year 10 GCSE Religious Education KO - Christianity Practices						
Keywords		What we are learning in this unit		C.	Sacraments	
Worship Act of religious honour or devotion A. B. C.		B. Prayer	G. Christmas H. Easter I Role of the church	What is it	A specific rite or practice which is given to Christians as a symbol of God's grace The Catholic Church recognises 7 sacraments:	
Liturgical worship	Service which follows a set pattern D. Eucharist E. Baptism F. Pilgrimage		J. Mission and evangelism K. Persecution L. Reconciliation		baptism, confession, the Eucharist, confirmation, marriage, holy orders, anointing of the sick • More on baptism and eucharist in box D and E	
Non-liturgical worship	Service which does not follow a fixed or set pattern	1. I lighthage	L. Reconciliation			
Sacrament	Rites and rituals through which the believer receives	A.	Worship			
Hely	a special gift of grace	What is it	A way for Christians to show love and r It shows Christians how important God			
Holy communion	A service of thanks giving where bread and wine are consumed to remember Jesus' death and resurrection	Liturgical worship	They worship in different ways Worship with a set order or pattern E.g. Roman Catholic Mass Often takes place in a Church but can be elsewhere			
Festival	Celebration of Jesus' death and resurrection	Non-liturgical worship	 Tends to be Bible-based Often follows a structure but there is free choice in the structure May choose a relevant theme for the community 			
Christmas	Celebration of Jesus' birth	Prayer is often in a personal style				
Church	The holy people of God, the body of Christ or a building where Christians worship	Informal worship Charismatic worship Service has characteristics such as hymns, sermon and prayer but is free-flowing Can be anywhere, not just the Church Resembles worship practiced by early Christians				
Agape	Unconditional, unselfish love	Focus on the Holy Spirit Takes place individually Forms a personal relationship with God				
Mission	A calling where an individual or group go out		Forms a personal relationship with Goo	1		
	and spread the word of God	В.	Prayer			
Missionary	A person sent on a religious mission to	What is it / Significance of prayer	 A means of communicating with Go Purpose is to praise God, confess si 		God	
	promote Christianity in a different country through preaching or charity work	The Lord's Prayer • "Our Father, who art in Heaven" • Gives a model for how to pray • Involves adoration of God, confession of sins, and petition (asking God for something)				
Alpha course	An example of evangelism – trying to tell others about	0.1	 Asking God for food "give us this day our daily bread" Asking for forgiveness "forgive us our trespasses as we forgive those who trespass against us" 			
Dereception	Christianity	Set prayers	 Written down and said more than of the Allows collective nature e.g. Lord's 			
Persecution	Hostility or ill-treatment, because of race or religious or political beliefs	Informal prayer	Use day-to-day language Often private and focus on reflection			
Poverty	Restoring of harmony after relationships have broken down		Pentecostal Church are moved by the Holy Spirit so speak in tongues			

	Year 10 GCSE Religious Education KO - Christianity Practices							
Keywords	V	Vhat we are learning in	this unit	C.	Sacraments			
Worship Liturgical worship Non-liturgical worship	B C	C. The Sacraments D. Eucharist	G. Christmas H. Easter I Role of the church J. Mission and evangelism K. Persecution L. Reconciliation	What is it				
Sacrament		A.	Worship					
	V	Vhat is it						
Holy communion								
	L	iturgical worship						
Festival	N	Ion-liturgical worship						
Christmas								
Church	l Ir	nformal worship						
Agape	P	Private worship						
Mission								
		В.	Prayer					
Missionary		Vhat is it / Significance of prayer						
	T	he Lord's Prayer						
Alpha course								
	S	Set prayers						
Persecution	Ir	nformal prayer						

Poverty

D.	Eucharist/Holy Communion
What is it	 Based on the words and actions of Jesus at the Last Supper "Jesus took bread, and when he had given thanks, he broke it and gave it to his disciples, saying, "Take and eat; this is my body". Commemoration of the sacrifice Jesus made on the cross Deepens faith in Jesus Christians share bread and wine in Church which represents the body and blood of Christ
Significance	 Some celebrate it weekly Gives them strength to live every day to God's glory
How is it celebrated	 Sharing bread and wine during a service at the church Some use grape juice instead of wine
Different interpretations	 Roman Catholics believe in transubstantiation – the bread and wine is actually the body and blood of Christ transformed Protestants – expression of faith and obedience Catholic, Orthodox, Anglican – a way to receive God's grace

E.	Baptism
What is it	 Involves the candidate being immersed in water or having water poured on them Symbolises cleansing of sin and initiation into the Church Lots regard it as necessary to being saved Jesus told his disciples to "go and make disciples of all nations, baptising them in the name of the Father, the Son and The Holy Spirit"
Significance	 Initiation into the Christian community Cleansed from sin Reborn into eternal life United with Christ as a child of God Receive the gift of the Holy Spirit
Infant baptism	 When a child/baby is baptised Holy water is poured over their heads x3 Washes away original sin, starts life on the right track with God, shows commitment, welcomes to the Church
Believer's baptism	 When an adult is baptised Whole body is immersed in the water Follows Jesus' example, start a new life with God, wash away sin, making their own decision to be baptised

F.	Pilgrimage
What is it	 A visit to a place regarded as holy for the believer Places of pilgrimage have a special meaning and can make people feel closer to God
Importance	 Lets people take time out from their every day lives Offers an opportunity for spiritual growth Encourage them to lead lives that reflect the values of God Physical or spiritual healing Deepens their faith – meeting people from different cultures
Lourdes	 Virgin Mary appeared to Bernadette in the 19th century Believed that the spring water can cleanse pilgrims of sin and cure illnesses People walk in processions, touch the walls of the grotto, take home Lourdes water There is a focus on helping and supporting the sick and disabled People feel healed spiritually, if not physically
lona	 Island off the west coast of Scotland Services and tours for pilgrims MONASTIC experience = a simple way of living, i.e. like a monk Share practical tasks e.g., washing up, discussions, studying the Bible People do not go here for miracles

G.	Christmas
What is it	Celebrated to commemorate the birth of Jesus Churches are decorated with the scene of the nativity Carols are sung about the events of Jesus' birth Communion takes place at midnight on Christmas Eve
Importa nce	Remembering the incarnation Celebrates the birth of a saviour – his birth lead to people being saved from their sins
In GB today	Christians thank God for the incarnation

H.	Easter
What is it	Remembering Jesus' death and resurrection
Importanc e	 Remembers the resurrection of Jesus Power of good over evil Reminds Christians of the omnipotence of God Shows Christians there is an afterlife
Lent	Time of preparation for Easter – reminds Christians of the temptations of Jesus
Maundy Thursday	Last SupperObserved today by Eucharist
Good Friday	Remembering crucifixion of Jesus Observed today by worshiping together
Easter Sunday	 Celebrates Jesus rising from the dead Shows there is an afterlife and death is not the end

D.	Eucharist/Holy Communion		F.	Pilgrimage		
What is it		What is it				
		Importanc	ce			
Significance		Lourdes				
How is it celebrated		lona				
Different interpretations						
_		G.	Christmas		H.	Easter
E.	Baptism	What is it			What is it	
What is it					Importanc e	
Significance		Importa nce			Lent	
		In GB			Maundy	
Infant baptism		today			Thursday Good	
					Friday	
Believer's baptism					Easter Sunday	

GCSE Religious Education KO - Christianity Practices

Local community	 Churches help in the local community in a number of ways: food banks, day centres for the elderly, helping refugees, food banks, soup kitchens, helping people with taxes Parable of the sheep and the goats: Jesus told his disciples that they should help others "If anyone has material possessions and sees his brother in need but has no pity on him, how can the love of God be in him?" 	Working for reconciliation Persecution
	 Jesus deliberately sought out people in society who needed help 	
Food banks	 People volunteer to collect, sort and distribute food People in need are identified and are provided with vouchers to exchange The salvation army - soup kitchens and hostels, give emergency assistance, provide community vegetable gardens 	
Street pastors	 Christians who go out on the streets of cities to help care for the needs of young people NOT there to spread Christianity, just to help E.g. St. Vincent de Paul Society – help anybody who needs it – give training to get jobs, run community shops, run hostels, soup kitchens 	CAFOD
J.	Mission and evangelism	
Mission	 Vocation or calling of a religious organisation or individual tworld and spread their faith "go and make disciples of all nations teaching them to ollow have commanded you" Christians have the responsibility, according to the Great Commanded you." 	bey everything I

Role of the Church: Local community

I.

I.	Role of the Church: Worldwide
Working for reconciliation	 Christians need to be reconciled with God but also with one another Christians believe that Jesus' death was an act of reconciliation Worldwide church has a role to restore people's relationship with God and with one another Working for reconciliation is necessary for all Christians
Persecution	 Hostility and ill-treatment, especially because of race, or political or religious beliefs Jesus told Christians to expect persecution because if they persecuted Jesus, they would also persecute his followers Those who suffer for their beliefs share in the suffering of Jesus "to know the power of his resurrection and participation in his sufferings" Persecution helps the church grow because people witness the hope that Christians have "if one part suffers, every part suffers with it" – all Christians suffer together so need to be supported Church supports people by smuggling in Bibles, giving legal and financial support, provide spiritual support, raise awareness of those being persecuted
CAFOD	Catholic agency for Overseas Development (CAFOD) Works to bring hope and compassion to people of all faiths and in poor communities Action needs to be taken to remedy the injustice of people suffering Helps to increase access to clean water, education and healthcare, lobbies employers to adopt fait working conditions.

J.	Mission and evangelism
Mission	 Vocation or calling of a religious organisation or individual to go out into the world and spread their faith "go and make disciples of all nations teaching them to obey everything I have commanded you" Christians have the responsibility, according to the Great Commission, to tell others of their faith Spreading the word to people in everyday life, organised events, preaching, becoming missionaries, humanitarian work
Evangelism	 Spreading the message of Christianity and teachings of Jesus in order to make disciples of all nations Bring reconciliation between people and God Show the love of God through their own actions Preaching, teaching, performing missions and good works openly, move to foreign lands to spread the word, set up churches and church communities
The Alpha Course	 Aims to help church members understand the basics of the Christian faith Many major Christian organisations use it Take place in church premises but also in homes, universities, workplaces, prisons and other venues Courses include topics such as relationship and marriage for adults and study programmes for young people

K	Persecution
	 Hostility and ill-treatment of a group of people Jesus told Christians to spread the word of Christianity – may put them in danger – "he who endures to the end will be saved" Open Doors and Christian Freedom Internation help persecuted Christians Support them through trauma, provide advice and support, speak on behalf of persecuted Christians to raise awareness, send/smuggle in Bibles, lobby the governments for political power, organise the offer of aid to persecuted, offer rooms to asylum seekers, ask god to forgive the persecuters Turn the other cheek

L	Reconciliation
How the church works for reconciliation	Set up initiatives to bring people together, working in prisons to lead people back to God and bring the victim and perpetrator back together, leading sermons, asking congregation to forgive each other
WHY they work for reconciliation	 Jesus' sacrifice, parable of the forgiving father, "love thy neighbour", he who sees his brother in need and does nothing, how can the love of God be in him?

GCSE Religious Education KO - Christianity Practices

		_							
I.	Role of the Church: Local community		l.			Role of the	Church: Worldwide		
Local community			Working for reconciliation						
			Persecution						
Food banks									
Street pastors			CAFOD						
J.	Mission and evangelism				K	Persecution	on		
Mission									
Evangelism				Ho		L How the church		he church	Reconciliation
The Alpha Course					works recond	ciliation			
				1	WHY for rec	they work conciliation			





Keywords		What we are	learning in this unit		A.	6 Articles of Faith	
Tawhid	The belief in Islam that	A. 6 Articles of Faith B. 5 Roots of Usul Ad-Din			Article of fait	h	What is it?
Outsington	there is only one God who created everything	C. Sunnah a D. Risalah	and Hadith		1: Belief in o	ne God	Allah is the creator and sustainer of life. There is no God but Allah
Omnipotent	God is all powerful and "has power over everything"	F. Nature of G. Qu'ran H. Torah, Ps	G. Qu'ran			ingels	Angels do the work of Allah and do not have free will like humans. They obey Allah
Immanent	God is active in the world and involved in its' creation.	J. Al Qadir				God's revealed books	The Torah, the Psalms, the Gospels, the Scrolls of Abraham and the Qur'an.
Transcendent	God is outside of time and space. God cannot age or		ts of Usul Ad-Din Jsul ad-Din are central to the	e Shi'a Muslim faith.	4: Belief in th	ne messengers of God	Prophets and messengers are chosen by Allah to deliver His message to humankind
Beneficient	die or be located in one place. Allah is compassionate,	Root	What is it?	Quote	5: Belief in th	ne Day of Judgement	There will be a day when all people stand in front of Allah and are sent to Heaven or Hell
benendent	caring and good	1: Tawhid	The belief in the oneness of Allah	"He is God the One, God the eternal" Surah	6: Belief in p	re-destination	Allah knows everything. Everything is ordered by Allah –
Sunnah	The traditions and practices of the Prophet			112			nothing is random or by chance
	Muhammad	2:	Belief in	"We sent messengers to every community" Surah 16 "I advise you to being just towards both friend and foe"	C.	Sunnah and Hadith	
Qur'an	The Islamic sacred book	Nubuwwah	chain of messengers from Adam to Muhammad				
Hadith	A collection of traditions and sayings of the Prophet Muhammad				Sunnah	Prophet Muhai	
6 Articles of Faith	6 basic beliefs that shape the Islamic way of life	3: Adl	Allah is just (fair) and will bring Divine Justice			The Sunnah and	cample for Muslims to follow d Hadith are sources of uthority alongside the Qur'an
5 Roots of Usul	5 rules which explain how			Imam Ali	Hadith		dith helps a Muslim to learn
Ad-Din	Muslims should act in daily life	4: Imamah	A term for God-given leadership	"obey God and the Messenger,		from the Qur'a	
Akhirah	Belief in the afterlife		reductionip	and those in authority among you"		• The Hadith mail understand	kes the Qur'an easier to
Al Qadr	Supremacy of God's will and The belief in predestination which is slightly different for Sunni and Shi'a Muslims	5: Mi'ad	The day of judgement and resurrection	"His is the judgement; and to Hjm you shall be returned"	What does the Sunnah tell Muslims?	It provides a g	overs many areas of life uideline for Muslim life nah for everything





Keywords	Keywords What we are learning in this unit				A.	6 Articles of Faith	
Tawhid		C. Sunnah a D. Risalah	of Usul Ad-Din and Hadith		Article of fa	aith	What is it?
Omnipotent		E. MuhammadF. Nature of AllahG. Qu'ranH. Torah, Psalms and GospelsI. Angels			2:		
Immanent		J. Al Qadir K. Day of Ju	idgement, Paradise and I	Hell	3: 4:		
Transcendent		D. 071000					
		Root	What is it?	Quote	5:		
Beneficient		1:			6:		
Sunnah		2:			C.	Sunnah and Hadith	
Qur'an							
Hadith		3:					
6 Articles of Faith							
5 Roots of Usul Ad-Din		4:					
Akhirah							
Al Qadr		5:					





D.	Risalah (Prophethood	()	E	Torah, Psalms and Gospels				
What is it	Every Islamic pr	there has been 124,000 prophets rophet preached Islam and key beliefs dam, the last was Muhammad (Box E)	Psalms (Zabur)	The Psalms of Dawud are a collection of prayers to Allah They contain lessons of guidance for the people				
Why are prophets important?		ah stops them from sinning are messengers who have been given ws	Gospel (Injil)	 This is the good news about Isa (Jesus) Muslims highly respect Isa because there are revelations in the Qur'an about him Muslims believe he was the Masih, he was not the son of Allah, he was not crucified, he did not die to save sins The gospels contain some mistakes because they were written many years after Isa died 				
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	The father of all He taught about He taught life or life		Torah (Tawrat)	 The Tawrat is the Arabic word for the Torah These are the revelations given to Moses by Allah on Mt Sinai The Qur'an refers to the Tawrat as "guidance and light" 				
Ibrahim	– remembered a	d in a dream to sacrifice Isma'il as a test of faith at Hajj every year is the ancestor of the prophet Muhammad	Scrolls of Ibrahim	 Revelations received by Ibrahim on the first day of Ramadan Contained stories about workship and reflection Not a book, individual revelations 				
	F.	The Nature of Allah						
Tawhid		 There is only one God and this God has no e He created everything. Only He should be worshipped: worshipping "There is no God but Allah, and Muhamma" "Allah witnesses that there is no deity exc "Do they not see that Allah, who created traise the dead to life?" 	other Gods is ad is his me cept Him"					
2: Omnipotent		Allah is all powerful and has power over everything						
3: Immanence		Allah is active in the world and able to control ev	ents					
4: Transcendent		Allah is outside of the universe Not limited by time or space						
5: Beneficience		God has love and good will						
6: Mercy		 "In the name of Allah, the most compassionate, the most merciful" God is forgiving and caring 						
7: Fairness and	ljustice	Allah is fair to all people						

· Allah has sent the same message to all prophets to allow humans numerous opportunities to submit to the will of Allah

• Allah will ensure that judgement is fair and punishments are suitable





D.	Risalah (Prophethood)	Е	Torah, Psalms and Gospels
What is it			Psalms (Zabur)	
Why are prophets important?			Gospel (Injil)	
Adam				
			Torah (Tawrat)	
Ibrahim			Scrolls of Ibrahim	
	F.	The Nature of Allah		
Tawhid				
2: Omnipotent				
3: Immanence				
4: Transcendent				
5: Beneficience				
6: Mercy				
7: Fairness and	justice			





G.	Qur'an	l.	Angels				
Revelation	Chapters of the Qur'an were revealed to Prophet Muhammad over 13 years in Makkah While Muhammad received the revelations, he was not able to change them because it was the will of Allah	What are they?	 Angels are made from light and have wings which can move at the spee They have no gender and are in the unseen world They always complete what Allah asks and they always obey Allah as the 				
	After Muhammad received them, he recited them, and somebody wrote them down.	What do they do?	Watch over humans Bring peace to believers and instill fear in non-believers Angel of Death takes the soul at death Greet people entering paradise or throw people into the pits of hell Signify the end of the world by blowing a horn				
Authority	 It is the direct word of Allah so it has His authrotiy It is without error and remains in its' original form A written book was needed to formalise the religion 						
What does it contain?	It covered every aspect of life It influences a person throughout their lives The basics of worship which Muhammad developed Shari'ah law and social systems	Jibril	m s thrown in to a fire, opened up the Zamzam well for Hajar e a son (Isa) from Allah				
Supreme authority	It explains creations and other ultimate questions The Qur'an is believed to have supreme authority It is a timeless book – it is only the word of Allah if it is not translated from Arabic	Mika'il	Helped Muhammad to fightWill help to weigh peoples'	e – in charge of plants and rain for Makkah			
K.	Day of Judgement, paradise and Hell		J. Al Qadir				
What will happen ?	 Muslims believe Judgement day will come on a Friday (A on a Friday) It will be announced by Israfils' trumpet Allah will refer us to the book of deeds to justify damnate 		 Everything happens as a result of Allah's will and nothing is ever random or without reason Allah is in charge of everything Everything is a part of Allah's plan "never will we be struck except by what Allah has decreed for us" 				
	Humans will go to paradise or Hell		E.	Muhammad			
Jannah	 Paradise No growing ill, old or dying – it is a reward and gift from A person must live religiously and ask Allah for forgivene Good beliefs and actions It is beyond human imagination 		Why was he chosen?	Muhammad had characteristics such as responsibility, determination, patience, courage and honesty He was highly respected in his community He was extremely devoted to Allah – he prayed and fasted for long periods of time			
Entry to Jannah	 "enter among my servants! Enter my paradise!" People will arrive over the As-Sirat bridge There are 8 gates and you go through the one which repaction Two angels welcome people saying "peace be upon you 		What did he do as a prophet?	He became the ruler of Madinah and set up the first Islamic community He converted the people of Makkah to Islam			
Jahann am	 Hell People wail in misery, 70x hotter than any flame on eart poured on their heads, pain, dragged in chains Punishment for a life full of evil or rejecting the teaching 		Why is Muhammad important?	He is seen as the perfect role model as he is trustworthy and obedient to Allah His influence can still be seen in the Hadith and Sunnah The night of power in Ramadan is to remember Muhammad's first revelation from the angel Jibril			





G.	Qur'an	l.	Angels		
Revelation		What are they?			
		What do they do?			
Authority					
		Jibril			
What does it contain?					
		Mika'il			
Supreme authority					
K.	Day of Judgement, paradise and Hell		J.	Al Qadir	
What will happen ?					
				E.	Muhammad
Jannah			Why wa	as he chosen?	
Entry to			What d	lid he do as a	
Jannah			proprie		
Jahann			Why is	Muhammad	
am			importa	ant?	

	Keywords		What we are learning in this unit						
Ascension Jesus returning to be with God in Heaven after the crucifixion Atonement Making things better after sinning, asking for		C. The Hol D. Creation	suffering y Trinity	iven and Hell	G. Crucifix H. Christ i I. Ascens	F. Incarnation G. Crucifixion H. Christ in Salvation I. Ascension and resurrection J. Sin and salvation			
		forgiveness from God	A.	The Nature of God	How is it shown in The Bible?	В.	Evil and suffering		
Ber	nevolent	God's nature as all-loving	One God	Christians believe in one God who is the creator and sustainer of all that exists	• "the Lord he is God; there is none else beside him"	What is the problem of evil	 There is evil and suffering going on in the world suffering is physical or emotional pain a person goes through for any reason Christians may find it difficult to make sense of God allowing suffering to happen 		
Cru	ıcifixion	Jesus' execution by the Romans on the cross	Omnipotent	God is almighty and has unlimited power Nothing can	 "For nothing is impossible with God" The creation of the universe 	How do Christians solve the problem of evil and	Human beings have free will and have the ability to choose their own actions - God doesn't cause it, humans do Iesus Christ suffered on the cross and Christians believe they can learn from suffering too		
Inc	arnation	God becoming flesh in the form of Jesus Christ		defeat the power of God	 miracles performed by Jesus Sending the 10 plagues to Egypt to 	suffering?	Christians believe they get rewarded for suffering in Heaven God works in mysterious ways" – we cannot understand God		
Jus	t	God's nature as fair			help the Hebrews be free		Job – there is sin in the world, we need to keep faith		
Om	nipotent	God's nature as all-	Benevolent	 God is all-loving and all-good "agape" refers to 	 "For God so loved the world, he gave his One and Only 	C.	The Holy Trinity		
Ori	ginal sin	The built-in tendency to do wrong which comes from Eve's disobedience		a self-giving, sacrificial love	Son" Jesus' death on the cross is an example of that love	What is it?	 The concept of the three persons of God Each person of the Trinity is fully God, but they are not the same "we believe in one God, Father, Son and Holy Spirit" 		
Res	surrection	Jesus returning from the			 The Parable of the Prodigal Son – the father forgave his son 	God The Father	God of the Old Testament – creator, ruler, judge The creator of all life		
		dead after he was crucified			because he loved him how God is also	God The Son	Jesus Christ – both fully human and fully God God became incarnate through Jesus		
Sal	vation	Being saved from sin and given eternal life in heaven by God	Just	God is perfect and a fair judge	• "he is faithful and righteous to forgive	The Holy Spirit	The unseen power of God at work in the world e.g. answering prayers, guides and comforts Christians		
Sin		Any thought or action which goes against God's will	Problem of	If God is hanavalant	us our sins"	Why is the trinity important?	It expresses who God is It expresses how humans can interact with God It allows humans to come face to face with God		
Trir	nity	God's nature as three- parts-in-one, the Father, Son and Holy Spirit.	suffering	 If God is benevolent, why would he allow bad things and suffering to happen to innocent people? Some Christians argue that if God is fair and just, why does he allow suffering? 		·	 Helps to make the best sense of what Christians read in the Bible When Jesus was baptised, the Holy Spirit descended like a dove and said "you are my Son" 		

	Keywords		What we are	e learning in this uni	t					
Ascension			C. The Hol D. Creation	l suffering y Trinity	aven and Hell		F. Incarnation G. Crucifixion H. Christ in Salvation I. Ascension and resurrection J. Sin and salvation			
			A.	The Nature of God	How is it shown in The Bible?		В.	Evil and suffering		
Ben	evolent		One God				What is the problem of evil			
Crud	cifixion		Omnipotent				How do Christians solve the problem of evil and			
Inca	rnation						suffering?			
Just			Benevolent							
Omr	nipotent						C. What is it?	The Holy Trinity		
Orig	inal sin									
Res	urrection						God The Father			
Salv	ation		Just			-	Son The Holy			
Sin							Spirit Why is the trinity			
			Problem of suffering				important?			
Trini	ity									

D.	Creation	E.	Resurrection, judgement, Heaven and Hell			
Beliefs about creatio	The trinity must have existed before creation The trinity is the way in which the world was created	What is Resurrection	 Jesus overcame death through resurrection If Jesus lived after death, then so will they Makes Christians treat their body as a "temple of the Holy Spirit" 			
Genesi s 1:1-3	"In the beginning, God created the Heavens and Earth"	What do Christians mea by resurrection	 Some Christians believe that God will raise them back to life before Judgement Day Catholics believe in purgatory – where the soul goes after death to be purified. 			
	 God created Earth and all living things Christians believe that everything created "was good" Most Christians interpret the story as a way of describing the creation of the world Not all believe it was in literally 6 days "now the Earth was formless and empty, darkness was over the face of the deep and the Spirit of God was hovering over 	Judgement	 There will be a Judgement Day at the end of time and will be judged by Jesus according to how they behaved Jesus "will come again in glory to judge the living and the dead After judgement, they will wait to be rewarded with Heaven or punished with Hell The Parable of the rich man and Lazarus – ignoring the needs of others has eternal consequences The Parable of the sheep and the goats – on Judgement Day, some will be rewarded with Heaven for helping others and others are sent to Hell 			
		Heaven	 Heaven is being with God outside time and space Eternal happiness with no suffering Heaven is a state of being 			
John 1:1-3	 "In the beginning was the Word, and the Word was with God" 'The Word' refers to God the Son. This shows the Son (Jesus) 	Hell	 Hell is eternal separation from God "God predestines no one go to hell; for this, a wilful turning away from God is necessary and persistence in it until the end" Some Christians reject any idea of hell because they think it would mean God's love would not triumph over evil 			
	was involved in creation	F.	Incarnation			
Messa ges from the	 God is the omnipotent creator Every aspect of God's creation is good The world is sacred Humans have stewardship and dominion – they have authority over the rest of the world Humans are made in the image 	What is it	 God took on human form as Jesus Christ "The Word became flesh and lived for a while among us" Jesus was fully divine and fully human 			
story		Jesus as the Son of God	Mary was impregnated by the Holy Spirit and gave birth as a virgin – proof that Jesus is the son of God			
	of God	Belief in incarnation	• The incarnation is important to teach Christians how to live			

D.	Creation	E.	Resurrection, judgement, Heaven and Hell
Beliefs about creatio		What is Resurrection	
n Genesi s 1:1-3		What do Christians mea by resurrection	
		Judgement	
		Heaven	
John		Hell	
1:1-3			
		F.	Incarnation
Messa ges from the		What is it	
story		Jesus as the Son of God	
		Belief in incarnation	

l.	Ascension and resurrection
Resurrecti on	 Jesus was buried in a rock tomb and left there due to the Sabbath When the women returned for the burial, Jesus' body was gone Jesus appeared for the next 40 days to his disciples and other believers
Ascension	 Jesus appeared to his disciples and told them to spread the word of him The time between resurrection and ascension reminds Christians that God will forgive sins and they can become closer to God The ascension happened 40 days after the resurrection It assures Christians they will rise again after death and live in the afterlife
Why is Jesus' resurrectio n important	 Christians interpret the resurrection as proof that he is the Son of God Shows God's triumph over evil and death

G.	Crucifixion
Why was Jesus crucified	 Jesus was arrested and convicted of blasphemy He was sentenced to death by Pilate Crucifixion was a humiliating method which is slow and agonising
How does it influence a Christian	 By accepting Jesus' sacrifice, their sins will be forgiven and they will go to Heaven Suffering is a part of life
Why did Jesus have to die?	 Blasphemy – some of the things he said and did were considered blasphemy and threatened authority Pilate – Pilate was going to pardon him but was afraid of the consequences from Rome God – Jesus had to die to fulfil God's commands for him – this way, humans could be reunited with God

I.	Sin and salvation
Original sin	 Christians believe humans are separated from God due to original sin which they have due to Adam and Eve (Genesis) God in Christ offered salvation
Salvation through law	 Jews thought they needed to obey the law to be accepted by God Some Christian groups claim salvation depends on keeping to all the rules that are put in place However some say that the thoughts in our mind and love in our hearts for God is more important
Grace and spirit	 Grace = unconditional love that God shows to everyone, even when it seems undeserved God loves humans despite what we do or do not do Parable of the Prodigal Son = the son did not deserve the forgiveness, but that is how God treats humanity Jesus' actions made forgiveness for the sins of the world and reconciliation possible Christians believe they receive God's grace through the presence of the Holy Spirit

н.	Christ in salvation
Atone ment	Christians see Jesus' death as atonement
Recon ciliatio n	 Reconciliation is the restoration of relationships The relationship between God and human beings was damaged Human beings need to be reconciled with God to get to Heaven God sacrificed his Son to allow this to happen

l.	Ascension	and resurrection	G.	Crucifixion		
Resurrecti on			Why was Jesus crucified			
Ascension			How does it influence a Christian Why did Jesus have to die?			
Why is Jesus' resurrectio n important						
I.		Sin and salvation			H.	Christ in salvation
Original sin						
					Atone	
Salvation thre	ough law				ment	
				Recon ciliatio n		
Grace and sp	pirit					





Keywords		What we are learning in this unit		B.	The 5 Pillars - Salah
Tawalla	Showing love for God and for those who follow Him	A. The 5 B. Salah	Pillars and 10 Obligatory Acts		
Tabarra	Disassociation with God's	C. Sawm D. Zakah E. Hajj		What is it?	 "Salah is a prescribed duty that has to be performed at the given time by the Qur'an" Muslims pray 5 times per day and this allows
Khums	enemies The obligation to pay one-	F. Jihad G. Id-ul-A			 them to communicate with Allah. The prayers are done at dawn (fajr), afternoon (zuhr), late afternoon (asr), dusk (maghrib) and
	fifth of acquired wealth	H. Id-ul-F	H. Id-ul-Fitr		night (isha) • Muslims face the holy city of Makkah when
Lesser jihad	The physical struggle or holy war in defence of Islam	A.	5 Pillars of Islam and 10 obligatory acts	Wuzu	 paying. The washing process to purify the mind and body
Greater jihad	The daily struggle and inner spiritual striving to live as a Muslim	What are the 5 pillars	 5 key practices or duties for Muslims Both Sunni and Shi'a keep these (Shi'a have them as part of the 10 obligations) They are seen as pillars "holding up the religion" and are all of equal importance. 	VV 0.2.u	for prayer Muhammad said the key to Salah is cleanliness Hands, arms, nose, mouth, head, neck and ears are cleaned as well as both feet up to the ankle.
Sunni	Muslims who believe in the successorship of Abu Bakr, Umar, Uthman and Ali as leaders after the Prophet Muhammad	What are the 10 obligatory acts	the 10 obligatory acts to the Shi'a branch of Islam. These include prayer, fasting, almsgiving, pilgrimage, jihad, khums, directing others towards good, forbidding evil, tawalla and		These are the movements that Muslims make during prayer Takbir – raise hands to ears and say 'Allahu Akbar' Qiyam – Standing, Muslims recite Surah Then bow to the waist saying "Glory be to my Great Lord and praise be to Him"
Shi'a	Muslims who believe in the Imamah, leadership of Ali	Shahadah	tabarra Shahadah is the first of the 5 pillars		Then sink to their knees saying "Glory be to my Lord, The Most Supreme".
Niyyah	and his descendants Intention during prayer - having the right intention to worship God	Silaliauaii	It is the Muslim declaration of faith "there is no God but Allah, and Muhammad is His messenger" This is a statement that Muslims reject anything but Allah as their focus of belief	Salah at home	 Salah is a big part of family life Meals and other activities are usually scheduled to fit around prayer times Families pray all together and might have a room set aside for prayer
Du'a	A personal prayer that is done in addition to Salah e.g. asking Allah for help		It also recognises that Muhammad has an important role and his life is an example to follow	Salah in the mosque	All mosques have a qiblah wall which is to show where to face Makkah Men and women pray in separate rooms at the
oppressed by "Fight in the Conditions for see pr		oportionate gitimate authority		Jummah	Jummah is congregational prayer held on a Friday at the mosque where the imam leads the prayer Praying together as a community develops the feeling of unity amongst Muslims Men are obliged to attend unless they are sick or too old Women do not have to go – they may pray at home instead
Greater Jihad	A struggle v e.g. perforr	no harm to civilians e within oneself to follow the teachings of Islam and be a better person rm the Five Pillars, follow Sunnah and avoid temptation ge what is right and forbid what is wrong"		Differences between Sunni and Shi'a	 Shi;a Muslims combine some prayers so they may only pray 3x a day Shi'a use natural elements e.g. clay where their head rests





Keywords		What we are learning in this unit		В.	The 5 Pillars - Salah	
Tawalla			B. Salah	Pillars and 10 Obligatory Acts		
			C. Sawm D. Zakah		What is it?	
Tabarra	Tabarra		E. Hajj F. Jihad			
Khums			G. Id-ul-Adha H. Id-ul-Fitr			
Lesser jihad			A.	5 Pillars of Islam and 10 obligatory acts		
			What are		Wuzu	
Greater jihad			the 5 pillars			
Sunni			What are		Rak'ahs and recitations	
			the 10 obligatory		recitations	
			acts			
Shi'a						
Silia			Shahadah		-	
Niyyah			onanaaan		Salah at home	
Niyyan						
Du'a					Salah in the	
					mosque	
		Jihad				
Lesser Jihad					Jummah	
					Differences	
Greater Jihad					between Sunni	
					and Shi'a	





	The 5 Pillars - Zakah		The 5 Pillars - Sawm
The role of giving alms	Muslims believe it is their duty to ensure Allah's wealth has been distributed equally as everyone is the same The Qur'an commands to give to those in need	The role of fasting	 Fasting during Ramadan (9th month in Muslim calendar) Muslims give up food, drink, smoking and sexual activity in daylight hours Pregnant people, children under 12, travellers and elderly people are exempt from fasting.
The significance of giving alms	 Giving 2.5% of savings/wealth to charity Wealth can cause greed which is evil, so Zakah purifies wealth – wealth is given by God and must be shared The Prophet Muhammad practiced Zakah as a practice in 	The significance of fasting	Ramadan is believed to be the month that Prophet Muhammad began to receive revelations of the Qur'an Helps Muslims to become spiritually stronger
14	Medina Given to the poor, needy and travellers	Reasons for fasting	 Obeying God and exercising self-discipline Develops empathy for the poor Appreciation of God's gifts Giving thanks for the Qur'an Sharing fellowship and community with other Muslims
Khums	 Shi'a Islam – one of the 10 obligatory acts 20% of any profit earned by Shi'a Muslims paid as a tax Split between charities that support Islamic education and anyone who is in need "know that whatever of a thing you acquire, a fifth of it is for Allah, for the Messenger, for the near relative, and the orphans, the needy, and the wayfarer" 	Night of power	 The night when the Angel Jibril first appeared to Muhammad and began revealing the Qur'an. The most important event in history – "better than a thousand months" [Surah 97:3] Laylat Al-Qadr is the holiest night of the year. Muslims try to stay awake for the whole night to pray and study for the Qur'an
	The 5 Pillars - Hajj		ld-ul-Adha, ld-ul-Fitr, Ashura
The role of pilgrimage	A pilgrimage to Makkah which is compulsory for Muslims to take at least once as long as they can afford it and are healthy	Id-ul-Adha Not an official holiday in UK	 Festival of sacrifice Marks the end of Hajj and is a chance for whole Ummah to celebrate Origins – Ibrahim's commitment to God in being willing to sacrifice his son, Ishmael. God was testing Ibrahim
The significance of pilgrimage	 God told Ibrahim to take his wife and son on a journey and leave them without food or water Hajira ran up and down two hills in search of water, could 		 Key events – new clothes, sacrificing an animal, visiting the Mosque. People ask a butcher to slaughter a sheep for them and share the meat with the community
	not find any and prayed to God. Then water sprung from the ground. This is the Zamzam well When Ibrahim returned he was commanded to build the Ka'ba as a shrine dedicated to Allah Hajj is performed in the month of Dhu'l-Hijja	Id-ul-Fitr Public holiday in Muslim majority countries, not UK	 Festival of fast-breaking Marks the end of Ramadan Key events – Decorate homes with colourful light and banners, dress in new clothes, gather in Mosques, give gifts and money, give to the poor Zakah ul-Fitr – donation to the poor so that everyone can eat a generous meal at the end of Ramadan.
Actions	 Ihram – dressing in two pieces of white cloth Circling the Ka'aba 7 times (tawaf) Drinking water from the Zamzam well like Hajar walking between Al-Safa and Al-Marwa hills seven times Throwing stones at 3 pillars (jamarat) to represent casting out the devil and remembering Ibrahim throwing stones at the devil to drive him away Asking Allah for forgiveness at Mt Arafat Collecting pebbles at Muzdalifah 	Ashura	 Sunni celebration – many fast on this day which was established by Prophet Muhammad Shi'a mourning – Husayn was murdered and beheaded. Muslims remember his death and betrayal Key events – public displays of grief, day of sorrow, wear black, reenactments of martyrdom, not a public holiday in Britain but Muslims may have day off school



Year 10 GCSE Religious Education KO - Islam Practices



The significance of giving aims Khums Khums The 5 Piltars - Haij The role of fasting International of fasting The significance of fasting The role of Pasting The 10 power The role of Pasting The 5 Piltars - Haij The 10 power The role of Pasting The significance of fasting Id-ul-Adha Not an official holiday in UK Actions Actions The 10 power The role of Fasting The role of fasting The significance of fasting The significance of pulprimage Ashura The solution of Fasting The significance of fasting The signific		The 5 Pillars - Zakah		The 5 Pillars - Sawm
giving alms Khums Khums The 5 Pillars - Hajj The role of pilgrimage The significance of pilgrimage Id-ul-Adha Not an official holiday in UK Id-ul-Fitr Public holiday in Muslim majority countries, not UK Actions	alms		The role of fasting	
Khums Khums The 5 Pillars - Hajj The role of pilgrimage The significance of pilgrimage Actions Continue of pilgrimage Continue of pilgrimage	The significance of giving alms		The significance of fasting	
Night of power Not an official holiday in UK Id-ul-Adha, Id-ul-Fitr, Ashura Id-ul-Adha Not an official holiday in UK Id-ul-Fitr Public holiday in Muslim majority countries, not UK Actions			Reasons for fasting	
The role of pilgrimage The significance of pilgrimage Id-ul-Adha Not an official holiday in UK Id-ul-Fitr Public holiday in Muslim majority countries, not UK	Khums		Night of power	
The role of pilgrimage The significance of pilgrimage Id-ul-Adha Not an official holiday in UK Id-ul-Fitr Public holiday in Muslim majority countries, not UK				
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The significance of pilgrimage Id-ul-Fitr Public holiday in Muslim majority countries, not UK Actions		The 5 Pillars - Hajj		ld-ul-Adha, ld-ul-Fitr, Ashura
The significance of pilgrimage Id-ul-Fitr Public holiday in Muslim majority countries, not UK Actions		The 5 Pillars - Hajj		ld-ul-Adha, ld-ul-Fitr, Ashura
Actions Public holiday in Muslim majority countries, not UK	The role of pilgrimage	The 5 Pillars - Hajj	Not an official holiday in	Id-ul-Adha, Id-ul-Fitr, Ashura
Actions majority countries, not UK	pilgrimage The significance of	The 5 Pillars - Hajj	Not an official holiday in	Id-ul-Adha, Id-ul-Fitr, Ashura
	pilgrimage The significance of	The 5 Pillars - Hajj	Not an official holiday in UK Id-ul-Fitr	Id-ul-Adha, Id-ul-Fitr, Ashura
	pilgrimage The significance of pilgrimage	The 5 Pillars - Hajj	Not an official holiday in UK Id-ul-Fitr Public holiday in Muslim	Id-ul-Adha, Id-ul-Fitr, Ashura
	pilgrimage The significance of pilgrimage	The 5 Pillars - Hajj	Not an official holiday in UK Id-ul-Fitr Public holiday in Muslim majority countries, not UK	Id-ul-Adha, Id-ul-Fitr, Ashura
	pilgrimage The significance of pilgrimage	The 5 Pillars - Hajj	Not an official holiday in UK Id-ul-Fitr Public holiday in Muslim majority countries, not UK	Id-ul-Adha, Id-ul-Fitr, Ashura



GCSE unit 1 SPANISH Knowledge organiser. Topic Me my family and friends

- What we are learning this term: 1.1F Hablando de los amigos
 - a menudo often to be happy about alegrarse de

comprensivo/a

- Talking about your family Describing your family and friends В. C. Explaining family relationships
- D. Describing relationships
- E. Describing future plans
- Translation practice
- 6 Key Words for this term
- Me llevo bien 2. No soporto
- 4. El año próximo 5. Por otro lado 6. Vov a...
- 3. discuto
 - 1.1G ¿Cómo es tu familia?

- 1.1G ¿Cómo es tu familia? El/la abuelo/a grandfather/grandmother
- los abuelos grandparents alegre happy
- alto/a tall
- amable kind old anciano/a
- la barba beard
- calvo/a bald cariñoso/a affectionate, tender
- casi nearly, almost
- castaño/a brown hair colour
- corto/a short delgado/a thin
- las gafas glasses
- gracioso/a funnv
- guapo/a
- good looking, handsome
- El/la hermano/a brother/sister El/la hijo/a son/daughter
- ioven young largo/a long
- liso/a straight
- la madrastra stepmother los ojos eves
- el padrastro stepfather las pecas freckles red-haired
- pelirrojo/a el pelo hair rizado/a
- la tía
- curly el tío
- aunt uncle old
- viejo/a sensible sensitive

la discusión argument good fun

conocer

la cosa

cuidar

el consejo

- divertido/a egoísta
 - selfish el equipo team escribir to write
 - fastidiar to annoy, to bother fuerte strong
 - hablador/a talkative
 - honrado/a honest
 - maduro/a mature
 - mismo/a same
 - peligroso/a dangerous to laugh reírse
 - certain, sure seguro/a
 - el sentido del humor sense of humour
 - travieso/a naughty
 - triste sad el verano summer
 - la vida life
 - 1.1H Relaciones con la familia

abierto/a open to advise

- aconseiar actualmente nowadays to bear, to put up with to tidy
- aguantar
- arreglar
- la barrera generacional generation gap
- affection el cariño celoso/a iealous
- la culpa blame, fault los demás others harto/a fed up
- home el hogar hoy en día nowadays incluso even injustamente unfairly iuntos together freedom la libertad manera way

to bother

to forget

proud

to hear about

molestar

olvidar

oir hablar de

orgulloso/a

understanding

to look after

advice

thing

to know a person

Te llevas Vas You (s) get on You go Se Ileva Va He/se gets on

Nos Ilevamos

They get on

They get on

Se llevan

parecido/a

perezoso/a

el sobrino / la sobrina

la pelea

provocar

tender a

todavía

tratar

triste

el beso

cocinar

comprar

feliz

la gente

el marido

la mujer

la novia

el novio

parecer

la pareja

pelear(se)

el piso

serio/a

sonreír

los parientes

cada vez más

echar de menos

enamorado/a

los familiares

el invitado/a

maleducado/a

el matrimonio

Llevarse

Me Ilevo

I get on

to get on

s/he goes Vamos

Van

They go

similar

to cause

to tend to

to treat

fight

lazv

still

sad

1.2G Hablando de parejas

kiss

to cook

to buy

in love

happy

people

guest

husband

marriage

to seem

partner

to fight

to smile

relatives

wife, woman

girlfriend, fiancée

boyfriend, fiancé

flat, apartment

serious, responsible

rude

relatives

more and more

to miss someone

To go

Voy

I go

Soportamos W can stand They go Soportan

nephew, niece

- They can stand 1.1H Relaciones con la familia

Key Verbs

Soportar

To stand

Soporto

I can stand

Soportas

Soporta

You can stand

He/she can stand

así que la boda

buscar

They do They argue 1.2F Planes para el futuro

Hacer -

Hago

Haces

You do

Hace

s/he does

Hacemos

We do

Hacen

I do

to do/make

Discutir -

to argue

Discuto

I argue

Discutes

Discute

Discutios

We argue

Discuten

You argue

He/she argues

- so, therefore wedding to look for
- cambiar to change weddina el casamiento casarse to get married colleague, friend el compañero/a decepcionado/a disappointed encontrar to find la felicidad happiness
- la fiesta party, festival por eso therefore próximo/a next el sitio place solo/a alone, only soltero/a single tener suerte to be lucky holidays las vacaciones
- ya no no longer 1.2H Las relaciones de hoy en día

ahora now alguien someone cara a cara face to face distinto/a different en contra against en primer lugar in the first place, la edad age estar de acuerdo to agree el/la jubilado/a retired person. pagar to pay la pareja partner la piel skin

por otro lado

on the other hand

Translation Practice. G	– blue F – orange H - Green
Mi a es	My grandfather is
ау	Happy and Kind
Tiene losverdes	He has green eyes
Y tiene el pelo	He has Curly hair
la de mis sueño	The wife of my dreams
Quiero un guap	oo I want a pretty boyfriend
Mis padres me dan buenos	My parents give me good advice
Es importante otros	a It's important to look after others
Se debe a los niños	It's necessary to advise kids
Mi hermano es	My brother is understanding
Es bueno a otra gente	It's good to know other people
Tener una me importa	Having a partner is important
me interesa	Getting married interests me
Mis padres me dan mucho	My parents give me lots of affection
No soy nunca	l'm never jealous
Estoy/a de los deberes	I'm fed up of homework
encontrar	To find a partner
Fue una buena	It was a good party
No quiero ser	I don't want to be single

Key Questions: Answer the following in your own words. Use these model answers		
¿Puedes describir te? ¿Cómo es tu aspecto físico, tu personalidad?	Soy bastante alto y delgado. Tengo los ojos azules y el pelo marrón y liso. Mis padres me describen como una persona cariñosa, comprensiva, sensible, honesta y un poco vaga.	
¿Cómo sería un novio perfecto/una novia perfecta? ¿Por qué?	Mi novia perfecta sería muy guapa y honesta y tendría el pelo rubio, corto y rizado. Todos los días seria sensible y no sería nunca perezosa o torpe.	
¿Quiénes son los miembros d tu familia?	Somos cinco en mi familia. Vivo con mis padres que se llaman Tengo un hermano menor que se llama y tengo una hermana mayor que tiene años	
¿Te llevas bien con tu familia' ¿Por qué?	Me llevo bien con mi hermano porque es cariñoso y siempre comprensivo. No me llevo bien con mi hermana porque nos peleamos mucho y mi hermana se enfada conmigo.	
¿Hay discusiones en tu familia ¿De qué se discute?	Sí, hay discusiones en mi familia. Hay tensión en la casa de vez en cuando. No estoy de acuerdo con los consejos de mis padres. También hay discusiones porque mi hermana pone su música demasiado fuerte	
¿Quieres casarte y tener niño en el futuro? ¿Por qué?	Si, en el futuro me gustaría casarme con un hombre/mujer (man/woman) honesto y sensible. Quiero casarme porque el matrimonio es muy importante para mi y quiero una boda perfecta en una iglesia. Quiero tener dos niños, una chica y un chico. Voy a tener niños después de haber ido a la universidad	
¿Qué has hecho recientemente con tu familia?	Recientemente, fui al centro de la ciudad con mi familia. Fuimos juntos en coche y fuimos para comprar unos regalos para el cumpleaños de mi abuelo. Después comimos en un restaurante, yo comí un bocadillo de pollo, mi hermana comió una ensalada. Me gustó mucho porque fue muy divertido y la comida fue muy deliciosa.	
¿Crees que el matrimonio es importante para ti? ¿Por qué?	Quiero casarme porque el matrimonio es muy importante para mí y quiero una boda perfecta en una iglesia. Aunque las bodas son muy caras, tener una boda es mi ambición.	
Key Grammar		
Forming the preterite (past tense). Always remove the –AR, -ER, -IR endings first	Remember the preterite (past) tense endings for –AR, -ER, -IR verbs. They are: -AR: -é, -aste,-ó, -amos, -astéis, -aron -ER: -í, -iste, -ió, -imos, -istéis, - ieron -IR: -í, -iste, -ió, -imos, -istéis, - ieron	
Forming the conditional ('would like to' tense). Always remove the –AR, -ER, -IR endings first	Remember the conditional ('would') tense endings for –AR, -ER, -IR verbs. They are: -AR, -ER, -IR: -ía, -ías, -ía, -íamos, -íais, -ían	
Using the immediate future tense IR + A + INFINITIVE	Voy a casarme = I'm going to get married Va a discutir con su padre = He / She is going to argue with his/her father	



a veces

la salida

usar

utilizar

la vez

todos los días

GCSE Unit 2 SPANISH Knowledge organiser. Topic Technology in Everyday Life

ofrecer

poder

dar

dar las gracias

ridículo/a

roto/a

único/a

el ordenador

la pantalla

Saying how you keep in touch via the internet

Picking out key words when reading Giving opinions about online messaging

What we are learning this term:

6 Key Words for this term

Talking about using a mobile Give opinions about mobile technology

chateo 4. sala de chat 2. redes sociales 5. descargar 3. en línea 6. subir

2.1G Comunicarse por internet

sometimes

allí there chatear to chat online colgar fotos to post photos el correo electrónico email demasiado/a too much hablar to speak / talk increíble incredible fair

justo/a el país country un poco a Little propio/a own la razón reason la red internet / network la red social social network la sala de chat chat room

2.2H ¿Podrías vivir sin el móvil y la

outing

to use

to use

time

every day

tableta? raras veces rarely la sala de chat chat room la señal signal la tarjeta de crédito credit card the exact opposite todo lo contrario

2.1F ¿Cómo prefieres mantenerte en contacto? comunicarse to communicate unfortunately desafortunadamente

empezar to start escoger to choose genial brilliant / great gratís free of charge fact el hecho el inconveniente disadvantage interactivo/a interactive el jefe / la jefa boss la letra letter of the alphabet mandar to send los medios sociales social media el móvil mobile phone

por desgracia unfortunately por mi parte as far as I'm concerned la revista digital digital magazine sencillo/a simple tampoco neither / nor

to offer

screen

computer

to be able to

2.2G ¡El móvil para todo! although aunque

to aive

to thank

ridiculous

broken

only

enviar to send el juego game lento/a slow el mensaje de texto text message el móvil mobile phone to surf the internet navegar la red la norma rule prohibido forbidden el regalo present, gift la regla rule

Key Verbs

Descargar Subir Mandar To download To upload To send

Subo

I upload

Subes

sube

He/she

uploads

suben

2.2F La tecnología portátil

Subimos

We upload

They upload

You upload

I do I send Mandas You send

Haces You do Hace

Hacer -

Hago

to do/make

Chateas You chat Chatea

Chatear

To chat

Chateo

I chat

Manda He/she sends

Mando

Mandamos

We send

Mandan

They send

el desarrollo

la desventaja

el/la seguidor/a

el/la usuario/a

divertirse

aratuito/a

mejorar

el riesgo

tener éxito

Hacemos We do

s/he does

We chat Chatean They chat

He/she chats

Chateamos

andar archivo borrar

Descargo

I download

Descargas

descarga

You download

He/she download

Descargamos

We download

They download

Descargan

la canción

contestar

cualquier

igual

sentir

la tableta

la tecnología

el disco duro

el correo basura

cargar

to walk file

to delete, erase

song to load

to answer

spam, junk mail

any de vez en cuando

from time to time hard drive space

el espacio same el ordenador portátil sacar fotos

laptop to take photos to feel tablet technology

2.2H ¿Podrías vivir sin el móvil y la tableta?

la conexión inalámbrica wireless connection

chatear to chat online correr to run darse cuenta de to realise en vez de instead of las felicidades best wishes.

to send best wishes/to

congratulate hasta until imprescindible essential preocupar to worry

congratulations

felicitar

Hacen They do

2.1H Las redes sociales a mi juicio acosar

in my opinion to bully el acoso bullying apasionar to excite aun even bajo low compartir

to share el comportamiento behaviour development disadvantage

to have a good time free of charge to improve risk follower to be successful

user



GCSE Unit 2 SPANISH Knowledge organiser. Topic Technology in Everyday Life

Using the immediate future tense IR + A + INFINITIVE



	blue F – orange H - Green
Mando	I send emails to my
a mis amigos	friends
Me gusta usar	I like to use social
0:	networks
Siempre fotos a Instagram	I always upload photos to Instagram
-	
Recibo más en Facebook que Twitter	I receive more messages on FB than Twitter
El es más	Email is more useful than
útil que Facebook	Facebook
Twitter es menos divertido que las	Twitter is less fun than chatrooms
Estoy borrando	I am deleting files
Los son muy	Laptops are very
caros	expensive
Me gusta a los	I like playing video
videojuegos	games
muchas fotos con	I take lots of photos with
mi tableta	my tablet
Prefiero correos	I prefer to send emails
eléctronicos	
I hate	I hate spam emails
Estamos ayudando a	We are helping young
niños usar un	children to use a laptop
He de usar	I have stopped using
Instagram	Instragram
Está hablar con	
su familia en Francia	family in France
He con comprar	I have dreamt of buying a
un móvil nuevo	new mobile
de hablar con	We have just finished
nuestros amigos	speaking to our friends
es	Technology is important
importante para todos	for everyone
He Facebook	I have used Facebook
antes	before

Key Questions: Answer the following in your own words. Use these model answers			
¿Cómo usas las nuevas tecnologías/los redes sociales	? Todos los días uso las nuevas tecnologías. Uso mi ordenador, mi portátil nuevo, mi móvil y las redes sociales. Uso mi ordenador para ver videos de mis artistas favoritos en YouTube. Uso mi ordenador para hacer mis deberes y uso mi móvil para jugar juegos y subir y descargar fotos de mis amigos en Facebook.		
¿Las nuevas tecnologías/los redes sociales son importante para ti? ¿Por qué?	Las redes sociales son muy importantes para mí. Las uso para contactarme con mis amigos, para charlar con mis amigos, para compartir experiencias y fotos, para ver videos de mis músicos favoritos. Ayer usé mi móvil para llamar a mis amigos, mandé mensajes a mis amigos y hice mis deberes.		
¿Crees que las redes sociales son buenas o malas? ¿Por qu			
¿Para qué usaste tu ordenado ayer?	Ayer usé mi ordenador para charlar con mis amigos y para mandar mensajes. También, ayer descargué música de la Red y subí fotos en Facebook. Me gustó porque fue entretenido y fue mejor que hacer mis deberes.		
¿Qué es tu opinión de Facebook/youtube/skype/Twit er/Instagram?	En mi opinión Facebook etc es muy importante/útil/entretenido/divertido.		
¿Podrías vivir sin tu móvil / tu tableta? ¿Por qué?	No podría vivir sin mi móvil. Soy adicto a mi móvil. Lo uso todos los días para contactar con mi familia y es muy importante para buscar información, ayudar con los deberes		
•			
Key Grammar			
Forming the preterite (past tense). Always remove	Remember the preterite (past) tense endings for –AR, -ER, -IR verbs. They are:		
the –AR, -ER, -IR endings first	-AR: -é, -aste,-ó, -amos, -astéis, -aron -ER: -í, -íste, -ió, -imos, -istéis, - ieron -IR: -í, -iste, -ió, -imos, -istéis, - ieron		
Forming the conditional ('would like to' tense). Always remove the –AR, -ER, -IR endings first	Remember the conditional ('would') tense endings for –AR, -ER, -IR verbs. They are: -AR, -ER, -IR: -ía, -ías, -ía, -íamos, -íais, -ían		

Voy a subir fotos = I'm going to upload photos
Va a mandar un correo eléctronico = He / She is going to send an email



GCSE Unit 3 SPANISH Knowledge organiser. **Topic Free Time Activities**

- 3.1F ¿Qué haces en tu tiempo libre? What we are learning this term:
- Talking about free time В. Talking about your plans for the weekend
- C. Talking about eating out
- Talking about special occasion meals D.
- E. Extending what you can say about sport Talking about sport in the world
- 6 Key Words for this term

jugar

- disfrutar 4. campeones 2.
 - 5. formentar 6. a selección
- 3. los deportes
- 3.1G ¿Qué te gusta hacer?
- boring
- aburrido/a bailar to dance
- cantar to sing cinema
- el cine de vez en cuando from time to time, occasionally
- entretenido/a entertaining challenging estimulante
- to play (game, sport) to read
- jugar leer libre free
- odiar to hate la película film practicar to practise
- salir to go out la tarde afternoon, evening kevboard
- el teclado tocar to touch, to play(an instrument) to see, watch ver
- 3.3G ¿Haces deporte?
- activo/a active in the open air, al aire libre outdoors ayudar to help
- el baloncesto basketball el campo countryside, playing field la cancha court los deberes homework

montar en bicicleta to ride a bike

horse riding

to ride a horse

stadium

la equitación

montar a caballo

el estadio

- a veces bastante cada cenar
- to have an evening meal charlar to chat el coro choir descansar to rest los dibujos animados cartoons
- el documental documentary el fin de semana weekend genial great las noticias news never

sometimes

each, every

quite

- nunca ocupado/a occupied, busy policíaco/a police, detective, crime (adj.)
- poner to put por lo general in general
- alwavs siempre el teatro theatre la telenovela soap opera terminar to finish
- time el tiempo todo/a/os/as all. every tonto/a silly, stupid la vez time, occasion

la cena

an evening meal

cenar

comer

la comida

desayunar

después

el helado

el huevo

el jamón

la leche

las legumbres

la mantequilla

la mermelada

las patatas fritas

la manzana

el desayuno

- 3.2G Comer v Beber el (fem.) agua (mineral) (mineral) water
- beber to drink el bocadillo sandwich
- la carne meat

to eat

breakfast

afterwards

ice cream

egg

ham

milk

pulses

butter

apple

jam, marmalade

chips, fries

evening meal

lunch, food, meal

to have breakfast

to have supper / to have

- - el vaso

Salir

Salgo

Sales

Sale

I go out

You go out

He/she goes out

Salimos

Salen

We go out

They go out

el pescado

el pollo

el postre

el queso

la sopa

el té

tomar

drink)

la tortilla

la tostada

el bacalao

la barra

el bistec

la cebolla

el cerdo

la cerveza

el chorizo

la chuleta

el cordero

las gambas

el gazpacho

los quisantes

el jamón serrano

las iudías verdes

el filete

la fresa

los calamares

los champiñones

el perrito caliente

To go out

- las verduras el atún
 - vegetables 3.2F Vamos a comer fuera tuna cod

loaf

steak

squid

onion

pork

beer

chop

lamb

fillet

chorizo

mushrooms

strawberry

cured ham

green beans

chilled tomato soup

prawns

peas

- to take, to have (food,

- Hacemos We do Hacen They do

Hacer -

Hago

Haces

You do

Hace

s/he does

I do

to do/make

He/she plays Tocamos We play

Tocar

Toco

I play

Tocas

Toca

You play

To play (ins)

- Tocan They play
- 3.1H Hablando del tiempo libre y de los planes boring
 - pleasant in the open air,
 - drums song to go for a walk from time to time. challenging fun exciting
 - 3.3F ¿Qué deportes harás?
 - rock climbing tired race
- el alpinismo cansado/a la carrera el concurso competition
- (contest) contestar to answer durante during exercise training
- el ejercicio el entrenamiento entrenar to train el equipo team el esquí skiing este, esta this
- ganar to win el jugador player mañana tomorrow el miembro member el partido match probar to try, to test

hot dog fish chicken dessert, pudding

cheese

omelette

toast

glass

soup

tea

To go

Voy

I go

Vas

Va

You go

s/he goes

Vamos

They go

They go

Van

3.2G Comer y Beber

- agradable

Key Verbs

Jugar

To play

Juego

I play

Juega

Juegas

You play

He/she plays

Jugamos

We play

Juegan

They play

aburrido/a

al aire libre

outdoors

la batería

la canción

dar un paseo

occasionally

desafiante

divertido/a

emocionante

de vez en cuando





4			
Translation Practice. G -	blue F – orange H - Green	Key Question	s: Answer the following in your own words. Use these model answers
No me gusta	l don't like going shopping	¿Qué haces en tu tiempo libre Frecuencia? Opiniones?	es jugar al futbol con mis amigos porque es bueno para la salud y es emocionante y
Me encanta con mis amgos	I love going out with my friends		relajante jugar contra tus amigos. De vez en cuando juego con videojuegos pero ayer hice ciclismo, hice mis deberes y toque mi guitarra. Ayer, fui al colegio durante el día.
Me escuchar música	I love listening to music		Después del colegio fui al polideportivo con mis amigos y jugué/jugamos al baloncesto juntos. Ayer por la mañana fui de compras en el centro de la cuidad con mi madre y
No me gusta	I don't like dancing		fuimos a las tiendas de ropa. Lo que me encantó/gustó fue que ví una película entretenido por la noche/ fue que jugué mi deporte favorito y podía entrenarme.Todos los días juego al futbol y al baloncesto, que son mis deportes favoritos. De vez en
Si tengo	If I have the time		cuando hago ciclismo y practico el atletismo pero son muy estresantes, duros y no
Hago de música	I do music classes	¿Te gusta ver la televisión?	son relajantes. Lo que me encanta es jugar al fútbol en mi equipo los fines de semana. Si, me gusta ver la televisión, me gustan los programas de horror, de tele-realidad, los
De vez en cuando una novela	From time to time, I read a novel	Qué has visto en la televisión recientemente?Tienes unprograma favorito?	documentales y de deporte. Lo que me encanta es ver los dibujos-animados porque son más entretenidos que las noticias. Ayer ví las noticias con mis padres. Mi programa favorito es porque es
Siempre la guitarra con la banda	I always play the guitar with the group	. Ou é an trumplén de formaite ?	
A veces a algún concierto	Sometimes I go to some concert	¿Qué es tu película favorita? Qué película has visto recientemente en el cine?	Mi película favorita es porque me encantan las películas de acción/tiene mucha violencia/tiene buenos actores/es muy romántica/me encanta la historia/tiene buenos efectos especiales.
El fin de semana juego al fútbol	On the weekend I always play football	¿Cuando se cena en Inglaterr y en España? ¿Cuándo	Normalmente se cena en Inglaterra a las seis, como mi almuerzo a las dos, como mi desayuno a las ocho.
Siempre muy preocupada	l am always busy	prefieres cenar o almorzar? Describe una cena especial	Recientemente fui a un restaurante con mi familia para celebrar el cumpleaños de mi
Generalmente música por las tardes	Generally I listen to music in the evenings	2 3 3 3 4 3 4 3 4 3 4 4 4 4 4 4 4 4 4 4	abuelo. Fuimos a un restaurante chino porque es la comida favorita de mi abuela. Primero, comí y bebí. Para el postre comí y bebí . Lo que me gustó fue la buena comida/ver a y hablar con toda mi familia. Fue muy emocionante.
Me jugar a los	Playing video games interests me		Comida/ver a y habiar con toda miriamilia. Pue muy emocioname.
videojuegos Ella quiere patina en la	She wants to skate on the	Key Grammar	
pista de	ice rink	Forming the preterite (past	Remember the preterite (past) tense endings for –AR, -ER, -IR verbs. They are:
al gimnasio	I will come to the gym	tense). Always remove the –AR, -ER, -IR endings first	-AR: -é, -aste,-ó, -amos, -astéis, -aron
if there is a match?	Will you know if there's a match?	IIISI	-ER: -í, -íste, -ió, -imos, -istéis, - ieron -IR: -í, -iste, -ió, -imos, -istéis, - ieron
el ciclismo	I will try cycling	Forming the future tense ('will')	Future Tense ('will') All verb groups: -é, -ás, -á, -emos, -éis, -án
Fue una buena	It was a good party	Imperfect Tense (Past,	-ar -aba, -abas, -ábamos, - abais, -aban
No quiero	I don't want to participate	ongoing actions, descriptions, 'used to' or 'was doing')	-er and –ir -ía, -ías, -ía, -íamos, - íais, -ían
		-	



В.

C.

D.

E.

3.

la leche

ligero/a

probar

el recreo

GCSE Unit 4 SPANISH Knowledge organiser.

Topic Customs and Festivals

el concurso

divertirse

el encierro

encontrar

enorme

entender

entrenarse

extraño/a

fatal

formar

histórico

humano

llevar

nadie

natural

el origen

el peligro

peligroso/a

precioso/a

el producto

la seguridad

saltar

la suerte

el toro

la torre

el traje

único/a

varios/as

vestirse (de)

por encima de

pasarlo bien

el espectáculo

impresionante

el Mediterráneo

person from North Africa)

incómodo/a

el/la moro/a

emocionante

conmemorar

4.1F Algunas costumbres regionales

Celebrar To celebrate Celebro

Disfrutar

I enjoy

Disfrutas

To enjoy Disfruto

Key Verbs

to do/make Hago I do

Hacer -

Haces

You do

We do

Hacen

Disfrazo I dress up

Disfrazar

Disfrazas

Disfrazan

You dress up

To dress up

la actuación performance agradable pleasant atmosphere

competition

to commemorate

el ambiente old antiguo/a la batalla battle el caballo horse la camisa shirt

You celebrate Celebra - he/she celebrates

Celebramos

duchar

la foto

limitar

limpiar

llegar

la gente

hace (+ tiempo)

japonés/esa

la manguera

la plaza mayor

todo el mundo

mojado/a

el montón

primero/a

pronto

rojo/a

sucio/a

típico/a

el tomate

el turismo

el/la visitante

el/la voluntario/a

varios/as

volver

tirar

empezar

la entrada

We celebrate

I celebrate

Celebras

You go Va s/he goes

To go

Voy

I go

Vas

Vamos

They go

You eniov Disfruta He/she enjoys

Disfrutamos

We enjoy

Disfrutan

Hace s/he does Hacemos Disfraza He/she dresses up Disfrazamos We dress up

divertirse 4. el desfile hispánico el turismo

Learning about Spanish life and routines

Learning about Latin American culture

What we are learning this term:

Learning about local customs

Talking about a Spanish festival

Skim reading for key information

Using past expressions of time

6 Key Words for this term

5. celebrarse 6. los antepasados 4.1G La vida en familia

correr to run custom la costumbre demasiado el desfile

devil el diablo

bull run

enormous

to understand

show, display

to find

to train

strange

to form

historic

human

no one

natural

danger

over

dangerous

beautiful

product

to jump

luck

bull

tower

several

safety, security

suit, costume

only, unique

to dress (in)

origin

impressive

uncomfortable

Mediterranean

to wear, take, carry

Moor (historically a

to have a good time

awful

too much, too many parade, procession to enjoy oneself exciting

al final

4.2G Las fiestas de España - la Tomatina at the end

They enjoy They do

They dress up 4.2F Las fiestas del mundo hispano

a media mañana at mid-morning to go to bed

acostarse el bollo bun la cena evening meal coger to catch la comida food, meal, lunch el desayuno breakfast la dieta

diet milk levantarse to get up light participar

to participate, to take part to try, to try out break healthy

saludable la sobremesa sitting chatting at the table after a meal el trabajador worker la tradición tradition traer to bring calmly tranquilamente el vaso glass

4.1H ¿Cambian las costumbres?

acostarse to go to bed to close cerrarse to catch coger corto/a short empezar to start hace calor it is hot levantarse to get up el marido husband la mayoría majority el ordenador computer

Celebran Van They celebrate They go

American

el altar

altar, shrine los antepasados ancestors to appear

americano/a Australian **British**

australiano/a aparecer lorry

británico/a T-shirt

el camión la camiseta el carnaval carnival

divertirse to enjoy oneself

to shower

(entry) ticket

to start

photo

people

to limit

to clean

to arrive

hose, hosepipe

the main square

everyone, everybody

to return, to go back

wet, soaked

heap, pile

first

red

dirty

typical

to throw

tomato

tourism

several

volunteer

visitor

soon

(time) ago

Japanese

el azúcar

sugar skull

la calavera celebrarse el cementerio

completamente

describir

el desfile

el diablo

disfrazado

en honor a

encendido/a

el esqueleto

los familiares

el/la minero/a

la montaña

el número

la normalidad

Spanish speaking world)

Mexican chocolate sauce

el estaño

famoso/a

hispánico

la mina

el mole

muerto

la plata

proteger

el pueblo

la flor

to be held cemetery

close to, near to

cerca de

city, town comenzar to start

completely

to describe

in honour of

family members

Hispanic (i.e. of the

skeleton

famous

flower

mine

miner

dead

'mole' sauce /

mountain

normality

to protect

village, (small) town

number

silver

dressed up. disquised

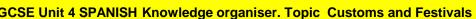
parade

devil

lit

tin

la ciudad



0.00=11.1/4.004.001.1/4.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.	
GCSE Unit 4 SPANISH Knowledge organiser. Topic Custo	m

1001

Translation Practice. G -	blue F – orange H - Green
Normalmente cereals	Normally for breakfast we have
Ayer una manzana	Yesterday I ate an apple
Carmen de casa a las ocho	Carmen leaves the house at 8.00
Esta tarde con la familia de mi amigo	This afternoon I chatted with my friend's family
Muchas veces no nada	Many times they don't drink anything
No hablamos	We don't speak a lot
El año pasado Pamplona	Last year I visited Pamplona
El es una tradición extraña	The bull run is a strange tradition
Fue muy	It was very exciting
dos años fuimos a Burgos	2 years ago we went to Burgos
Ayer fuimos a ver el	Yesterday we went to see the procession
El pueblo interesante	The town was interesting
Vimos un muy interesante	We saw a very interesting competition
¿Qué?	What did you do ?
Hoy me muy temprano	Today I got up very early
Compré para mi familia.	I bought presents for my family
Lafue que	The disadvantage was that
mucha basura.	There was a lot of

rubbish.

Key Questions: Answer the following in your own words. Use these model answers		
Una fiesta muy popular en España es laTomatina. La gente celebra la Tomatina en Agosto en Buñol cerca de Valencia. Durante la fiesta, la gente tira tomates, hay desfiles y bailes, se puede comer comida tradicional, la gente lleva disfraces. Después de la fiesta las calles están llenas de tomates. Es mi fiesta española favorita porque es muy entretenida y cómica.		
En Inglaterra celebramos la fiesta de Fuegos artificiales. Cada 5 de noviembre, celebramos el día de Guy Fawkes. Durante la noche, la gente va a parques o el centro de la ciudad y hay muchos fuegos artificiales. Celebra la noche cuando GuyFawkes intentó poner fuego al gobierno de Inglaterra. Es muy entretenida y cómica.		
La última vez que fui a una fiesta en Inglaterra fue muy entretenida y cómica. Fue en Noviembre cuando celebramos la fiesta de Guy Fawkes. Fuimos en el centro de la ciudad o el parque para ver muchos fuegos artificiales. Fue muy entretenido, porque comí algodón de azúcar y pasé la noche con mis amigos.		
La vida en España y en Inglaterra es un poco diferente. En España se come una dieta mediterránea, la gente come muchas frutas, verduras, mucho pescado y aceite de oliva. En Inglaterra comemos más patatas fritas y más carne y menos frutas y verduras. En Inglaterra los jóvenes suelen llevar uniforme para ir al colegio pero en España los jóvenes no llevan uniforme. ¡Qué bueno! También, en España los jóvenes de 17 o 18 años no suelen emborracharse durante el fin de semana pero en Inglaterra hay más problemas con los jóvenes y el alcohol.		

	Key Grammar		
Forming the preterite (past tense). Always remove the –AR, -ER, -IR endings first	Remember the preterite (past) tense endings for –AR, -ER, -IR verbs. They are: -AR: -é, -aste,-ó, -amos, -astéis, -aron -ER: -í, -íste, -ió, -imos, -istéis, - ieron -IR: -í, -iste, -ió, -imos, -istéis, - ieron		
Imperfect Tense (Past, ongoing actions, descriptions, 'used to' or 'was doing')	-ar -aba, -abas, -aba, -ábamos, - abais, -aban -er and -ir -ía, -ías, -ía, -íamos, - íais, -ían		
Using the immediate future tense IR + A + INFINITIVE	Voy a casarme = I'm going to get married Va a discutir con su padre = He / She is going to argue with his/her father		



la alfombra

el armario

GCSE Unit 5 SPANISH Knowledge organiser. Topic Home, Town, Neighbourhood and Region

5.2G ¿Qué se puede hacer donde vives?

What we are learning this term:

- Saying what your house is like Describing your house and where it is
- Talking about the amenities in your area Discussing the advantages and
- disadvantages of living in the town and country

6 Key Words for this term

- 1. vivir alojamiento
- alquilar 3. 6. las afueras
- 4. el hogar 5. la casa

5.1G Mi casa

carpet, rug

cupboard, wardrobe lift

- el ascensor la butaca armchair la cocina kitchen, cooker, cuisine cómodo
 - comfortable, convenient, handy to share
- compartir el cuarto de baño bathroom
- el dormitorio bedroom los electrodomésticos (electrical) appliances
- la escalera stairs el espejo mirror
- shelves, shelving unit la estantería
- el fregadero kitchen sink
- la habitación room
- washbasin el lavabo
- la lavadora washing machine el lavaplatos dishwasher
- el microondas microwave oven
- la nevera fridge la pared wall
- el salón lounge, living room
- el sillón armchair ground, floor
- el suelo la terraza terrace

- el barrio neighbourhood, area
- la biblioteca library la bolera bowling alley
- el bolso handbag la carnicería butcher's
 - el césped lawn el collar necklace
 - descansar to rest el dinero money divertirse to enjoy oneself, to
- have a good time
- el estanco tobacconist's (also sells stamps)
- los grandes almacenes department stores la joyería jeweller's
- toy shop la juguetería el mercado market
- doll la muñeca
- el museo museum
- la panadería baker's el parque
- infantil park, playground la pastelería cake shop
- los pendientes earrings
- bull ring la plaza de toros
- la ropa (de marca) (designer) clothes la tienda de comestibles grocery store, food
- 5.2F Mi ciudad

la avenida avenue el avuntamiento Town Hall

bienvenido/a welcome el centro comercial shopping centre la ciudad city, large town el club de jóvenes youth club Correos Post Office construir to build convertirse en (+ noun) to become los espacios verdes open spaces factory to found

la fábrica fundar el/la habitante inhabitant la iglesia church ir de compras to go shopping el país country la plaza square (in a town) sports centre el polideportivo el pueblo (small) town, village, people el puente bridge

port, harbour

century

el puerto

el siglo

Vivir alquilar Comprar

To live To rent To buy Vivo Alauilo Compro I live I buy I rent

Vives Alquilas Compras You live You rent You buy Vive Alquila Compra He/she rents He/she buys

under, downstairs

above, upstairs, up

spacious, roomy

balcony

heating

lower

pet

shop

garden

luxurious

dining room

business, shop

swimming pool

ground floor

upper, higher

view, sight

tower, tower block

essential, indispensable

floor (of a building), plant

He/she lives Vivimos Alguilamos We live We rent

abajo

arriba

amplio/a

el balcón

la calefacción

el comedor

el comercio

inferior

el jardín

lujoso/a

la mascota

la planta baja

la piscina

la planta

superior

la tienda

la torre

la vista

imprescindible

Viven Alguilan Compran They live They rent They buy

la cocina amueblada fitted kitchen

5.1H Mi casa y mi barrio

Compramos

We buy

Key Verbs

Hacemos We do Hacen

las afueras

encontrarse con

away,to save

la granja

la librería

la montaña

los muebles

el mueble

peor

guardar

antiguo

el árbol

Hacer -

Hago

Haces

You do

Hace

s/he does

They do

I do

to do/make

Se mudan They move

5.1F ¿Cómo es tu casa? outskirts old tree

to meet up with

to keep, to put

piece of furniture

mountain

furniture

worse

bookcase, bookshop

Mudarse

To move

Me mudo

Te mudas

You move

Se muda

We move

He/she moves

Nos mudamos

I move

el campo countryside. field, sports ground el chalet / chalé bungalow, detached house, villa la costa coast shelf el estante encontrar to find encontrarse to be situated

farm



101

Translation Practice. G - blue F - orange H - Green		
La nevera en la cocina	The fridge is in the kitchen	
¿Dónde el cuarto de baño?	Where is the bathroom?	
En casa hay muchos libros.	In his / her house there are many books.	
Creo que esta es muy bonita.	I think that this house is very beautiful.	
¿Qué?	What do you think ?	
Estoy en de esto.	I am against this.	
Los libros están de la mesa	The books are under the table	
Vivo muy de la ciudad	I live very far away from the city	
Mi abuelo vive en el	My grandfather lives in the countryside	
La está debajo de la ventana.	The bookcase is under the window	
La casa de mi amigo cerca del colegio	My friend's house is near the school	
Mi casa está de la costa	My house is near to the coast	
¿Cómo es tu casa?	What is your new house like?	
Es un moderno	It's a modern apartment	
vivir en la ciudad	I prefer to live in the city	
falta un ascensor	It's missing a lift	
¿Dónde exactamente?	Where is it exactly?	
Si hay vistas del mar	If there are sea views	

Key Questions:	Answer the following in your own words. Use these model answers		
¿Cómo es tu casa y describe la casa de tus sueños? ¿Compartes piso? ¿Qué piensas de tu casa?	Vivo en una casa adosada en las afueras de Swindon. Mi casa tiene dos plantas. Abajo tenemos una cocina grande, un cuarto de baño pequeño y el salón acogedor. Arriba tenemos el dormitorio de mis padres y mi dormitorio. También tenemos un jardín enorme detrás del jardín con muchos árboles y flores. La casa de mis sueños estaría en los Estados Unidos, cerca de Los Ángeles en California. La casa de mis sueños estaría en la costa cerca de una playa bonita. La casa tendría una piscina enorme, cuatro plantas y un garaje doble. Habría mucho espacio para todas mis cosas y todos mis coches. No tengo que compartir mi dormitorio pero cuando era joven tenía que compartir mi dormitorio con mi hermano Lo que me gusta de mi casa es que está cerca de mis amigos y es bonito y caliente en invierno. Lo que me molesta de mi casa es que la cocina es muy vieja (tenemos que renovar la cocina) y también lo que odio es que no tenemos mucho espacio en el salón.		
¿Cómo es tu habitación, donde está tu casa exactamente?	Mi habitación está arriba/en la segunda planta. Mi habitación está cerca del cuarto de baño y la habitación de mis padres. Me encanta mi habitación porque no tengo que compartir con mi hermano. Me encanta mi habitación porque tengo muchos posters de mis grupos favoritos y mi consola porque me encanta jugar con video-juegos.		
¿Cómo es/era tu pueblo/región ahora/antes y como era en el pasado? ¿tu opinión de tu pueblo? ¿Qué puedes hacer en tu pueblo? ¿Qué hay en tu pueblo?	Mi pueblo se llama Swindon. Está en el sur-oeste de Inglaterra. Creo que mi pueblo es muy industrial y poco bonito. En el centro hay muchas tiendas de ropa donde se puede ir de compras durante el fin de semana. También hay buenas instalaciones si te gusta hacer deporte. Hay muchos polideportivos donde se puede ir al gimnasio, hacer musculación y hacer deportes de equipo. Antes el barrio era más bonito que ahora. Antes había muchas granjas y había mucho campo pero ahora hay más edificios, más industria y más contaminación del aire. Antes no había tanta contaminación del aire o basura en las calles pero ahora hay más basura y contaminación. Lo que me gusta/me chifla/me mola de mi barrio es que es/hay		
·			
Key Grammar			

Key Grammar				
Forming the preterite (past tense). Always remove the –AR, -ER, -IR endings first	Remember the preterite (past) tense endings for –AR, -ER, -IR verbs. They are: -AR: -é, -aste,-ó, -amos, -astéis, -aron -ER: -í, -íste, -ió, -imos, -istéis, - ieron -IR: -í, -iste, -ió, -imos, -istéis, - ieron			
Imperfect Tense (Past, ongoing actions, descriptions, 'used to' or 'was doing')	-ar -aba, -abas, -aba, -ábamos, - abais, -aban -er and –ir -ía, -ías, -ía, -íamos, - íais, -ían			
Future Tense ('will')	All verb groups: -é, -ás, -á, -emos, -éis, -án With this tense, do NOT take the verb ending away but ADD it on to the infinitive.			



GCSE Unit 6 SPANISH Knowledge organiser. **Topic Social Issues**

agradecer

What we are learning this term:

- Talking about different ways of volunteering
- Talking about charities and voluntary work
- Talking about healthy eating
- Talking about healthy and unhealthy lifestyles
- Listening for different tenses

6 Key Words for this term

- un voluntario/a
 - 4. comedor social
- ecologista los sin techo
- 5. banco de alimentos
- 6. auiero

6.1G ¿Quieres ser voluntario/a?

arreglar to tidy, to fix, to arrange ayudar (a) to help (to)

el banco de alimentos

food bank charlar to chat

el comedor social soup kitchen competition el concurso

to grow, cultivate cultivar disfrutar to enjoy

ecologista environmental old people la gente mayor

hogar home to clean limpiar

marcar (un gol) to score (a goal)

necesitado needed, required los necesitados the needy

la organización benéfica charitable organisation,

charity

participar (en) to take part (in) pasarlo bien to have a good time

proteger to protect

la residencia de ancianos old people's home

the homeless los "sin techo"

the Third World el Tercer Mundo la tienda con fines benéficos charity shop

/tienda solidaria

el/la voluntario/a volunteer

6.1F Me gustaría ayudar

to thank

aprender to learn el asombro amazement, surprise contar (que) to tell, to relate

el curso school year, course the others, the rest los/las demás to wait for, to hope, to esperar expect

formar parte to be part (of) hacer la cama to make the bed

el centro de menores children's home

tutelados el idioma

útil

language inútil uselessel propósito

aim, purpose, objective repartir to deliver, to hand out tener sueño to be sleepy la tienda solidaria charity shop

useful

6.2G ¿Comes bien?

acostarse to go to bed las bebidas alcohólicas alcoholic drinks las bebidas azucaradas sugary drinks borracho/a drunk el dolor pain, ache emborracharse to get drunk evitar to avoid glotón greedy fat la grasa grasiento/a fatty, greasy intentar (+ infinitive) to try to el ladrón thief, robber malsano unhealthy musulmán Muslim poco sano not healthy la ración portion saludable healthy sano healthy

Key Verbs

-					1001
	Ayudar	<u>Ir</u>	Soportar	<u>Hacer –</u>	Limpiar
	To help	To go	To stand	to do/make	To clean
1	Ayudo	Voy	Soporto	Hago	Limpio
	I help	I go	I can stand	I do	I clean
	Ayudas	Vas	Soportas	Haces	Limpias
	You help	You go	You can stand	You do	You clean
	Ayuda	Va	Soporta	Hace	Limpia
	He/she helps	s/he goes	He/she can stand	s/he does	He/she cleans
	Ayudamos	Vamos	Soportamos	Hacemos	Limpiamos
	We help	They go	W can stand	We do	We clean
	Ayudan	Van	Soportan	Hacen	Limpian
	They help	They go	They can stand	They do	They clean

aguantar

el tabaquismo la venta

6.1H La importancia de hacer obras benéficas

to walk

andar

el bolsillo pocket contribuir to contribute dar asco to nauseate el dibujo drawing donar to donate en vías de extinción threatened (threatened with extinction) escaso/a scarce la exposición exhibition el ganador winner ganar to win gastar to spend facilities las instalaciones el medio ambiente environment las obras benéficas charity, charitable works la pérdida loss perteneciente a belonging to el/la político/a politician los recursos resources seropositivo/a HIV positive el sida **AIDS** to fear temer

6.2H ¿Qué opinas?

to put up with, to bear

addiction to tobacco

sale

asqueroso/a disgusting ataque cardíaco heart attack aumentar to increase el botellón drinking party in the street cada vez más more and more el cerebro brain el consumo consumption el corazón heart as soon as possible cuanto antes el/la drogadicto/a drug addict la edad age la encuesta survey enfrentar to face serious grave hacer daño a to injure, to harm el hígado liver harmful nocivo/a participar (en) to take part (in) pedir to ask (for), to ask (someone to do something) los primeros auxilios first aid prohibir to prohibit, to forbid to cause, to provoke provocar el pulmón lung reducir to reduce síndrome de withdrawal symptoms abstinencia el sobrepeso excess weight, obesity subir to go up

1001			
Translation Practice. G -	blue F – orange H - Green		
Trabajo voluntario	l work as a volunteer		
comida a los clients Pienso en el	I serve food to the customers I'm thinking about		
instituto ayudar a otra	working in the school I hope to help other	-	
gente	people		
muchas horas el fin de semana	I work many hours on the weekend		•
Pienso que a otra gente es muy importante	I think that helping other people is very important		
ser voluntario/a	I'd like to be a volunteer		
ayudar	I would like to help		
Quisiera las comidas	I'd like to prepare the meals		
Me gustaría fondos	I'd like to raise funds		
en un hospital	l used to help in a hospital	-	
el trabajo un poco difícil	I find the work a little difficult		
No hacer nada	I don't want to do anything		
imposible hacer todo ese trabajo	It would be impossible to do all that work		
¿Qué tú?	What would you do ?		
de estudiar por voluntar	I stopped studying to volunteer		
A mi le encanta voluntar	My boyfriend loves volunteering		
Nonada	I wouldn't give anything		
No el tiempo	I wouldn't have the time		_

	Key Questions: Answer the following in your own words. Use these model answers				
	¿llevas una vida sana? ¿Comes demasiada comida rápida?	Pienso que llevo una vida sana. Todos los días como un poco de fruta y bebo agua que es sano aunque de vez en cuando como las patatas fritas que son grasientas y malsanas. Solo como la comida rápida a menudo porque lo que no me gusta es la comida grasienta. No fumo y nunca voy a fumar. Es asqueroso pero mi padre fuma. Hago también mucho ejercicio. Ayer comí una ensalada que fue muy sana y hice ciclismo y deporte en colegio.			
e	¿Cómo te mantienes en forma' ¿te acuestas tarde? ¿haces ejercicio?	Creo que como suficiente fruta y verdura porque como frutas y verduras todos los días. Mi fruta favorita es la manzana porque es dulce y fácil a comer, aunque como bastante comida rápida también. Ayer para la cena comí dos manzanas y un plátano. ¡Qué sano! Cuando tengo calor bebo mucha coca light con hielo sin embargo los gaseosas/las bebidas azucaradas no son muy sanas. Cuando tengo frio bebo chocolate caliente con mucha leche que es delicioso. Ayer bebí demasiado coca light Normalmente hago bastante ejercicio, que es muy sano. Todos los días voy a pie al colegio y los fines de semana hago ciclismo con mis amigos en el campo que es entretenido y bueno para el cuerpo/la salud. No me acuesto tarde durante la semana. Me acuesto a las diez pero los fines de semana me acuesto a los doce de la noche porque veo películas y videos de Youtube en mi móvil. Ayer me acosté a las once.			
	¿Qué comes para el desayuno la cena, tu almuerzo? ¿es sano				
	¿Crees que es necesario lleval una vida sana/es necesario para los jóvenes llevar una vida sana?	Creo que es muy importante llevar una vida sana/Creo que es muy importante para los jóvenes llevar una vida sana. Es importante llevar una vida sana para ayudar con el trabajo en el colegio, para mantenerse en forma, para no ser gordo, para tener un buen aspecto físico, para mantener una buena salud, porque ayuda con tus estudios			
	Key Grammar				
O	conditional ('would like to' tense). Always	Remember the conditional ('would') tense endings for –AR, -ER, -IR verbs. They are: -AR, -ER, -IR: -ía, -ías, -ía, -íamos, -íais, -ían			
	done')	Formed with the verb 'haber': he, has, ha, hemos, habéis, han + past participle -ar: -ado -er/ir: -ido e.g. He estudiado = I have studied			
,					



2.

3.

ahorrar

la basura

el cartón

GCSE Unit 7 SPANISH Knowledge organiser. **Topic Global Issues**

la basura

liaht bulb

combatir

el combustible

What we are learning this term:			
Α.	Talking about reusing things,	reducing waste	

Talking about ways of protecting the

environment C. Talking about poverty

and recycling

- Talking about homelessness
- 6 Key Words for this term

- la libertad
 - pensamientos asistir a
- 5. violento/a 6. la culpa

4. el destrozo

7.1G Reutilizar, reducir, reciclar

to save

rubbish la bolsa de plástico plastic bag

cardboard to shut, to close, to turn off (tap)

cerrar container instead of

el contenedor en vez de intentar to try to

la lata tin, can

el malgasto waste el papel (reciclado) (recycled) paper la papelera

wastepaper basket la pila battery el plástico plastic ponerse to put on (clothes)

los productos químicos chemicals, chemical products el proyecto project rechargeable

recargable reciclar to recycle reutilizar to reuse

la Tierra tirar

tratar de el vidrio

Earth

to pull, to throw away to try to glass

to fight, to combat air pollution la contaminación atmosférica

desaparecer to disappear el desastre disaster

deshacer los desperdicios la especie

a favor (de)

buscar

contribuir

la culpa

en contra

ready to

missing

merecer

necesitar

perezoso/a

perder

auerer

hace(n) falta

la libertad (de

pensamiento)

fresco

faltar

la creencia

la enfermedad

incluso inquietante luchar

la medida medioambiental environmental el motor engine los residuos refuse, waste, rubbish salvar to save

7.2G Los necesitados

to attend to look for to contribute belief blame, fault illness against estar dispuesto/a a to be prepared to, to be to be lacking, to be fresh

la asistencia médica medical care asistir a

to deserve

to need

to lose

to love

lazy

in favour (of) la alimentación feeding. nourishment.food

7.1F Protegiendo el medio ambiente

la bombilla (de bajo consumo)(low-energy)

fuel

rubbish

desconectar to disconnect, to unplug, switch off

to undo

rubbish, refuse, waste species even

worrying to struggle, fight measure, means

Reciclar

Reciclo

I recycle

Reciclas

Recicla

You recycle

Sh/e recycles

Reciclamos

We recycle

They recycle

el destrozo

formar parte de

troublemaker

maltratar

la pobreza

el vertedero

la violencia

violento/a

recoger

robar

el/la gamberro/a

escoger

la falta

Reciclan

To recycle

to be necessary, to need freedom (of thought)

bastar

to be enough la comisaría police station consumir to consume la corriente electricity supply crear to create la criminalidad crime cualquier(a) any el empleo job el/la encargado/a el éxito success

Hago Apago I turn off I do

from

Hacer -

Haces

You do

Hace

Hacen

They do

to do/make

Apagas You turn off He/she turns off

Key Verbs

Apagar

Apaga

Apagamos

We turn off

Apagan

They turn off

To turn off

To go

Vov

I go

Vas

Va

You go

s/he goes

Vamos

They go

They go

to choose

to be part of

hooligan, lout,

damage, destruction

to mistreat, to ill-treat

Van

7.2F Los "sin techo"

lack

poverty

to pick up

violence

violent

to steal, rob

rubbish dump, tip

los niños de la calle street children

la ONG (organización NGO (non-

governmental organisation)

no gubernamental)

s/he does He/she turns on Hacemos Encendemos We do

We turn on Enciendan They turn on

7.1H Problemas ecológicos to approach

Encender

To turn on

Enciendo

Enciendas

You turn on

Encienda

I turn on

acercarse a el aquiero hole la aldea (small) village alejar to move (something) further away

aleiarse de to move further away

amenazar to threaten

arruinar to ruin el atasco traffic iam, hold-up el ave (marina) (fem.) (sea) bird el calentamiento global warming ozone layer

global la capa de ozono el casco el centenar la central eléctrica la circulación constituir

helmet, hull (of ship) about a hundred power station traffic to constitute cortar to cut, to cut off el efecto invernadero greenhouse effect extender to spread, to stretch frenar to brake, to put a stop hurricane

7.2H Es importante ayudar a los demás el agua corriente (fem.) running water

(electric) current,

person in charge

el humo smoke el huracán el incendio fire la Iluvia rain la mancha stain la marea negra la muerte death el nivel level el petrolero

oil slick oil tanker el/la pescador/a fisherman/fisherwoman



Translation Practice. G – blue F – orange H - Green Key Questions: A			s: Answer the following in your own words. Use these model answers	
agua	I save water I use public transport	¿Qué haces para ahorrar energía/agua?	Me importa ahorrar energía y agua. Normalmente me ducho en vez de bañarme. Siempre cierro los grifos. Intento no malgastar agua o energía. Me pongo un jersey en vez de ponerla calefacción y solo pongo el lavaplatos cuando el lavaplatos está lleno.	
Uso pilas	I use rechargeable batteries	¿Qué cosas reutilizas?/reciclas / ¿Usas papel reciclado?	? Me preocupa el reciclaje. Me importa reutilizar cosas y reducir el malgasto de recursos. Uso pilas recargables y reutilizo bolsas de platico. Reciclo las latas, el papel, y el	
al instituto a pie	I go to school by foot	¿Qué deberías hacer para proteger el medio ambiente?	cartón, el plástico y el vidrio. Siempre separo la basura. Hay muchas cosas que deberías hacer para proteger el medio ambiente. Deberías apagar las luces, el televisor y el ordenador. Tienes que cerrar las puertas en casa y	
latas	I recycle cans	proteger er medio ambiente:	debes reciclar las latas, las bolsas de plástico y el vidrio. Debes bañarte lo menos posible. Deberías usar el coche lo menos posible.	
el uso de productos químicos	l avoid the use of chemical products	¿Qué vas a hacer para proteger el medio ambiente?	En el futuro voy a reciclar más. Siempre voy a reciclar las botellas de vidrio y de plástico. Voy a apagar el televisor y el ordenador cuando termino. Voy a ir lo más posible en bicicleta o a pie. Voy a ir en coche lo menos posible.	
Es necesario tomar urgentes que luchar	It's necessary to take urgent measures We have to fight	¿Qué hiciste ayer para proteger el medio ambiente?	Ayer reciclé la basura en casa. Ayer separé la basura en casa para mis padres. Ayer fui a colegio a pie en vez de ir en autobús/en coche. Ayer cerré las puertas y las ventanas en casa para conservar el calor en casa.	
que proteger el medio ambiente	We must protect the environment	¿Qué es el problema del planeta que te preocupa más?	Lo que más me preocupa es la deforestación/el problema del tráfico/la sequía/las mareas negras/la contaminación del aire porque es importante evitar el cambio climático/porque causa huracanes/sequias/el calentamiento global/los incendios	
uso bolsas reciclables reciclar lo mucho	I always use recyclable bags I try to recycle as much		forestales/las enfermedades de los pulmones/afecta la flora y la fauna/ los animales/los seres humanos/amenaza el planeta//amenaza la vida humana/la vida de los animales.	
que posible	as possible	Key Grammar		
No nada	I don't recycle anything	Future Tense ('will')	All verb groups: -é, -ás, -á, -emos, -éis, -án	
ayudar	I want to help		With this tense, do NOT take the verb ending away but ADD it on to the infinitive.	
Meque hay tanta probreza	It worries me that there is so much poverty			
Me que hay gente sin comida	It annoys me that there are people without food	Forming the conditional ('would like to' tense). Always remove the –AR,	Remember the conditional ('would') tense endings for –AR, -ER, -IR verbs. They are:	
Me de que tu hermana pueda ayudar	I'm delighted that your brother can help	-ER, -IR endings first	-AR, -ER, -IR: -ía, -ías, -ía, -íamos, -íais, -ían	
Me triste la situación	It makes me sad the situation	Using the immediate	Voy a casarme = I'm going to get married	
Nos falta recursos	We are missing resources	future tense IR + A + INFINITIVE	Va a discutir con su padre = He / She is going to argue with his/her father	
Me mucho	It matters to me a lot			



GCSE Unit 8 SPANISH Knowledge organiser.

el abrebotellas

el abrelatas

el aeropuerto

Topic Holidays and Travel

What we are learning this term:

- Talking about travelling to holiday destinations Talking about the weather
- Talking about holiday accommodation
- Talking about the regions of Spain
- Understanding tourist leaflets and websites

6 Key Words for this term

- alojarse 2. veranear
- 4. vacaciones 5. un folleto
- la pensión
- 6. el AVE

8.1G ¡Me voy de vacaciones!

el aire acondicionado air conditioning

el andén platform el asiento seat el autocar coach el AVE (tren de alta velocidad) high-speed train el avión plane cheap barato/a el barco boat la bici(cleta) bike, bicycle el coche la consigna left-luggage office el crucero cruise desde luego of course to miss echar de menos Escocia Scotland estrecho/a narrow el equipaje luggage el ferrocarril railway winter el invierno la maleta suitcase underground el metro no fumador non smoking autumn el otoño la primavera spring la sala de espera waiting room Sudamérica South America el tranvía tram holidays las vacaciones el verano summer

to travel

journey

viajar

el viaje

8.1F ¿Dónde te alojas?

tin-opener

bottle-opener

airport a la derecha on the right a la izquierda on the left el albergue juvenil youth hostel Alojarse to stay (in a hotel) el bañador swimming costume la cama de matrimonio double bed camping campsite, camping la estación de servicio petrol station la estrella star fatal awful, terrible el folleto leaflet la gasolina (sin plomo) (unleaded) petrol el guía / la guía guide (person) la guía auidebook la habitación (doble/ (double/single) room individual) key la llave to get wet moiarse la oficina de turismo tourist office el papel higiénico toilet paper el parador state-owned hotel (in Spain) el pasaporte passport la pensión boarding house, B & B ponerse en camino to set off por desgracia unfortunately la recepción reception la reserva reservation el saco de dormir sleeping bag los servicios toilets la tarjeta de embarque boarding card la tienda (de campaña) tent

8.2G ¿En qué región vives?

el desempleo unemployment la diversión entertainment muy poblado crowded nacer to be born I was born Nací he/she was born nació el país country Pescar to fish el río river la sierra mountain range so much, so many tanto

la taquilla ticket office

Key Verbs

Quedarse Veranear To go To stay

To summer holiday to do/make Hago

Vuelo

Volar To fly

I fly

I stay

Me auedo Vov I go Te quedas Vas

open

open

Veraneo

I summer holiday Veraneas

Haces You do Hace

I do

Hacer -

Vuelas You flv Vuela

You stav Se queda He/she/it stays

Va s/he goes Vamos

You go

Veranea

He/she summer hol Veraneamos

You summer hol

s/he does Hacemos We do

Volamos We flv

He/she/ it flys

Se quedan They stay

We stay

abrir to

la vaca

el valle

abierto/a

Nos quedamos

Van They go

Veranean They summer hol

We summer hol

Hacen They do

Vuelan They fly

8.2F Un folleto turístico

They go

callado/a auiet, reserved cargar to load cerrar to close, shut la cocina cuisine, cooking conocer to know (a person /a place) el cultivo crop entero/a entire, whole gruñón/oña grumpy

ir de paseo to go for a walk la mina mine el monasterio monastery el monte hill, mountain sheep la oveja Pintoresco picturesque recomendar to recommend memory, reminder, souvenir el recuerdo la refinería (de petróleo) (oil) refinery la sombrilla sunshade, parasol el taller workshop tranquilo/a peaceful

vallev el/la visitante visitor

cow

8.2H Describiendo tu región acostumbrado/a accustomed to, used (adj) to la barca pesquera fishing boat casero/a home-made la cita amorosa date (with someone) el clima climate

8.1H ¿Qué hiciste y qué te gustaría hacer durante las vacaciones? aburrirse to get bored acabar de (+ infinitive) to have just (done

something) broncearse to get a tan to catch, to take coger cruise el crucero descansar to rest el esquí acuático water skiing extranjero/a foreign el extranjero (en el ___, abroad al__) France Francia brilliant, great genial Greece Grecia la insolación sunstroke la isla island las Islas Canarias Canary Islands a mediados de in the middle of (time) Mediterranean el Mediterráneo ocupado/a busy, engaged gold el oro la plata silver to return regresar relajarse to relax sunshade, parasol la sombrilla el vestuario changing room, cloakroom la vida nocturna night life to return volver el vuelo flight colocar to place, to put la empresa company, firm

la época era, age, time



Translation Practice. G -	blue F – orange H - Green	Key Questions: Answer the following in your own words. Use these model answers		
Vamos a ir en Voy a en avión	Who do you go with? We are going to go by coach I'm going to travel by plane	. ¿Dónde vas de vacaciones normalmente, con quien, cuando, como viajas, el tiem qué haces?	general voy con (pero el año pasado fui con / en el futuro me encantaría ir con	
ir en barco	I want to go by boat	¿Donde fuiste el año pasado		
Me gusta en coche	I like going by car	de vacaciones? ¿Cómo fuero Qué hiciste? Comiste?	on, avión. No me gustó el viaje porque fue demasiado largo y no fue relajante. Tuve que esperar demasiado tiempo en el aeropuerto. Durante las vacaciones nadé en el mar,	
·	I go with my friends by bike After arriving		tomé el sol en la playa y mis hermanas menores jugaron mucho en el agua. Probé platos típicos de la región de Málaga pero no me gustaron los mariscos o las gambas. Sobre todo, me encantaron mis vacaciones porque hizo mucho sol y España es mejor	
			que Inglaterra. nadé hice jugué fui a descansé me relajé me alojé ¡Qué bueno!	
nadar	Before eating I'm going to swim	¿Qué tipo de vacaciones prefieres?	Prefiero las vacaciones en las montañas/en el campo/en una ciudad/de verano/de invierno porque en verano suele hacer calor y puedo relajarme en la playa/en invierno	
¿A dónde el año pasado?	Where did you go last year?		porque me encanta el frio y me lo paso bomba celebrar las navidades con mi familia. ¡Que divertido!	
Meen	I stayed in	¿Qué hacías en vacaciones cuando eras joven?	Cuando era joven, iba a Escocia cerca de Edimburgo. Siempre viajábamos en coche. Nos alojábamos en un hotel de lujo. Solía (I used to usually) ir a un restaurante para comer. Comía siempre las patatas fritas y pescado pero mi hermano comía siempre	
Está en el sur	It's situated in the south		los platos típicos de escocia como el Haggis, que era asqueroso. Qué Asco	
Las casas están blancas	The houses are painted white			
La región está por unos ríos	The region is crossed by some rivers		Key Grammar	
Cuando pequeño/a	When I was younger	Forming the preterite (past tense). Always remove the –AR, -ER, -IR endings	Remember the preterite (past) tense endings for –AR, -ER, -IR verbs. They are: -AR: -é, -aste,-ó, -amos, -astéis, -aron	
he ido a Francia.	l've already been to France.	first	-ER: -í, -íste, -ió, -imos, -istéis, - ieron -IR: -í, -iste, -ió, -imos, -istéis, - ieron	
El próximo verano a Chipre	Next summer I will go to Cyprus	Imperfect Tense (Past, ongoing actions, descriptions,	-ar -aba, -abas, -aba, -ábamos, - abais, -aban	
El pueblo muy tranquilo	The town was very quiet	'used to' or 'was doing')	-er and -ir -ía, -ías, -ía, -íamos, - íais, -ían	
·	Where did you stay?	Using the immediate future tense IR + A + INFINITIVE		
Nunca ido.	We have never been.			



GCSE Unit 9 SPANISH Knowledge organiser. **Topic My Studies**

What we are learning this term:

- Giving your opinion about different subjects
- Talking about your studies
- Talking about your school life and daily
- Talking about school rules and uniform
- Translating into English

6 Key Words for this term

asignaturas 2.

useful

- 4. suspender 5. licienciatura
- notas 3. aprobar 6. elegir
 - 9.1G El instituto y las asignaturas

el arte dramático drama subject la asignatura career, university course la carrera science las ciencias la clase class cooking, food technology la cocina to continue, carry on continuar los deberes homework to drop dejar el dibujo art difícil difficult, hard divertido/a fun la educación física PE to choose Escoger el español Spanish estudiar to study fácil easy French el francés la geografía geography la historia history el inglés English las matemáticas maths práctico/a practical próximo/a next la selección choice

9.1F ¿Cómo ser buen estudiante?

abrir to open Afectar to affect el apoyo support aprender to learn los apuntes notes asistir a to attend la biblioteca library el/la compañero/a classmate completar to complete Consultar to consult el debate discussion los deberes homework el diccionario dictionary la duda doubt, query exercise el ejercicio entender to understand la escuela school Esperar to hope, to wait, to expect el examen, exámenes exam, exams la excursión trip faltar a clase to miss lessons la frase sentence Intentar to try interrumpir to interrupt school el instituto levantar la mano to raise your hand la literatura literature to take, to carry, to wear llevar mejorar to improve mirar to look at world el mundo necesitar to need la nota grade to offer ofrecer el ordenador computer to organise organizar la palabra word la pantalla screen participar to take part pedir to ask for, to request pegado/a a glued to perder to lose, miss blackboard la pizarra la pizarra interactiva smartboard Preguntar to ask el/la profesor(a) teacher el progreso progress la prueba test Repasar to revise

Key Verbs

Aprobar To pass	Elegir To choose	Suspender To fail		
Apruebo I pass	Eligo I choose	Suspendo I fail		
Apruebas You pass	Eliges You choose	Suspendes You fail		
Aprueba He/she/it passes	Elige He/she/it chooses	Suspende He/she/it fail	s	
Aprobamos We pass	Elegimos We choose	Suspendemo We fail)S	
Aprueban They pass	Eligen They choose	Suspenden They fail		
9.1F ¿Cómo ser buen estudiante?				
el repaso revision responsable responsible resultar en to end up with, to lead to saber to know sacar buenas / to get good / bad grades malas notas serio/a serious las tareas homework el trabajo work, piece of work la tutoría tutorial Usar to use el vocabulario vocabulary			el/la antig asus asus el ata atent el au ayud busc camb cono	
9.1H ¿Qué tal el instituto?			conte	
preocupar to w la sala de informá sencillo/a simp Sentirse to fee	le		los d deter distir la en	

Sentirse to feel usar to use journey el viaje la zona área

They study They think

9.1H ¿Qué tal el instituto?

Pensar

To think

Pienso

I think

Piensas

You think

Pensamos

We think

Piensan

He/she/it thinks

Piensa

Estudiar

To study

Estudio

I study

Estudia

studies

He/she/it

Estudiamos

We study

Estudian

Estudias

You study

alumno/a pupil guo/a old frightened stado/a star to frighten traffic jam, blockage asco ito/a attentive (fem.) classroom ula dar to help car to look for to change biar tired sado/a ocer to meet, to get to know tento/a glad, happy estar to answer school year, course ırso deberes homework riorado/a dilapidated, shabby different nto/a la emoción excitement emocionante exciting encima on top encontrar to find explicar to explain feo/a ugly el gimnasio sports hall, gym hambriento/a hungry language el idioma inmenso/a immense el laboratorio laboratory largo/a long mejor better nervioso/a anxious, nervous el patio del recreo the school yard, playground la pregunta question



matemáticas

No, no

opción

divertida que el inglés

La literatura es más

a estudiar las

que el francés

en Septiembre

elegir esa

Me encanta dibujo. Voy a

Pienso que las ciencias

son muy _____

No creo que voy a

con mi profesora

estudiando tecnología

Si necesitas algo, __

Voy a

al profesor.

He

Quiero _

No sé

GCSE Unit 9 SPANISH Knowledge organiser. Topic My studies

que vas a dejar?

instalaciones?

colegio?

(no)?

¿Qué estudias ahora, que te

gustaría estudiar en el futuro,

¿Cómo es tu colegio, las

¿Describe tu primer día en tu

matemáticas. ¿Crees que es

una buena idea? ... ¿Por qué

reglas, los edificios, las

Es obligatorio estudiar



Me	el francés	I like French
La hist	oria es	History is mo

Translation Practice. G - blue F - orange H - Green

History is **more** fun than

English

I am going to study maths

Literature is more fun that

French I love art. I'm going to study it in September.

No, I don't want to pick that option

I think that science is

really **useful** I don't believe that I'm

going to fail

I used to study ICT in informática

en la escuela primaria primary school Ayer ____ mis deberes Yesterday I did my

homework Last week I spoke with La semana pasada

> my teacher I'm going to continue studying technology

If you need anything ask the teacher

I enjoy studying science a

mucho estudiar ciencias Ya hablado con el I have already spoken

profesor with the teacher Va a ____ muy It's going to **be** very interesante

esta opción

hacer

mucho

interesting have chosen this option

I don't know what to do

really want to do it a lot

En tu opinión, ¿cuáles son las características más importantes de un buen

ongoing actions,

Forming the conditional

Always remove the -AR, -

('would like to' tense).

ER, -IR endings first

Future Tense ('will...')

'was doing')

profesor?

¿Qué cambiarías de tu colegio si tuvieras la oportunidad?

Imperfect Tense (Past,

descriptions, 'used to' or

-ar

-er and -ir

antipático

tan antipáticos

Remember the conditional ('would') tense endings for -AR, -ER, -IR verbs. They are:

-AR, -ER, -IR: -ía, -ías, -ía, -íamos, -íais, -ían

All verb groups: -é, -ás, -á, -emos, -éis, -án

-ía, -ías, -ía, -íamos, - íais, -ían

With this tense, do NOT take the verb ending away but ADD it on to the infinitive.

-aba, -abas, -aba, -ábamos, - abais, -aban

cambiar el uniforme porque me parece que es tan feo, me gustaría cambiar las reglas

porque son demasiadas estrictas, me gustaría cambiar unos profesores porque son

Key Grammar

Key Questions: Answer the following in your own words. Use these model answers

es porque ...

recreo, llegar al colegio a hora

Ahora en el colegio, estudio unas asignaturas obligatorias. Las asignaturas

obligatorias son las matemáticas, las ciencias y el ingles. También he elegido estudiar

el español, la geografía, la historia, la tecnología, el arte, el dibujo La asignatura

que me interesa más es porque La asignatura que me molesta/irrita más

Mi colegio es un colegio grande que tiene circa ochocientos alumnos. Está en las

afueras de Swindon en los barrios de Pinehurst y Penhill. Tenemos una biblioteca

chicle, no debes acosar, no tienes que gritar, no deberías comportarse mal... En el

El primer día, estaba un poco nervioso porque me preocupaban los profesores, los

otros alumnos, las clases, .. me preocupaba que los profesores serian estrictos, me

importantes en el futuro/para un buen trabajo bien pagado/para mi futuro/para ir a una

En mi opinión, un buen profesor es siempre simpático, nunca malhumorado, es de vez

en cuando gracioso, es comprensivo y cariñoso, es siempre alegre y no es nunca

Si tuviera la oportunidad, cambiaría/me gustaría cambiar las reglas. Me gustaría

preocupaban los exámenes, me preocupaba que el colegio sería tan inmenso

buena universidad/porque las matemáticas se usan en todos los trabajos

Si, en mi opinión me parece una buena idea porque ... las matemáticas son muy

nueva, una cantina acogedora, un patio grande ... En el colegio no debes comer

colegio tienes que comportarse bien, llevar el uniforme, ir al baño solo durante el



GCSE Unit 10 SPANISH Knowledge organiser. Topic Life at School and College

What we are learning this term:

- Talking about your school and daily routine
- Talking about school rules and uniform
- C. Translating into English
- D. Revising 'se debe', 'hay que', 'tener que'
- E. Using questions to help your answer
- Using quantifiers and intensifiers

6 Key Words for this term

- acabar de
- 2. actuar
- 3. la ausencia
- 4. demostrar
- 5. las instalaciones
- 6. el maquillaje

10.1G El día en el instituto

acabar de to have just done something

to perform actuar el aire libre the open air

aislado/a isolated

el/la alumno/a pupil to learn aprender la asignatura subject

el bachillerato A-level equivalent

el bocadillo sandwich

bonito lovely campo de deportes sports field

la clase class el/la compañero/a classmate corto/a short

durar to last to start, to begin empezar

el equipo team, equipment el estante shelf

la evaluación assessment

funcionar to work, to function

ganar to win

ir al baño to go to the bathroom board game

el juego de mesa la hora de comer lunch hour el laboratorio laboratory la obra de teatro play

la opción option la oportunidad opportunity

to take the register pasar la lista

el producto químico chemical

10.1F Las reglas y el uniforme

la agenda diary, planner el apellido surname el artículo article la ausencia absence buscar to look for el chicle chewing gum el daño harm dejar to let. allow demostrar to show, demonstrate el edificio building escolar school (adj.) firmar to sign el individuo individual las instalaciones facilities el intercambio exchange llevar to take, carry, wear el maquillaje make up los materiales materials mientras while el nombre name la palabra word el pasillo corridor el pendiente earring ponerse en contacto to get in touch prohibido prohibited, banned la puntualidad punctuality la regla rule el respeto respect to suffer sufrir traer to bring el travecto journey el uniforme uniform

			Key Verbs		1 to 1
	Acabar de To have just finished	Mejorar To improve	Maquillarse To put makeup on oneself	Hacer – to do/make	Ofrecer To offer
	Acabo de I have just finished	Mejoro I improve	Me maquillo I put make up on	Hago I do	Ofrezco I offer
	Acabas de You have just finished	Mejoras You improve	Te maquillas You put make up on	Haces You do	Ofreces You offer
	Acaba de He/she it has just finished	Mejora He/she/ it improves	Se maquila He/she/it puts make up on	Hace s/he does	Ofrece He/she/it offers
	Acabamos de We have just finished	Mejoramos We improve	Nos maquillamos We put make up on	Hacemos We do	Ofrecemos We offer
	Acaban de They have just finished	Mejoran They improve	Se maquilan They put make up on	Hacen They do	Ofrecen They offer
1					

travieso/a

sucio/a

tardar

10.1H Lo bueno y lo malo del instituto

el acoso bullying aguantar to put up with aislado/a isolated to brighten up, to cheer alegrar aprobar to pass an exam el aspecto appearance la calefacción heating el castigo punishment el comportamiento behaviour la conducta behaviour corregir to mark, to correct cumplir con to fulfil en cuanto a as regards encenderse to be turned on enfadado/a angry enseñar to teach, show el equipo equipment la espalda back el estante shelf la explicación explanation

10.1H Lo Bueno y lo malo del instituto

naughty, badly behaved el trimestre term ya que since, as el fracaso failure to hit golpear hace falta it is necessary incómodo/a uncomfortable la intimidación bullvina digital smartboard la pizarra mejorar to improve molestar to disturb, to annoy el ocio leisure wall la pared recordar to remember el repaso revision

dirty

to take time, to delay

GCSE Unit 10 SPANISH Knowledge organiser. Topic Life at School and College

		ė		
	2	٠,	8	

GCSE
blue F – orange H - Green
Irene failed because she studied very little
We don't practise much athletics.
When we change class there are too many peop
We don't have enough computers
The school is too far away
There are few possibilition to study it
You have to wear a uniform
We cannot use mobile phones
You must not smoke
I would like to put
makeup on to go to school
l am polite and considerate
I hate doing homework a home
There are many differences between the two
The classrooms ought to be bigger
There ought to be more computers
They ought to build a swimming pool
I have finished my studies
They have returned home

Key Questions: Answer the following in your own words. Use these model answers		
¿Qué crees que es lo peor / lo mejor aspecto del instituto?	El mejor aspecto del colegio es porque El peor aspecto del colegio es porque	
¿Qué cambiarías de tu colegio si tuvieras la oportunidad?	Si tuviera la oportunidad, cambiaría/me gustaría cambiar las reglas. Me gustaría cambiar el uniforme porque me parece que es tan feo, me gustaría cambiar las reglas porque son demasiadas estrictas, me gustaría cambiar unos profesores porque son tan antipáticos	
En tu opinión, ¿cuáles son las características más importantes de un buen profesor?	En mi opinión, un buen profesor es siempre simpático, nunca malhumorado, es de vez en cuando gracioso, es comprensivo y cariñoso, es siempre alegre y no es nunca antipático	
¿Cómo es tu colegio, las reglas, los edificios, las instalaciones?	Mi colegio es un colegio grande que tiene circa ochocientos alumnos. Está en las afueras de Swindon en los barrios de Pinehurst y Penhill. Tenemos una biblioteca nueva, una cantina acogedora, un patio grande En el colegio no debes comer chicle, no debes acosar, no tienes que gritar, no deberías comportarse mal En el colegio tienes que comportarse bien, llevar el uniforme, ir al baño solo durante el recreo, llegar al colegio a hora	
Key Grammar		

	Key Grammar	
	Forming the preterite (past tense). Always remove the –AR, -ER, -IR endings first	Remember the preterite (past) tense endings for –AR, -ER, -IR verbs. They are: -AR: -é, -aste,-ó, -amos, -astéis, -aron -ER: -í, -íste, -ió, -imos, -istéis, - ieron -IR: -í, -iste, -ió, -imos, -istéis, - ieron
t	Forming the conditional ('would like to' tense). Always remove the –AR, -ER, -IR endings first	Remember the conditional ('would') tense endings for -AR, -ER, -IR verbs. They are: -AR, -ER, -IR: -ía, -ías, -ía, -íamos, -íais, -ían
	Using the immediate future tense IR + A + INFINITIVE	Voy a casarme = I'm going to get married Va a discutir con su padre = He / She is going to argue with his/her father
	Perfect Tense ('have done') Formed with the verb 'haber':	Formed with the verb 'haber': he, has, ha, hemos, habéis, han + past participle: -ar: -ado -er/ir: -ido e.g. He estudiado = I have studied
		•



What we are learning this term:

Talking about options at 16

Talking about different jobs

Using a variety of tenses

Using 'quisiera'

porcentaje

por ciento

la ama de casa

Looking for and applying for jobs

Discussing choices at 18: work or university?

11.1G ¿Qué voy a hacer?

part time

to learn

to pass

subject

benefit

advice

to leave

money

to find

studies

experience

better, best

opportunity

grade, mark, result

to carry on ...ing

exam

ugly

while

option

to stay

result

sacar buenas / malasto get good / to get bad

la experiencia laboral work experience

advanced

to look for

la carrera (universitaria), (university) course, career

to continue

apprenticeship

pupil

4. la empresa

5. el/la jefe/a

to get, to manage, to achieve

to wait for, to hope, expect

information technology, IT

6. cuidar a

GCSE Unit 11 SPANISH Knowledge organiser. **Topic Education Post - 16**

with

ganar

furioso/a

la habilidad

horroroso/a

imaginar

inútil

pedir

peor

with

repasar

el repaso

seguro/a

todavía

la sociedad

vale la pena

worthwhile

mundo

necesitar

por otra parte

la promoción

relacionarse con

la desventaja

estar harto/a de

11.1F ¿Trabajar o estudiar?

considerar to consider to show, demonstrate demostrar

estar obsesionado/a con to be obsessed

furious

skill, ability

to imagine

dreadful

useless

to need

to ask for

promotion

to revise

revision

society

it's worth it. it's

sure

still

worse, worst

on the other hand

to relate to, to get on

world

disadvantage

to be fed up with

to earn, to win, to gain

Voy I go Quiero I want

Querer

To want

Key Verbs

Preparo I prepare

Preparar

Preparas

You prepare

Preparamos

We prepare

To prepare

Doy I give

Das

You give

Dar

To give

Aprendo Llearn **Aprendes** You learn

Aprender

To learn

Aprende

He/she/it learns

Aprendemos

We learn

Aprenden

They learn

adecuado/a

aislado/a

al final de

apetecer

aprender

avanzado/a

el beneficio

la calidad

consequir

el conseio

achieve

devolver

disfrutar

la edad

escoger

esperar

expect

feo/a

el folleto

inquietar

lejos de

mejor

estar a punto de

el/la graduado/a

hacerse miembro

deber

back

career

claro

bien pagado/a

así que

a solas

Vas You go Va

s/he goes

Vamos

Van

11.1H ¿Vale la pena ir a la universidad?

acabar de + infinitive to have just

They go

They go

isolated

to appeal

advanced

to learn

benefit

quality

la carrera (universitaria) university course,

well paid

of course

advice

to owe

to enjoy

to choose

to be about to

age

ugly

leaflet

graduate

far from

better, best

la experiencia laboral work experience

to get, to manage, to

to give back, to pay

to wait for, to hope, to

to become a member

to worry, to concern

so

on one's own

at the end of

adequate, decent

To go

Quieres

You want Quiere He/she/ it wants

Queremos

We want

Quieren

They want

Prepara He/she/it prepares

Da He/she/it gives

6 Key Words for this term

E.

a tiempo completo full time

a tiempo parcial el/la alumno/a aprender el aprendizaje aprobar

la asignatura

avanzado/a

el beneficio

consequir

el consejo

continuar

el dinero

encontrar

los estudios

la experiencia

la informática

la oportunidad

seguir + gerund

el resultado

el examen

esperar

feo/a

mejor

mientras

la opción

la nota

quedar

grades

notas

dejar

carrera profesional

buscar

to worry, to be to pick up. to collect

student residence

to carry on ...ing

tomar un año libre to take a year out

advantage

universidad?

el mundo laboral

pedir prestado

la residencia de

estudiantes

seguir + gerund

tan pronto como

el título (university) degree

el resultado

la ventaja

poco a poco

preocupar

concerned

recoger

seauir

ofrecer

olvidarse

Preparan They prepare 11.1H ¿Vale la pena ir a la

Dan They give

world of work

to offer

to forget

to borrow

bit by bit

result

to follow

as soon as

Damos We give





Translation Practice. G -	blue F – orange H - Green	
Quiero estudiando	I want to carry on studying	ز ha
Quiero más dinero	I want to earn more money	te bu
que seguir estudiando	I will have to carry on studying	ز fu
Si buenas notas, iré a la universidad	If I get good grades I will go to the university	es ¿(
Voy a el instituto	I am going to quit school	de
No que hacer	I don't know what to do	
He que no quiero trabajar	I have decided that I don't want to work	ز Pi Q
Creo que mejor estudiar	I believe that it will be better to study	de de
Quiero buscar un	l want to find an apprenticeship)خ po
La de mi plan es que	The advantage to my plan is that	tra
Hemos otro plan	We have considered another plan	
un titulo universitario	l need a degree	
Mi madre es	My mum is a dentist	
	I will be content when I finish my studies	Fo
la decision tan pronto como tenga mis resultados	I will make the decision as soon as I have my results	th fir
Espero una casa	I hope to buy myself a house	F(
Se puede de todo lo que hay	You can enjoy everything there is	El
dejado de estudiar	She had quit studying	U: te

Key Questions: Answer the following in your own words. Use these model answers		
¿Qué vas a hacer/estudiar/trabajar cuando termines en el colegio/ si sacas buenas notas?	Si saco buenas notas/en el futurovoy a estudiar/me gustaría estudiar en la universidad porque será muy útil para mi carrera, porque quiero trabajar en el aire libre/porque siempre me encanta trabajar con niños En el futuro, voy a trabajar como (job) porque	
¿Qué son tus planes para el futuro? - ¿Cúal es la ventaja de este plan?	Las desventajas de mi trabajo preferido son que Las ventajas de mi trabajo preferido son que	
¿Qué son las ventajas y desventajas de ir a la universidad?	Las ventajas/desventajas son que es cara pagar los gastos para la universidad, el precio es muy caro, tienes que prestar dinero del gobierno, tienes que trabajar y estudiar mucho, tienes que esforzarse mucho, es inquietante no vivir con los padres, y vivir con otra gente, va a ser fenomenal encontrar nuevos amigos	
¿Qué trabajo quieres hacer? Por qué te interesa este trabajo? Qué son las ventajas y desventajas de hacer este trabajo?	En el futuro, quiero ser (job). Quiero hacer este trabajo porque me interesa mucho / puedo ganar mucho dinero / tengo la oportunidad de trabajar en equipos / prefiero trabajar en una oficina/ prefiero trabajar en el aire libre/ quiero un trabajo donde puedo utilizar mis idiomas / quiero un trabajo donde puedo mejorar mi confianza con el público.	
¿Cuáles son los aspectos positivos de encontrar un trabajo a los dieciocho años?	Las (des)ventajas de empezar a trabajar a los 18 años son queNo tienes la oportunidad de ir a la universidadNo tienes tantas oportunidades de ganar tanto dineroPuedes empezar a ganar dinero más joven que es importante para el futuroPuedes aprender una carrera mientras estás haciendo el trabajo – no tienes que estudiar más	

Key Grammar	
Forming the preterite (past tense). Always remove the –AR, -ER, -IR endings first	Remember the preterite (past) tense endings for –AR, -ER, -IR verbs. They are: -AR: -é, -aste,-ó, -amos, -astéis, -aron -ER: -í, -íste, -ió, -imos, -istéis, - ieron -IR: -í, -iste, -ió, -imos, -istéis, - ieron
Forming the conditional ('would like to' tense). Always remove the –AR, -ER, -IR endings first	Remember the conditional ('would') tense endings for –AR, -ER, -IR verbs. They are: -AR, -ER, -IR: -ía, -ías, -ía, -íamos, -íais, -ían
Using the immediate future tense IR + A + INFINITIVE	Voy a casarme = I'm going to get married Va a discutir con su padre = He / She is going to argue with his/her father



GCSE Unit 12 SPANISH Knowledge organiser.

ambicioso/a

la variedad

Topic Jobs, Career choices and Ambitions

What we are learning this term:

- Talking about different jobs Looking for and applying for jobs
- Recognising percentages and fractions
- Learning useful phrases
- Using a variety of tenses

6 Key Words for this term

- buscar 4. empezar
- una entrevista 3. anuncios
- 5. ganar 6. desafiante

12.1G Los trabajos

el ama de casa (fem.) housewife el banco bank el/la cajero/a cashier el/la cliente/a cook

customer el cocinero/a estar en paro

to be unemployed el ingeniero/a engineer el jardinero/a gardener **limpiar** to clean

la mitad half la oficina office hairdresser's la peluquería

el peluquero/a hairdresser el/la policía police officer por ciento per cent el/la porcentaje percentage

quisiera I would like resolver to solve, resolve salvar to save temporal temporary

el/la veterinario/a vet la vida life

a principios de at the beginning of el/la administrativo/a clerk, office worker

12.1F Buscar trabajo

ambitious

anciano/a elderly animado/a lively arreglar to sort, fix, arrange el aspecto appearance, aspect atender a to attend to la caja till, check-out el campina campsite el carnicero/a butcher el carpintero/a carpenter la carta letter los conocimientos knowledge el correo electrónico email cortés polite, courteous cuidar a to care for, look after el/la dependiente/a shop assistant el detalle detail dominar + language to be fluent in el/la electricista electrician el empleado/a employee la empresa company, firm en seguida straightaway la energía energy fiable reliable people la gente el/la hombre / mujer de businessman / business woman negocios el juego game el/la maestro/a primary school teacher older mayor organizado/a organised patient paciente la panadería bakerv el panadero/a baker práctico/a practical el problema problem el/la recepcionista receptionist to serve servir sincero/a honest el sitio web website envelope el sobre sueldo wage hard-working trabajador/a el traductor/a translator el trimestre term

variety

Key Verbs Tener Buscar To have

Vas

Va

You go

s/he goes

Vamos

They go

They go

to move up

lorry driver

customer

airline

to share

account

to design

physical

to function

manager

gardener

to clean

to improve

hairdresser

prospect

project

corner

hairdresser's

boss

rain

farmer

las horas de trabajo flexitime, flexible

training

fixed, permanent

accountant

cashier

flight attendant

ability, capacity

postal worker

Van

To go To look for Voy Busco I'm looking for I go

Buscas

Busca

Buscamos

Buscan

He/she/it is looking

We're looking for

They're looking

Haces You're looking for You do

Hacer -

Hago

Hace

Hacemos

We do

Hacen

They do

I do

to do/make

You find Encuentra s/he does He/she/it finds

> Encontramos We find Encuentran They find

Encontrar

Encuentro

Encuentras

To find

I find

12.1H El trabajo ideal el/la abogado/a lawyer el/la albañil builder, bricklayer

el/la amo/a de casa house

husband/housewife

Tengo

I have

Tienes

Tiene

You have

Tenemos

We have

Tienen

They have

ascender

el/la azafato/a

el/la caiero/a

la capacidad

el/la cartero/a

el/la cliente/a

el/la contable

compartir

la cuenta

diseñar

físico/a

la formación

el/la gerente

el/la granjero/a

working hours

el/la jardinero/a

flexibles

el/la jefe/jefa

la peluquería

la perspectiva

el proyecto

el rincón

el/la peluquero/a

limpiar

la Iluvia

mejorar

funcionar

fijo/a

el/la camionero/a

la compañía aérea

He/she/it has

temporal utilizar el viento ya que

temporary to use

12.1H El trabajo ideal

wind as, since



A DES
1002

Translation Practice. G -	blue F – orange H - Green
Me gustaría policia	I would like to be a policeman
trabajar en una tienda	I would like to work in a shop
Quisiera ser	I would like to be a nurse
Me gustaría con animales	I would like to work with animals
Mi madre profesora	My mum is a teacher
Mi hermana en el hospital	My sister works in the hospital
Me interesa el trabajo	The job really interests me
El trabajo me muchas oportunidades	The job will offer me many opportunities
que soy una persona muy trabajadora	I think that I am a very hard working person
empezar el lunes	I can start on Monday
He en una oficina	I have worked in an office
ayudado en el colegio	I have helped at school
El ideal dominará dos idiomas	The ideal candidate will be fluent in 2 languages
un trabajo que me da oportunidades	I'm looking for a job that gives me opportunities
trabajar con una empresa que tiene oficinas en el extranjero	I want to work with a company that has offices abroad
un trabajo que ofrece buen sueldo	I need a job that offers a good salary
con una empresa muy buena	I used to work with a really good company
En el futuro con mis padres	In the future I will work with my parents

Key Questions: Answer the following in your own words. Use these model answers		
¿Te gustaría trabajar en España? ¿Por qué (no)?	Si/No – (no) me gustaría trabajar en España porqueSeria guay trabajar en un país calorosoSeria guay trabajar en un país donde puedo utilizar mis idiomas y mi españolSeria chulo porque hay la posibilidad to ganar más dinero trabajando entre dos paísesSeria bueno conocer a otra gente y hacer nuevos amigos en el extrajero	
A los dieciséis años, ¿crees que es mejor seguir un curso académico o uno de formación profesional?	Hay ventajas y desventajas de hacer un curso académico y formación profesionalLas ventajas de hacer un curso académico son quetienes la oportunidad de ganar más dinero en el futurotienes la oportunidad de aprender más habilidades que serán útiles en el futuro De otro lado, las ventajas de hacer formación profesional son que puedes aprender mientras haces el trabajo puedes ganar más dinero a una edad joven puedes disfrutar de tus días y tus tardes porque no tienes que estudiar y tienes más dinero puedes ganar más confianza con el público mientras trabajas con otra gente	
¿Qué trabajo quieres hacer? Por qué te interesa este trabajo? Qué son las ventajas y desventajas de hacer este trabajo?	En el futuro, quiero ser (job). Quiero hacer este trabajo porque me interesa mucho / puedo ganar mucho dinero / tengo la oportunidad de trabajar en equipos / prefiero trabajar en una oficina/ prefiero trabajar en el aire libre/ quiero un trabajo donde puedo utilizar mis idiomas / quiero un trabajo donde puedo mejorar mi confianza con el público.	
Key Grammar		

do nacer cote trabaje:	contained contained.
Key Grammar	
Forming the preterite (past tense). Always remove the –AR, -ER, -IR endings first	Remember the preterite (past) tense endings for –AR, -ER, -IR verbs. They are: -AR: -é, -aste,-ó, -amos, -astéis, -aron -ER: -í, -íste, -ió, -imos, -istéis, - ieron -IR: -í, -iste, -ió, -imos, -istéis, - ieron
Forming the conditional ('would like to' tense). Always remove the –AR, -ER, -IR endings first	Remember the conditional ('would') tense endings for –AR, -ER, -IR verbs. They are: -AR, -ER, -IR: -ía, -ías, -ía, -íamos, -íais, -ían
Using the immediate future tense IR + A + INFINITIVE	Voy a casarme = I'm going to get married Va a discutir con su padre = He / She is going to argue with his/her father
Conditional Perfect Tense (the 2 tenses put together) "I would have bought"	habría, habrías, habría, habríamos, habríais, habrían + past participle E.g. lo habría comprado pero no tenía tiempo —I would have bought it but I didn't have time

GCSE Business. Paper 2.

8. Making Financial Decisions

1. Gross Profit Margin				
	Explanation			
Gross profit	Gross profit is the difference between a product's			
	selling price and what it costs the business to			
	manufacture/purchase.			
Gross profit margin	The percentage of gross profit made from the sales			
	revenue for a product.			
Gross profit margin	Gross profit margin = Gross Profit			
calculation.	Sales revenue x100			

2. Net Profit Margin			
There are three r	nain types of production:		
Type of	Advantages and Disadvantages		
Production			
Job Production	Advantages: Highly flexible; gives the customer		
	exactly what they want.		
	Disadvantages: High production costs. Skills may		
	be in short supply, making it hard for the business		
	to grow		
Batch	Advantages: Gain some cost advantages from		
Production	producing several items at onceyet still able to		
	offer customers the colour/size they want		
	Disadvantages: May be limited scope for		
	automation, making production costs far higher		
	than with flow production. Not as flexible as job		
	production.		
Flow	Advantages: Can automate production fully,		
Production	making it highly cost effective (which should be		
	good for customers as well as suppliers). Many		
	customers value consistency, and flow will		
	provide an identical product each time.		
	Disadvantages: Likely to be expensive to set up		
	and inflexible to use; could be a disaster if a		
	product life cycle proves much shorter than		
	expected.		
	Lacks flexibility in terms of meeting individual		
	customer needs.		

2. Procurement – Working with Suppliers				
There are five	main factors at the heart of a relationship between a company and its			
suppliers:				
Quality	Suppliers must supply high quality products to businesses, suppliers will			
	struggle to maintain a good relationship with a company if they are not			
	supplying good durable products. First and fore most suppliers must supply			
	high quality materials to businesses.			
Delivery	Suppliers must deliver on time to clients, there is little point supplying at the			
	right price and with the right product, if the product doesn't arrive on time.			
	Failing to deliver supplies on time can bring manufacturing to a halt or leave			
	shops with empty shelves.			
Availability	Suppliers must be available and able to cope with varying orders in a timely			
	fashion and sometimes within a short timeframe.			
	Suppliers must be flexible and aware of the needs of their customers.			
Cost	Cheaper supplies mean lower variable costs and higher profit margins.			
	Therefore, the price charged by a supplier will be a key factor in the			
	relationship between a firm and its suppliers. Price to highly and firms may			
	look to alternative suppliers, price to low and firms may question the quality			
	of merchandise. Pricing is key to the relationship between supplier and firm.			
Trust	Trust is key for the relationship between firm and supplier. Most business			
	transactions are on credit and not cash – therefore suppliers have to be able			
	to trust that a firm will make a profit and be able to pay them back in cash.			
8. Placing Strate	egy – Managing Quality within a Business			
Type of	Explanation:			
Quality				
Control				
Quality	Quality control is a system of inspection to try to make sure that customers			
Control	don't experience a poor-quality product or service. Such controls may			
	include Factory Inspectors at the end of a production line checking the			
	quality of a product			
Quality	Quality Assurance describes the system put into place by a company to			
Assurance	assure quality within the production system. Every member of staff will have			
	responsibilities to quality assure products. Over time this should lead to			
	quality products as people become better at their roles.			
Quality	Quality culture means the general attitudes and behaviours among staff			
Culture	within a workplace is focussed on high quality production. Quality culture			
	describes motivated, punctual, diligent and invested employees who care			
	about the business and strive to improve it.			

GCSE Business. Paper 2.

9. The Sales Process				
Term	Definition			
Customer Engagement	The attempt to make a customer feel part of something rather than an outsider.			
Customer Feedback	Comments, praise or criticisms given to the company by its customers			
Post-Sales Service	Service received after the purchase is completed because something has gone wrong or as a way of promoting customer engagement			
Product Knowledge	How well staff know all the features of the products and service issues surrounding the products.			

edstorner reedback	comments, praise of criticisms given to the company by its customers			
Post-Sales Service	Sales Service Service received after the purchase is completed because something has gone wrong or as a way of promoting customer engagement			
Product Knowledge	How well staff know all the features of the products and service issues surrounding the products.			
9. Customer Servic	ce			
Great Customer Service provides:	is pivotal to any successful business, but there is far more than that to the sales process. To succeed in sales, a business must make sure it			
Component of Customer	Service Term			
Product Knowledge	Customers expect that staff will be sufficiently well trained and well-motivated to have good knowledge of the products and services being offered in order to ensure staff, have good product knowledge, certain things are essential: Good Training – if businesses provide good training to staff, then staff will be knowledgeable about products and therefore will be able to improve the customer experience Loyal Staff – The longer staff stay working in a job the better they become. If staff only stay three to six months, they will never develop a rich understanding of the products and services that the business provides. Well managed businesses pay fairly and treat staff with respect. Committed Staff – Committed and enthusiastic staff are crucial to the smooth running of any business. This is affected by the quality of recruitment the standard of training and the overall culture that exists within the company's workforce.			
Speedy and Efficient Serv	Good customer service is designed for the customer not the company. Efficient service: Gets products to customers exactly when you want them Gets products to customers in good condition If there is anything wrong - it will be sorted out as soon as possible and considerately			
Customer Engagement	In the world of social media, it becomes possible to try to keep customers engaged with the business on a regular basis. Companies engage customers in a variety of ways: E-Mail Social Media (Facebook and Instagram) Post Text Television/Web advertisements. It is vital that customers feel up to date and informed about any product innovations			
Responses to Customer Feedback	How companies respond to customer feedback is vital, providing great customers service where people feel listened too ensures customers conting to come back and buy products from the business. It can cost a lot of money to persuade new customers to come advertising is expensive and it's affects are hard to judge. Building up a reputation for responding to customer feedback can travel by word of mouth and this is much cheaper.			



shared

High quality

Year 11 PRODUCT DESIGN Term 4



		Teal TI FRODUCT DESIGN TEITH 4				6	XV		
A. Finite Reso	urces 🛕 🖺	What we are learning th	is term:	D. Electronic Sys	tems	E.	Metals & Alloys	S	
Finite resources will eventually run out. Coal			B. CAD ronic Systems E.	Input / Sensor		Metals are extracted from natural ore.			
		C. Renewable D. Electronic Systems E. Metals & Alloys F. Surface Treatments		Light-dependent		Ferrous		Non-ferrou	ıs
Advantages	Disadvantages • Produces C02	C. Renewable	Resources	resister (LDR) – changes with light		Low-carl steel)	oon steel (mild	Aluminium	
 Produces high amounts of 	when burned	Available naturally		Thermistor - changes with	Paris de	Cast Iron	า	Copper	
energy • Enough to last	Natural land damage from		ind	temperature			bon steel (tool	Tin	
100s of years	mining	Advantages	Disadvantages	Piezoelectric Sensor		steel)		Zinc	
Natu	ıral Gas	 Constantly available 	High start upLow wind = no	changes with sound/ electric energy	(Q)aL		iron and are	Do not con	- ,
Advantages	Disadvantages	Low running cost	energy • Eyesore			magnetic rust.	c, prone to	not magnet rust.	tic. Do not
Emits less CO2 UK has shale	Highly flammablePollutes water			Process / Contro	ol Device	Alloys			
deposits	1 Ollules water		olar	Switch - turn on and off		Alloys are mixtures of two or more metals to		etals to	
	Oil	Advantages Disadvantages		power		improve its properties or		aesthetic.	
Advantages	Disadvantages	 Reduces energy bills 	High start upNo sun = no	Resistor		Brass	Stainless ste	el High-sp	peed steel
Produces high amounts of	Creates air pollution	Clean resource	energy • Eyesore	- to limit flow of current		F.	Surface Treat	ments of Tin	nber
energy • Easy to store	Large impact on nature	Tidal		Microcontroller - programmable		Used to improve their appearance and to enhance certain properties such as durab			
Nu	clear	Advantages	Disadvantages	decisions		Paint		Oil or	VIII TO SA
Advantages	Disadvantages	Long lastingClean resource	High start upUnknown impact	Output	•	1 dint		Wax	
No harmful gases are	Power stations close after 40yrs	Hydro	 Electricity	Speaker - releases sound		Wood		Varnish	TO ALVE
released • More efficient	Disposal is difficult & costly	Advantages	Disadvantages			Stain		V 4.1.116.1	12 1 4 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
Wore emclent	difficult & costly	No pollution	Affects wildlife	Motor - releases movement			Topolicing / Dr		
B. CAD		Values can be through flooding		releases movement	Drocom	Tanalising / Pr			
Computer Aided Design		opened quickly • Eyesore		Light-emitting diode		Preservatives can be added to extend the lifespan of the timber, protecting it from rot,			
Advantages	Disadvantages		mass	(LED) - releases light		decay and insects.			
Can make quick and easy edits	High start up costs	CO2 released	DisadvantagesCreates pollution	2	3 4	1 5	have	sure-treated to p	
Can be easily shared	Need training Computer issues	used by plants	when burned	TES TES			oat it.		

Takes up land

needed

Replacements

can be grown

Computer issues

e.g. freeze



Year 11 PRODUCT DESIGN Term 4



A.	Finite Resou	rces	What we are learning this term:			D.	Electronic Sys	tems	E.	Metals & Alloy	S
Finite resources will A. Finite Resources B. CAD C. Renewable D. Electronic Systems E.			Input / Sensor Metals are extracted from			n					
Coal			Metals &	Alloys F	Surface Treatments			(Inno	Ferrou	ıs	Non-ferrous
Advant	tages	Disadvantages	C.	Renewal	ole Resources	=					
•		•	Renewa	able resour	ces are			purio .			
					Wind	=					
· _		•	Advant	ages	Disadvantages			7/			
	Natur	ral Gas	•			=				n iron and are	Do not contain iron,
Advant	tages	Disadvantages			_ •			30	magne rust.	tic, prone to	not magnetic. Do not rust.
•		•			_ •		Process / Contro	ol Device	Alloys		
· —		• ———			Solar			1 1 2	Alloys	are	to
	(Dil	Advant	ages	Disadvantages	=			improv	e its	or
Advant		Disadvantages	·		- :						
•		•	•			=		QIII	F.		
l . —					- ·						ments of Timber
					Tidal	=			Used t	0	
Nuclear		Advant	ages	Disadvantages					33/12/11	YARAM IYA ÇAL	
Advant	tages	Disadvantages	:		_ :		Output				
•		•									
		•			ro Electricity						
			Advant	ages	Disadvantages						
B. CAD		•		_ •	=					essure-treated	
CAD stands for					Preser	vatives can be ad	ded to r, protecting it from				
Advant	tages	Disadvantages			Biomass	=					and
•		•	Advant	ages	Disadvantages						sure-treated timber will
. —			•		_ •	1	2	3	"		no need to,
•		•	• =		_ ·					it.	 -
			l —								

Food choice

Food choice

Food choices for a balanced diet depend on many factors, such as:

advertising and other point of sale information;

cost and economic considerations;

cultural or religious practices;

environmental and ethical considerations;

food availability:

food preferences;

food provenance;

health concerns: individual energy and nutrient needs:

portion size;

social considerations.

Consumer information

Information can help consumers make informed choices, including: advertising and marketing: media, online blogs/forums; packaging, nutrition and health claims; point of purchase information and product placement:

Cost and economic considerations

The cost of food and money available will influence people's food choices. If money is limited, people may choose to buy more basic items. Luxury items might then be selected for special occasions.

Budaetina

There are many things that we can do to spend money wisely on food.

Examples can include:

eating the seasons:

stocking up on food with a long shelf-

taking time to plan meals and write a shopping list:

cooking using one pot;

making fake-aways rather than buying takeaways:

using leftovers:

replacing branded items with cheaper items:

comparing prices and shop around to find the cheapest items; growing your own food.

Environmental and ethical considerations

Some considerations when buying food might be:

- fair trade:
- local food:
- genetically modified (GM) food;
- organic food:
- free range.

Food availability

Buying food when it is in season will often mean that the price is lower. Technology and the importation of food has allowed food to be available all vear round.

Food prices

recipe ideas.

Food prices can and do change throughout the year and over time. This may be due to a variety of reasons, including:

- climate and weather patterns:
- crop failure:
- crop disease:
- seasonality;
- consumer demand;
- agricultural costs increase;
- fuel prices go up;
- increased use of bio fuels.

Personal preferences

A number of factors can influence personal preferences, including:

- colour, size and shape of crockery and cutlery used:
- portion size:
- serving style;
- taste, aroma, texture, appearance, shape and colour of food.

Food provenance

Food provenance is about where food is grown, caught or reared, and how it was produced. Food certification and assurance schemes quarantee defined standards of food safety or animal welfare. There are many in the UK. including:

Red Tractor The British









Health concerns

People may choose their food based on their own or their family's health and wellbeina:

- allergy and intolerance, e.g. lactose intolerance, coeliac disease, wheat allergy, diary allergy;
- body image;
- health issues, e.g. coronary heart disease, type 2 diabetes, inflammatory bowel disease, over or under malnutrition:
- mental health.

Individual energy and nutrient needs

The amount of energy and nutrients needed differs between different age groups and between males and females.

Energy needs also depend on activity levels. For example, athletes will have much higher energy requirements due to their high level of physical activity.

Key terms

Advertising: Advertising is a form of communication for marketing and used to encourage, persuade, or manipulate an audience to continue or take some new action.

Ethical: Relating to personal beliefs about what is morally right and wrong.

Food certification and assurance schemes:

Defined standards of food safety, quality or animal welfare.

Food provenance: Knowing where food was grown, caught or raised and how it was produced. Marketing: Promoting and selling products or services, including market research and advertising.

Religion: A particular system of faith and worship. Seasonal food: Food grown at a particular time of year.

Portion size

Having a healthy, balanced diet is about getting the right types of foods and drinks in the right amounts.



Social considerations

- Body image and peer pressure.
- Development of ready meals and a wider range of convenience foods.
- Development of labour saving devices.
- Lack of competence and confidence in the kitchen.
- Lack of time.
- Living arrangement (e.g. living alone).

Food availability

Buying food when it is in season will often mean that the price is lower. Technology and the importation of food has allowed food to be available all year round.

Food choice

Food choice

Food choices for a balanced diet depend on many factors, such as:

Consumer information

Information can help consumers make informed choices, including:

Cost and economic considerations

The cost of food and money available will influence people's food choices. If money is limited, people may choose to buy more basic items. Luxury items might then be selected for special occasions.

Food availability

all vear round.

Food prices

Food prices can and do change throughout the year and over time. This may be due to a variety of reasons, including:

Budgeting

There are many things that we can do to spend money wisely on food. Examples can include:

Environmental and ethical considerations

Some considerations when buying food might be:

Buying food when it is in season will often mean that the price is lower. Technology and the importation of food has allowed food to be available

Individual energy and nutrient needs The amount of energy and nutrients needed differs between different age groups and between males and females.

Energy needs also depend on activity levels. For example, athletes will have much higher energy requirements due to their high level of physical activity.

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A number of factors can influence personal preferences, including:

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People may choose their food based on

their own or their family's health and

Health concerns

wellbeina:









Portion size

Key terms

Ethical:

Advertising:

Food provenance:

Marketing:

Religion:

Seasonal food:

Having a healthy, balanced diet is about getting the right types of foods and drinks in the right amounts.

Food certification and assurance schemes:



Social considerations

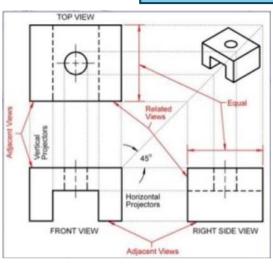
Food availability

Buying food when it is in season will often mean that the price is lower. Technology and the importation of food has allowed food to be available all year round.

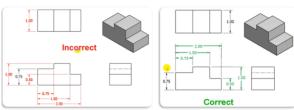


Year 11 Engineering Term 4 (Unit 2)

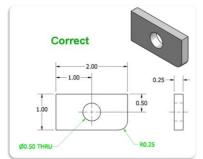


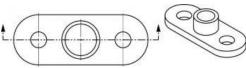


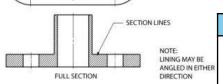
7. Whenever possible, locate dimensions between adjacent views



14. In general, a circle is dimensioned by its diameter and an arc by its radius.







B. Orthographic, isometric and section views

To translate isometric to orthographic, you need to always **draw your guidelines** and your **45° guide line.**

To draw a section view, show ${\bf solid}$ areas with hatch lines.

C.	laterial properties		
Strength Ability of a material to withstand compression, tension, torsion, bending, and shear.			
Hardness Ability to withstand abrasion and wear and tear.			
Toughness	Materials that can withstand impact or are hard to break or snap are tough & can absorb shock.		
Malleability Being able to bend or shape easily would make a material easily malleable			
Ductility	Materials that can be stretched along their length are ductile		
Elasticity	Ability to be stretched and then return to its original shape		

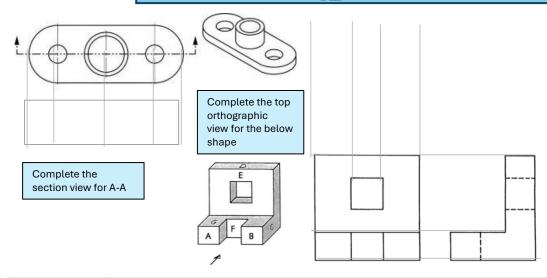
D.	Tools &	Equipment 🦚
		Forstner bit. Used to cut large diameter circular holes in wood.
		Lathe knurling tool, used to add surface texture to turned objects on the lathe.
		Chuck key, used to loosen or tighten the chucks (gripping parts) of various machinery.
		The centre punch is made from mild steel, with the point hardened and tempered, so that it withstands impact with the material it is marking. It is normally used to mark the centre of a hole to be drilled
		A Vernier caliper. Can take internal, external and depth measurements.

E.	Material	categories				
Polymers (Plastics)		Thermoforming – melt when reheated Thermoset – burn when reheated				
Met	als	Ferrous – contain iron, rust and can be magnetic Non-ferrous – corrode instead of rusting, no iron				
Timbers (wood)		, , ,				
(com	posites bined rials)	Sheet-based – sheets of material glued together plywood, chipboard. Cheap and easy to manufacture with. Fibre-based – glass reinforced plastic, carbon fibre. Very strong and light				
Sma	art erials	Materials that change their properties when given a stimulus. Thermochromic – changes colour in heat Photochromic – changes colour in light Shape memory alloy – can return to its original shape when heated				



Year 11 Engineering Term 4 (Unit 2)





В.

To translate isometric to orthographic, you need to always draw your and your				
	areas with hatch lines.			
Material properties				
	Material properties	line, show areas with hatch lines. Material properties		

D. Tools &	Equipment 🦓
4	Forstner bit. Used to cut large diameter circular holes in wood.
	Lathe knurling tool, used to add surface texture to turned objects on the lathe.
	Chuck key, used to
	The centre punch is made from mild steel, with the point hardened and tempered, so that it withstands impact with the material it is marking. It is normally used to mark the centre of a hole to be drilled
	A Vernier caliper. Can take internal, external and depth measurements.

E.	Material	categories
Polymers (Plastics)		Thermoforming – melt when reheated – burn when reheated
Metals		Ferrous – contain, rust and can be magnetic Non-ferrous – corrode instead of rusting, no
Timbers (wood)		Hardwoods – from trees that, slow growing and expensive Softwoods – from trees that their leaves in winter, fast growing and soft
		Sheet-based – sheets of material glued together plywood, chipboard. Cheap and easy to manufacture with. Fibre-based – glass reinforced plastic, carbon fibre. Very strong and light
		Materials that change their properties when given a - changes colour in heat - changes colour in light - can return to its original shape when heated

Interpreting Theatre – COMPONENT 3 – Eduqas GCSE DRAMA SECTION B - 15 marks Question focus on design

Remember: Questions can vary and can focus on the following: LIGHT, SOUND, SET and PROPS, COSTUME, MAKE-UP and HAIR, ATMOSPHERE and MOOD, and USE OF SPACE.



COSTUMES MAKE-UP AND HAIR:

You will need to start by discussing the production style, e.g. Musical, Naturalistic or Symbolic Drama; then the period, venue

and time. Choose the characters that are a good example of costume, make-up and hair design. You can discuss the costume's fabric, colours and style. The colour might symbolise the character's emotion or motivation and helps the interpretation. You can discuss the costume in detail from head to toe, giving your opinion on the effectiveness of design. Also discuss the costume's condition and quality and also how this lead the audience to judge or sympathise with the character.

Remember - The hair and make-up will need to be discussed and their effect explained, e.g. messy hair, white make-up, a lot of lipstick.



USE OF SPACE:

Explain what was the set's production style and also, was it essential to the shape of the stage? This will give an idea of the size

of the space. The stage might be narrow and the set might be bare to give fair attention and a chance for the actors to use as much space as possible. If so, how were the locations created? Was there a change in atmosphere? Did a particular light suggest that? Were simple levels changed from one area of space to another? Was the space meant to be closed in order to create the theme of frustration and boredom? How did the actors make the most of the space they had? If the production was on a wide stage, there would be an opportunity to use several resources, sets, levels and rostra to create locations. Actors' locations could vary frequently and move to create an atmosphere of excitement and vitality. There may be many actors and a chorus coordinating and making effective use of the space in one scene of the production. Remember, when discussing space, you will need to refer to the equipment in the space and characters' locations.



MOOD AND ATMOSPHERE

Many theatrical resources can create mood and atmosphere in a production. But whilst referring to the designer's role,

you could discuss the lighting, sound, costumes and set designer's work. However, one of these may have made more of an impression on you than the others. So, choose the show carefully, and initially, discuss the drama's style and context, e.g. Musical, Theatre Show in Education, production of Shakespeare's work, perhaps. Try to describe a scene (or scenes) that was/were full of tension and built tension amongst the audience, e.g. slowly increasing sound, the light fading or changing colour, the actor adding a piece of costume or using props in a symbolic way. A series of images on screen or a film might add to the mood. Theatre designers have so many possibilities to create mood and atmosphere.



LIGHT:

You will need to start by discussing the style of the production, e.g. Musical, Naturalistic or Symbolic Play, then the

type of set and stage shape. The designer will have selected the types of light in order to reinforce this style. Choose a particular scene or scenes (depending on the question), which will be effective examples of lighting. You can discuss the types of lamps used, e.g. wash, fresnel, beams, profile and strength; and also the angles and how the set and actors were lit. Discuss the colours and gels and how this created an atmosphere. Gobos, cyclorama, a video screen or specific images might have been used. Lighting from the back can cast shadows and create a more sinister mood. The lighting for your production may be more simple but effective for different reasons, e. g. to emphasize themes or symbolize emotion.



SOUND:

You will need to start by mentioning the style of the production and then discuss how the sound enriched the show. The

designer may have chosen the sound to match the period, social background of the play or specific themes. However, the designer may want to create a more vague or suggestive sound. Once again, the sound will have to be discussed in one scene or scenes. Sound can be a piece of music that's already been recorded or live music. It may also be a recorded sound effect or a live sound effect, e.g. a gun firing on or off stage, sounds off stage. Explain how the sound created a mood and atmosphere in this piece and helped the production to flow smoothly, or created a blanket in the background. You will need to mention the sound levels and volume and its impact, e.g. sinister or peaceful sound, classical or contemporary music; appropriate instruments to create a mood e.g. saxophone.

SET AND PROPS:

00

Comment on the style of the production and the design of the set. You will need to mention the shape of the stage, the

drama period and the general appearance of the set, e.g. naturalistic, minimalistic, symbolic, bare. You can also discuss where the audience is situated in relation to the show, e.g. theatre in the round, traverse or proscenium theatre. Then proceed to explain the type of set used and how effective that was, e.g. painted flats, the colours and patterns; they may have been covered by material. The mobile platforms and rostrum that created a specific shape and location on the stage floor. Different levels that represented the status of particular characters or areas in the plays, e.g. scaffolding, the use of stage furniture and equipment, curtains and gauze. Consider the back of the stage as well and what was used to cover the walls, and also the ceiling and floor. You can discuss the materials, e.g. metal, wood or plastics, and also the colours used.

PROPS - Don't forget to discuss the props in terms of their period, colour, quality and condition and how they created impact and reinforced the production.



Interpreting Theatre –
COMPONENT 3 –
Eduqas GCSE DRAMA
SECTION B - 15 marks
Question Focus on Acting

Remember: The questions can vary and focus on the actor's use of PHYSICAL SKILLS, VOCAL SKILLS, INTERACTION, INTERPRETATION OF CHARACTER.

PHYSICAL SKILLS:

You will need to specify how the actor interprets the character through his use of gestures, posture, walk, physical responses, facial expressions, position on the stage, special territories, stillness, use of space, set and personal equipment and props. To begin with, briefly mention the character, background, age, importance and social status because all of this is dependent on the actor's interpretation of the role he/she portrays. You can then specify and give examples of how the actor succeeded in physically conveying the character in a scene OR two scenes of the production in question (read the question carefully). You can give examples from the beginning, middle and end of the scene in order to organise the answer.

Remember to use plenty of terminology.



VOCAL SKILLS:

You will need to specify how the actor interprets the character through their use of tone and vocal tempo, perhaps accent, pitch, emphasis on words, use of pauses to create tension, pronunciation and constructiveness. Choose a specific scene or two, and discuss how the actor used the skills to create and enrich the role. You can refer to the character's background, age, status and motivation in this particular part. You can refer to the beginning, middle and end of a scene of your choice and elaborate on the skills associated with the voice.

Remember to use plenty of terminology.



INTERACTION SKILLS:

You will need to specify

how the actor responds to the rest of the actors on stage, the distance and proximity between them and what was the significance of this. Was the actor moving deliberately to suggest a feeling or emotion? The actor may be using a series of facial gestures and responses, e.g. folded arms, eyes rolling, scrunched face, walking back and forth, pointing or back turned. Remember that the impact of this on the rest of the actors needs to be explained and how this succeeded in causing tension, a feeling or an emotion. What was the impact of this on the audience? Decide on specific examples from a scene or two scenes - once again, it depends on the question.



CHARACTER INTERPRETATION:

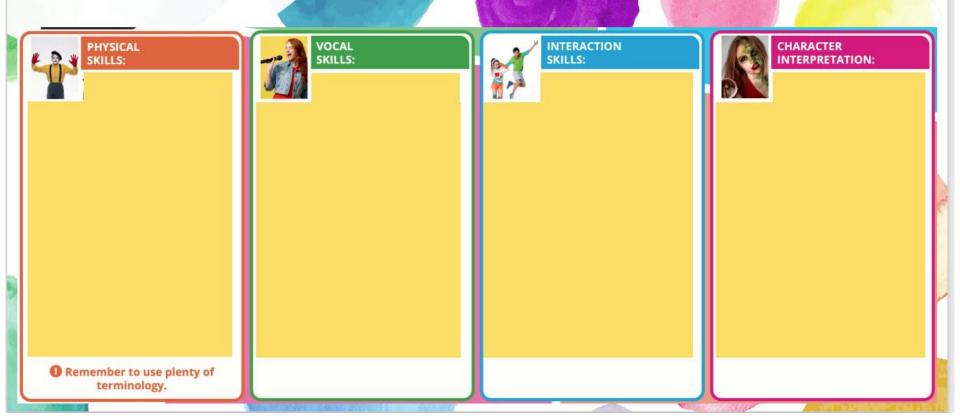
The character (or characters)

in question will need to be discussed in terms of age, social class, intent and motivation, background and their relationship with the rest of the characters in the scene. Explain how the actor used the physical skills to interpret the role, then the vocal skills and interaction skills. Stick to the order of referring to the beginning, middle and end of a scene or scenes to organise your answer.

Remember to use the appropriate terms.

Interpreting Theatre –
COMPONENT 3 –
Eduqas GCSE DRAMA
SECTION B - 15 marks
Question Focus on Acting

Have a go at answering these questions about the live performance you watched - Curious Incident Remember: The questions can vary and focus on the actor's use of PHYSICAL SKILLS, VOCAL SKILLS, INTERACTION, INTERPRETATION OF CHARACTER.



Exploring the Elements of Music and the Functions of a Keyboard Why? - To excel in listening, analysis, composition & performance

A. MELODY

Melody is a succession of pitches in rhythm. The melody is usually the most memorable aspect of a song, the one the listener remembers and is able to perform.

	•	
KEYWORD	MEANING	
Pitch	How high or low a sound is	
Octave	A series of 8 notes e.g., C-C, D-D	
Pentatonic	A musical scale with 5 notes	
Range	The distance between the lowest and	
	highest pitched note in a melody	
Motif	A repeated theme that is memorable	
Hook/Riff	A very catchy melodic phrase	
Imitation	Repeated melody in a different	
	instrument or voice	

B. ARTICULATION

Articulation refers to the way that notes should be performed. There are many types of articulation, with each having a different effect on how the note is played.

	. , ,
KEYWORD	MEANING
Staccato	Short and detached notes
Legato	Smooth and slurred notes
Accent	Emphasis placed on a particular note/beat
Pizzicato	Plucked strings
Arco	Bowed strings
Col Legno	Hitting strings with the wood of the bow
Glissando	Sweeping notes (think of the harp)
Vibrato	Subtly vibrating the sound by alternating
	the pitch between two notes

C. DYNAMICS

The dynamics of a piece is the variation in loudness between notes or phrases. Musicians use a variety of dynamics to add excitement and emotion to songs.

KEYWORD	MEANING	SYMBOL
Pianissimo	Very quiet	рр
Mezzo Piano	Moderately quiet	тр
Piano	Quiet	p
Mezzo Forte	Moderately loud	mf
Forte	Loud	f
Fortissimo	Very loud	ff
Crescendo	Gradually louder	
Diminuendo	Gradually quieter	

D. TEXTURE

playing and how many different parts there are.

KEYWORD	MEANING
Unison	All playing or singing the same note
Thick/Thin	Number of layers of instruments/voices
Monophonic	A single line of musical notes
Homophonic	Moving together in chordal fashion
Polyphonic	Multiple layers, weaving melodic lines
Tutti	Meaning 'everyone' or 'all together'
Call &	Like question and answer – two parts
Response	having a musical conversation
Countermelody	A tune that complements the main melody

E. STRUCTURE

Texture describes how layers of sound within a piece of music Structure is the order that different parts of the song are played interact. Texture is determined by how many instruments are in. The basic structure of a song can include an intro, verse, prechorus, chorus, and bridge.

KEYWORD	MEANING	
Binary	Two main sections, AB	
Ternary	Three distinct sections, ABA	
Rondo	Initial section that recurs, ABACADA	
Theme &	A melody is stated and is then repeated	
Variations	several times with changes	
Verse	Tells the main story of a song	
Chorus	A catchy part that is repeated in a song	
Bridge	A contrasting section that prepares the	
	listener for the return of the chorus	

F. HARMONY

Harmony is the blending of simultaneous sounds of different pitch. A harmony differs from a melody in the way that it stacks multiple notes on top of one another to create a sound.

KEYWORD	MEANING
Chord	Three or more notes played together
Triad	Three notes: root, third, fifth
Arpeggio	Broken chord: notes are sounded individually
Perfect	Two chords at the end of a passage that sound
Cadence	as though the music has come to an end
Imperfect	Two chords at the end of a passage that make
Cadence	the music sound unfinished
Modulation	The change from one tonality to another
Dissonance	Two or more clashing notes

Question	Answer	Question	Answer
Identify this musical symbol		What is a Motif?	
What does this symbol mean? ${\it p}$		What does pizzicato mean?	
What does Homophonic mean?		What does Fortissimo mean?	
How many sections are there in a Binary form piece of music?	1 2 3 4	Draw the symbol for Fortissimo	
What sections are in a Ternary Form piece of music?	AB ABA ABACA	Identify this musical symbol	
Identify this musical symbol		What does the above symbol mean?	
What does this symbol mean?		Put these dynamic markings in order from quietest to loudest: p ff f mp pp mf	
What is the definition for a hook/riff ?		What is an accent? The symbol is >	
How many beats is this note worth?		What's the musical term for notes that are played short and detatched?	
What is the musical term for notes that are played smooth and slurred?		What does Pentatonic mean?	
What is an Octave?		What texture has multiple layers and weaving melodic lines?	

G. INSTRUMENTS **KEYWORD MEANING** Strings Violin, Viola, Cello, Double Bass, Harp Trumpet, French Horn, Brass Trombone, Tuba Piccolo, Flute, Clarinet, Woodwind Oboe, Bassoon Timpani, Xylophone, Percussion Glockenspiel, Maracas Highest female singing voice Soprano Alto A lower female singing

Rhythm involves time—the duration of musical sounds. Rhythm can exist without melody, as in the drumbeats of music, but melody cannot exist without rhythm.

H. RHYTHM

,	,	
KEYWORD	MEANING	SYMBOL
Semiquaver	1/4 beat	
Quaver	½ beat	
Pair of Quavers	1 beat	
Crotchet	1 beat	
Minim	2 beats	
Dotted Minim	3 beats	0.
Semibreve	4 beats	0
Breve	8 beats	

I. TIMBRE

Timbre refers to the quality of a sound made by a particular voice or musical instrument. It is what makes a musical note sound different from another one.

ADJECTIVE	INSTRUMENT	ADJECTIVE	INSTRUMENT
Sweet	Flute	Hollow	Xylophone
Nasal	Oboe	Booming	Bass Drum
Tinkly	Glockenspiel	Muted	French Horn
Pounding	Timpani	Dull	Viola
Brassy	Trumpet	Breathy	Saxophone
Mellow	Clarinet	Shrill	Piccolo
Rich	Cello	Pure	Violin
Crashing	Cymbals	Rattly	Maracas
Dark	Double Bass	Reedy	Bassoon

J. TEMPO

Tenor

Bass

Tempo means the speed at which a piece of music should be played. As with many other musical terms, Italian words are

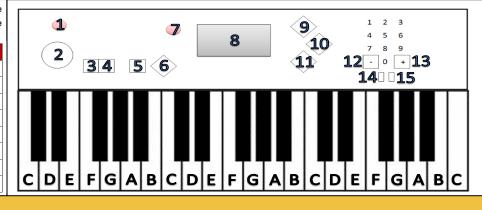
voice

Standard male singing voice

Low male singing voice

used to describe different tempos of music.		
KEYWORD	MEANING	SYMBOL
Presto	Very fast	168-200Ьрт
Allegro	Fast	120-168Ьрт
Moderato	Moderate	108-120Ьрт
Andante	Walking pace	76-108Ьрт
Adagio	Slow	66-76Ьрт
Largo	Very slow	40-66Ьрт
Accelerando	Gradually faster	accel.
Rallentando	Gradually slower	rall.

K. LAYOUT AND FUNCTIONS OF A KEYBOARD



- 1. Power Button (on/off)
- 2. Volume
- 3. Accompaniment
- 4. Intro/Ending 5. Sync. Start
- 6. Start/Stop Button
- 7. Tempo Button
- 8. Screen
- 9. Song
- 10. Voice
- 11. Style
- 12. Go left on options
- 13. Go right on options
- 14. Dual

L. DRILL TERMS

KEYWORD	MEANING
Treble Clef	Also known as the G Clef as it starts on the G line
Bass Clef	Also known as the F Clef as it starts on the F line
Stave	5 lines, 4 spaces that music notes are written on

KEYWORD	MEANING
Quaver	A note that lasts for ½ beat
Crotchet	A note that lasts for 1 beat
Minim	A note that lasts for 2 beats

KEYWORD	MEANING			
Dotted Minim	A note that lasts for 3 beats			
Semibreve	A note that lasts for 4 beats			
Sharp/Flat	Higher/Lower by 1 semitone			

How many Semi-quavers are in a Crochet?	What Instrument has a Dark Timbre?	
What does Accelerando mean?	What is the definition of Allegro?	
Give the names of 4 Brass instruments	How many Quavers are in a Minim?	
How many Beats is this note?	What does Alto mean?	
What is the name the note?	What Clef is also know as the F Clef ?	
What does the word Presto mean?	Identify this musical symbol	
List 3 instruments found in the Brass section of an orchestra	How many beats is this symbol?	
Solve this problem:	List 3 instruments found in the Woodwind section of an orchestra	
What note lasts for 4 beats?	What musical term is used for the highest female singing voice ?	
What does Sharp/Flat mean?	What Timbre does the Violin have?	
What does the key word Andante mean?	List 3 instruments that can be found in the string section	

Question

Answer

Answer

Question

What we are learning in LAA: В Definitions of heath and well-being Key words Positive Definition Looks at how physically fit and mentally stable a person is. You have a positive attitude Definitions of health and wellbeing towards health and wellbeing if you realise that there is something you can do to improve Genetic inheritance your health and wellbeing and do it. Looks at the absence of physical illness, disease, and mental distress. You have a negative Negative definition attitude towards your health and wellbeing if you: Key words for this Unit Base your attitude on not having anything wrong with you. Continues as you are- Inc. keeping bad habits like smoking. Genetic The genes a person inherits from inheritance their parents Assume that because you currently feel fine you will stay healthy in the future. Holistic definition It is a combination of physical health and social and emotional wellbeing. It is not just the Predisposition Someone is more likely to suffer from a particular condition absence of disease or illness; it looks at all aspects of a person's health and wellbeing. You have a holistc attitude towards health and wellbeing if you look after your: Chronic Gradual illness that is long term Intellectual **Physical Health:** (longer than 3 months) and Be meeting the needs we have to keep our bodies working as well as they can, e.g. Food, generally can be treated but not water, shelter, warmth, clothing, rest, exercise and good personal hygiene. cured Intellectual health: Acute A short-term illness that can be Physical Emotiona By meeting the needs we have to develop and keep our brains working as well as possible; cured these include mental stimulation to keep us motivated and interested. Monitor To check progress over a period of Spiritual **Emotional aspects of wellbeing:** time. By meeting the needs we have that make us feel happy and relaxed, e.g. being loved, Person-Centred Planning care around the wants respected and secure. Knowing how to deal with negative emotions, having positive selfand needs of a service user concept and being respected by others. Bereavement The process of coming to terms Social aspects of wellbeing: with the death of someone close. By meeting the needs we have to help us develop and enjoy good relationships with others, including mixing with others in appropriate environments and having access to leisure Circumstances Events that change your life, over facilities/ activities. which you have no control C. Genetic inheritance Physiological Relates to how a person and their bodily parts function normally. Genes and environment Inherited physical Characteristics Interpret understand an action, mood, or Children inherit their physical; characteristics from their Chromosomes carry genes that determine aspects of persons way of behaving as having a parents e.g. height, skin and eye colour and hair type physical makeup. particular meaning and colour. Gene is a section of DNA that carries a code. Different versions These characteristics can affect social and emotional of a gene are called alleles (they can be faulty). Collaboratively Working well together with other welling because they influence a person's self-concept Environmental factors such as diet, also influence physical poeple or services (self-image and esteem). appearance. For example, a person may not grow to their full, Obstacles Difficulties a person might face genetically determined height if they do not have enough food. when they implement a plan. Effects of Allele type Dominant: Physical health: Body systems, growth and mobility What you want to achieve in the Goal inherited Intellectual welling: learning, thinking, problem If a gene is dominant a child inheriting it long term from only one birth parent will have the disorders solving and decision making. condition, e.g Huntington's disease. Emotional wellbeing: how people feel about Norm Something that is usual, typical or themselves. standard Recessive: Social wellbeing: the ability to build relationships If the gene is recessive a child would only and maintaining them. **Targets** Challenges to help you reach your develop the condition if it was inherited from goal both birth parents, e.g. Cystic fibrosis.

wnat we are learn	ing in LAA:	B Definitions of neath and well-being					
	B. Definitions of health and wellbeing		finition				
A. Define the key words for this Unit		Negative definition					
Genetic inheritance		Holistic def	inition	Definition:			
Predisposition							
Chronic			Intellectual	Physical Health	:		
Acute		Physical	Holistic Emotional	Intellectual health:			
Monitor		Spiritual		Emotional aspects of wellbeing:			
Person-Centred				Emotional aspects of wellbeing.			
Bereavement				Social aspects	of wellbeing:		
Circumstances			Our effect to be effective.				
Physiological		C.	Genetic inheritance				
		li	nherited physical Charac	teristics		Genes and environment	
Interpret		•			•		
Collaboratively		•					
Obstacles		Allal	Deminent		F#		
Goal		Allele type	Dominant:		Effects of inherited disorders		
Norm			Recessive:				
Targets						•	

What we are learning in LAA:

D. Balanced diet

you need



E. Chronic and acute illness F. What are the effect of exercise? G. What are the effect of excessive substance use?						
D. Balanced diet						
 What is a balanced diet? Diet that contains the correct nutrients in the right proportions to keep out bodies and minds healthy. It is also a lifestyle choice Choosing to eat too much or too little might make us less able to take all the opportunities that life offers. 						
Overweight or underweight may:	A person over weight or under weight may: Be prone to illness and conditions Have their life expectancy reduced Be less able to exercise effectively Miss out on learning experiences Miss out on some sporting activities Be less successful in job interviews Feel embarrassed and self-conscious about their appearance in social situations.					
Essential parts of a healthy diet:	 Fats (saturated and unsaturated) Carbohydrates (sugars and starches) Minerals Vitamins Proteins 					
Est well guide says you should eat:	 Eat at least 5 portions of a variety of fruit and vegetables every day. Base meals on potatoes, bread, rice, pasta or other starchy carbohydrates; choosing wholegrain versions where possible. Have some dairy or dairy alternatives (such as soya drinks); choosing lower fat and lower sugar options. Eat some beans, pulses, fish, eggs, meat and other proteins (including 2 portions of fish every week, one of which should be oily). Choose unsaturated oils and spreads and eat in small amounts. Drink 6-8 cups/glasses of fluid a day. 					
If you eat more than you need:	 The body will store food as fat and this can lead to: Obesity, heart disease, high blood pressure, Strokes, Tooth decay or cancer 					
If you eat	The body does not get enough nutrients to grow and develop properly and this can lead to: Esting disorders at upped growth appearing boott failure.					

Eating disorders, stunned growth, anaemia, heart failure,

depression, tiredness, cancer or rickets.

Chromic or Acute Illness

Chronic illness- Illness comes on gradually, is long term (more than 3 months) and generally can be treated but not cured. E.g Asthma, Diabetes, epilepsy, bipolar disease, Alzheimer's disease **Acute illness-** Illness comes on quickly, is short term and can be cured. E.g. Cold, flue, broken bones, heartburn, appendicitis or Diarrhoea.

Some chronic conditions are acute but may develop because of chronic conditions. For example: osteoporosis (a chronic condition that weakness bones) masking their bones fragile and more likely to break. Broken bones are then an acute condition.

Possible negative effects of chronic illness

Physical:

Ε

- · poor rate of growth
- Unusual physiological change during puberty
- Restricted movement
- Emotional:
 - Negative self-concept
 - StressDecision making

restricted movement

Intellectual:

- Disturbed learning because of missing school
- Difficulties in thinking and problem solving
- Memory problems.

Social

- Isolation
- Loss of independence
- Difficulties developing relationships

F. What are the effect of exercise?

Positive effects of exercise



<u>Physical:</u> maintain a healthy weight, reduce BMI, boosting energy levels. Improved flexibility, stamina, endurance and stronger bones and muscles.

Reduce risk of heart disease and diabetes.

Intellectual: improved brain function like mentor and thinking skills.

Emotional: improves confidence and mood and reduces stress. Aid relaxation and sleep and lead to better self concept.

Social: encourages social interaction, reducing isolation and improving social skills.

Negative effects of exercise

Physical: Obesity and associated health problems.

<u>Intellectual:</u> Reduced pain performance, hard to concentrate and retain information.

<u>Emotional:</u> poor self-concept and reduced ability to cope with stress. <u>Social:</u> Fewer opportunities for social interactions.

G. What are the effect of excessive substance use?

Negative effects of excessive alcohol consumption



<u>Physical:</u> Alcohol dependence, damage to major organs: liver, heart, kidneys, pancreas. Cancers: mouth, throat, oesophagus, liver, breast. Infertility and impotence, weight gain.

Intellectual: difficulty in making decisions, depression and anxiety, chance of stroke and brain damage, impaired brain development of unborn baby.

Emotional: poor self-concept, poor judgement leading to a risk of accidents and unsafe sex, can have an impact on relationships, depression.

<u>Social:</u> breakdown of relationships, domestic violence, social isolation

What we are I	What we are learning in LAA:		Chror	Chromic or Acute Illness				
F. What are th	diet id acute illness he effect of exercise? he effect of excessive substance use?	Chronic	illness-			Acute illness-		
D. Balan	ced diet	Explanati	on:					
What is a balanced			Possible negative effects of chronic illness					
diet?		Physical:		Em		tional:		
Overweight or underweight may:		Intellectu	al:		Socia	al		
		F.	What ar	e the effect of exercise?				
		Positive e	effects of	Physical:				
Essential parts of a		exercise		Intellectual:.				
healthy diet:			.Y	Emotional:				
Est well guide says				Social:				
you should eat:		Negative exercise	effects of	s of Physical:				
		0,010,00		Intellectual:				
				Emotional:				
				<u>Social:</u>				
		G.	What ar	e the effect of excessive subst	ance u	use?		
If you eat more than		Negative excessive consump		Physical:				
you need:		Consum	11011	Emotional:				
If you eat less than you need				Social:				

and their health and wellbeing- pass on infection

Discomfort for the person being cared for

because of the odour or visible dirt under

fingernails.

Irritant particles cause: What we are learning in LAA: What are the hazards of Smoking Nicotine causes: bronchitis The effects of social interactions on wellbeing addiction · emphysema · increased blood clotting leading What are the effects of stress on health and wellbeing · asthma What are the hazards of smoking Heart disease and poor circulation mean: to thrombosis. · smoker's cough. K. What are the effects of personal hygiene · increased blood pressure · increased risk of heart attack Conditions such as: H. The effects of social interactions on wellbeing · narrowing of the arteries. stroke · gum disease. Social When people feel they belong to a group and can interact with others. Social interactions can happen integration Carbon monoxide causes: Tar causes cancers of the nose, between family members and friends, work colleagues, decreased oxygenation The hazards of throat, tongue, lungs, stomach school learners, members of a community or interest · poor growth smoking groups. and bladder. · extra work for the heart increased risk of thrombosis. Social isolation Occurs when people do not have regular contact with Smokers': others. This may be because they don't go out much · breath and clothes smell of because of physical illness, reduced mobility or Exposure in childhood means that smoke unemployment. They might have a difficulty in children: · hands and nails are nicotine communicating if they have a mental illness, depression · are prone to chest infections and asthma or learning difficulties. Lastly, a person might be stained Exposure in pregnancy causes: • tend to be smaller and weaker discriminated against because of culture, religion or · faces often become wrinkled from smaller babies · do less well at school. disability. the effects of smoking. · more stillbirths · more miscarriages. Positive effects of Physical: physical support and day to day care and practical assistance. **Intellectual:** shared experiences, supported learning and thinking relationships **Emotional:** unconditional love, security and encouragement, positive self-concept, What are the effects of Personal Hygiene? feeling content, ability to build relationships with people outside the family. independence and confidence. Positive effects Helps prevent the spread of infection Social: Companionship, social circle increases. Improves self-concept of good personal hygiene Reduces number of bacteria that lives on us. Negative effects of social Physical: poor lifestyle choices like smoking and drinking, poor diet that can cause You must: isolation eating disorders. Brush vou teeth Intellectual: reduced ability to use thinking skills, missing school/work Shower daily or bath Emotional: feelings insecure, depression, anxiety, negative self-concept, feeling of Wash your hair regularly hurt, loneliness and distrust, lack of independence, difficulty in controlling Keep fingernails and toenails clean and trimmed emotions. Social: difficulties in building relationships as lack skills. Negative effects Physical: catching and spreading disease like food poisoning, sore throat, meningitis and athlete's foot. of poor personal What are the effects of stress on health and wellbeing hygiene Bad body odour, bad breath and tooth decay. Emotional: loss of friendships and social isolation. **Physical effects** Intellectual effects **Emotional effects** Social effects Might be bullied and poor self-concept. Social: low social interactions as people don't want to be friends with someone that neglects their Increased heartbeat Forgetfulness Difficulty in controlling Difficulty in making hygiene. Social isolation. Increased breathing rate Poor concentration emotions friends and building Tense muscles Difficulty in making Feeling insecure relationships When caring for Bad hygiene can stop effect communication. Negative self-concept Breakdown of close Sweaty palms decisions Negative effect on the person being cared for others: Feeling anxious and relationships Dry mouth

Social isolation

frightened

Loss of confidence

High blood pressure

Digestive problems

Loss of appetite

Sleeplessness

			Tour TT	DIEG Health and Go	olai Gaic <u>Goill</u>	orioni o	. Hould and Wo	insting. LAA	83
What we are learning in LAA:					J.	What are th	ne hazards of Smokir	ng- draw out the mind map in the sp	ace below
I. WI J. WI	nat are the e nat are the h	ffects of s	eractions on wellbeing stress on health and wellbeir f smoking personal hygiene	ng					
Н.	The effect	s of soci	ial interactions on wellbeir	ng					
Social integrat	ion								
Social i	solation								
Positiv relation	e effects of		Physical:	·					
eiatioi			Intellectual:.	tellectual:.				the effects of Personal Hygiene?	
			Emotional:				Positive effects of good personal	•	
	\ /		Social:				hygiene	You must:	
Negativ isolation	e effects of s	social	Physical:					•	
		2	Intellectual:				1 0	:	
1	MAR ($ \mathbb{I}_{j} $	Emotional:						
·		00	Social:				Negative effects	Physical:	
l.	What a	are the e	ffects of stress on health a	and wellbeing			of poor personal hygiene	_ , ,	
Ph	ysical effec	ts	Intellectual effects	Emotional effects	Social effect	s		Emotional:	
								Social:	
							When caring for others:	•	
								•	
								·	

N.

Moving to

house or area

Retirement

a new

Excitement

relationships

and friends

Reduced stress

physical activities

Develop new friendships and

Time to socialise with family

Opportunities for leisure of

Unhappiness at loss of old life

Loss of relationships with

colleagues Possible loss of fitness and mobility

Loss of intellectual stimulation and

Stress of moving

Social isolation

status

What we are learning in LAA:							
M. What are N. What are	 M. What are the effects of unexpected life events on health and wellbeing N. What are the effects of economic factors (e.g, income) on health and wellbeing 						
L.	What are the barriers to seeking help.						
Culture	Accessing HSC services can be influenced by values, traditions, way of life and beliefs of the society or group. Some may have received discrimination when accessing other services. Some may not speak English well enough. Values and traditions not understood e.g. eye contact means respect in some cultures but not others. Some cultures a woman must be treated only by a female professional. Alternative therapies are used in some cultures						
Gender	Research shows that men are lesson likely to talk about their health and wellbeing than woman. This is because men are: Often less open about their feelings Sometimes reluctant to appear vulnerable by asking for help Not aware of poor health signs as health campaigns target women's health more Unhappy to be examined by a female health worker.						
Education	Research shows that people who are better educated are more likely to seek help. This is because: They like to research symptoms and know when help is needed Understand the importance of early diagnosis and treatment Know how and where to access services.						
Stigma	In some cultural groups there is a stigma a depression. Stigma is a word used to descembarrassed about. Therefore, they would	cribe something that people feel					
M. What	are the effects of unexpected life events	on health and wellbeing					
Life event	Positive Effects:	Negative Effects:					
Imprisonment	Depression Loss of contact with family and friends Social isolation Restrictions on physical activity	Opportunity to study Improvement in health through balanced diet, lack of alcohol, reduced use of nicotine					
Redundancy	Poor self-concept Anxiety about finances Fewer opportunities	Opportunities to study or train for a new job More time to spend with family and friends					
Exclusion or dropping out of education	Loss of contact with friends Social isolation Poor self-concept Lack of learning opportunities	Catalyst for change of behaviour Opportunities for more suitable study or work situation					

	Positive Effects:	Negative Effects:	
Physical	 Better financial resources can result in good housing conditions and healthy diet Manual jobs may improve muscle tone and stamina. 	 Low wages can affect diet ad housing, leading to poor health. Manual jobs can cause muscular and skeletal problems Desk jobs lead to less activity and weight gain. 	
Intellectual	 Better financial resources can result in more leisure time for intellectual activities Work, education or training helps to develop problem solving and thinking skills 	 Some people work very long hours to improve their financial position, leading to less leisure time and reduced learning opportunities. Being unemployed can result in poor mental health. 	
Emotional	 A well-paid job gives a feeling of security. Being financially secure promotes positive self- concept 	 Financial worried can result in stress and breakdown of relationships. Unemployment or low-status work can lead to low self-concept 	
Social	 Better financial resources provide opportunities for socialising. Work gives opportunities for socialising with colleagues. 	 Lack of financial resources reduces opportunities for socialising. Unemployment reduces opportunities for relationships, leading to social isolation. 	
O. V	/hat are the effects of expected life	events on health and wellbeing	
Life event	Positive Effects:	Negative Effects:	
Starting school, college or uni	 Build new relationships Extend knowledge and learning Develop new skills Improve confidence 	Anxiety about new routines and meeting new people Insecurity about leaving parents and other families	
Start a new job or career	Develop independenceImprove thought processesImprove self-concept	Stress about learning new skills ar routines Anxiety about meeting new people	

What are the effects of economic factors (e.g, income) on health and wellbeing

What we are	What we are learning in LAA:			N. What are the effects of economic factors (e.g, income) on health and wellbeing			
L. What are t	y ,				Positive Effects:	Negative Effects:	
N. What are t				al			
L.	What are the barriers to seeking help.						
Culture							
			Intelle	ctual			
Gender			Emotio	onal			
Education			Social				
Stigma			0.	V	Vhat are the effects of expected life	events on health and wellbeing	
			Life ev	ent	Positive Effects:	Negative Effects:	
			Startir				
M. What	are the effects of unexpected life events	on health and wellbeing	schoo colleg	*			
Life event	Positive Effects: Negative Effects:		uni				
Imprisonment			Start a new jo career	b or			
Redundancy			Movin a new house area	_			
Exclusion or dropping out of education	of		Retire	ment			

What we are learning in LAB:

- A. Physiological health indicators
- B. What are health indicators?
- C. Interpreting lifestyle data

A.	Physiolo	gical health indicators				
Pulse		Resting pule rate is measured when a person has been still for about 5 minutes. Health reading for an adult is 60-100 bpm. Pulse rate during exercise: 220bpm minus the person's age.				
Blood p	ressure	 This is the pressure exerted by blood against the artery walls. It is measured in millimetres of mercury (mm Hg) and is shown in two numbers: Systolic pressure: (the top number) is the maximum pressure in the blood vessels as the heart pushes out blood. Diastolic pressure: (the bottom number) as the minimum pressure in the vessels when the heart relaxes between the beats. 				
Peak flow		 Measured how quickly you can blow air out of your lungs. it is measured in litters per min (L/min). 				
ВМІ		Measures the amount of fat on your body in relation to your height to tell you if your weight is healthy.				

B.	What are health indicators?
Importance of understanding indicators	 Detect health problems at an early stage Track improvements or deterioration in health Make recommendations about health and treatments Give advice about future health risks Support individuals to make different lifestyle choices.
What are lifestyle indicators?	 These indicators can be used to assess risks to an individual's health and wellbeing now and in the future. Professionals collect information about lifestyle choices by asking about a person's: Weekly alcohol consumption Smoking habits Levels of physical activity and exercise.
What are physiological indicators?	 They show how well the body's systems are functioning. Health professionals check a person's heath by taking measurements. They compare the results with published guidance.

Interpreting lifestyle data C. Interpreting • Smoking causes around 96,000 deaths in the data on UK annually. • Smoker under the age of 40 are 5 times more smokina likely to have a heart attack than non-smoker. Smoking causes 80% of deaths from lung cancer, 80% of bronchitis and 14% of deaths from heart disease. More than 25% of all cancer deaths are caused by smoking. On average a smoker will die 10 years earlier than a non-smoker. Smokers are more likely to develop facial wrinkles. Smoking is a cause of impotence and can lead to sperm abnormalities. Interpreting Strongly linked to at least 7 types of cancer data on alcohol Alcohol-related liver disease accounts for 37% of liver disease and deaths. • 2/3s of cases of chronic pancreatitis are caused by heavy drinking · You are between 2 and 5 times more likely to have an accident or injury • Each drink per day increases the risk of breast cancer in woman between 7-13% Men and woman should not drink more than 14 units a week and not all in one go. Increased risk of breast cancer by 17.8% and Interpreting data on colon cancer by 18.7% Increased risk of type 2 diabetes by 13%. inactivity Increased risk of coronary heart disease by 10.5% Leads to obesity and joint pain 16.9% of all premature deaths are caused by inactive lifestyle. Active people have a lower risk of premature death. People who are inactive visit their GP more often and they spend 38% more time in hospital.

What we are learning in LAB: Physiological health indicators C. Interpreting lifestyle data What are health indicators? C. Interpreting lifestyle data Interpreting data on smoking Physiological health indicators A. Pulse Resting pule rate: Pulse rate during exercise: **Blood pressure** Interpreting data on **Peak flow** alcohol ВМІ В. · What are health indicators? Importance of understanding indicators Interpreting data on What are inactivity lifestyle indicators? What are physiological indicators?

					00		
What we are	e learning in LAC:		C.	Recommended action to meet health an	d wellbeing improvement goals		
What is a person-centred approach Health improvement plan Recommended action to meet health and wellbeing improvement goals SMART targets for health improvement plan Sources of support		 Use relaxation techniques to reduce stress Join a gym intake Get off the buss a stop early and walk the rest 		Reduce fat and sugar intake Do not exceed the recommended daily calories intake Get off the buss a stop early and walk the rest of the			
A.	What is a person-centred approach.		Drink w consum	ater alongside alcohol to reduce aption	way Drink water instead of sugary drinks.		
Person- centred approach	A holistic approach that puts the individual at the heart of health care planning, so that the whole range of physical, intellectual, emotional and social health needs are met.		Half theUse nic	e peak flow reading: number of cigarettes smoked each day otine replacement therapies exercise or dance class.	To reduce pulse rate and improve recovery time after exercise: Walk for half and hour at lunchtime Drink decaffeinated drinks		
When planning for	The needs: physical, intellectual, emotional and social.				Take up a physically active hobbyJoin a yoga group.		
health improveme nts include:	The wishes: likes, dislikes, choices and desired health goals. Circumstances: illness or disability, access	D.	SMART targ	ets for health improvement plan			
mo morado.	to facilities, previous experiences, family and relationships, responsibilities.	<u>S</u> pecific	The target must be clearly stated. It should say exactly what you mean, such as to 'lose 2 kg in weight in a week'. The target should be clear and not open to any misunderstanding.				
Benefits of person-centred approach: • Will feel involved • Is more likely to trust a health professional who listen to them • Will feel more secure • Is more likely to follow the plan and achieve the targets		<u>M</u> easurable	A target of to 'lose weight' is too vague. A specific amount must be stated so you can prove you have met your target.				
		<u>A</u> chievable/ attainable	If you are following a health and wellbeing improvement plan you must feel it is possible to achieve it. If you do not, you will probably give up before you have even started. An achievable target is to 'lose 1kg this week'. An unachievable target would be to 'lose 20kg this week'.				
B. Hea	Will take responsibility for their own health. alth improvement plan	<u>R</u> ealistic	The target set must be realistic in that you must be able to physically who is older and not very fit to run for 30 minutes a day to help we fitter, younger person.				
What is it?	Health and welling improvement plans are often based on an individual's physiological and lifestyle indicators. Plans should be	<u>Ti</u> me-related	The target must have a deadline, so that you know when you need to achieve the target by, and progress can be assessed.				
	person-centred and include goals, actions	E.	Sources of support				
and targets and possible sources of support. The plan will The recommended actions to take			Informal support is the support an individual receives from partners, family and friends. It is usually the first form of support an individual experiences after and expected or unexpected life event. Informal support can provide reassurance, encouragement, advice, a sense of security, someone to talk through options with and practical help.				
identify:	 A set of targets for health improvement The supports that are needed Possible obstacles to progress and way to overcome them. 	Professions (formal) support	organization social work	Formal support may be provided by statutory care services (the state), private care services and charitable organizations. Professional support may include counsellors, teachers, careers advisers, occupational therapists, social workers and health specialists. Professional support may be needed to help people with a health condition, regain mobility, deal with life changes and emotions, get advice and information or change their lifestyle.			
Positive effects of a health improvem ent plan • Be fitter • Loose weight • Have improved self-concept • Lower blood pressure, healthier heart • Reduced risk of cancer • Taking control of their health outcomes				Organizations offering voluntary support are charities, community groups and religious groups. At voluntary support services, many staff are volunteers (they work for free), but they also employ qualified people who are paid by donations. Community groups work at a local level to meet the needs of people living in a specific neighbourhood i.e. foodbanks. Religious groups are formed by people who share the same religious or spiritual beliefs but they help all people in need regardless of their beliefs and background i.e. a church run soup kitchen for the homeless			

for the homeless.

and reaching health goals

What we are learning in LAC:			C.	C. Recommended action to meet health and wellbeing improvement goals				
A. What is a person-centred approach B. Health improvement plan C. Recommended action to meet health and wellbeing improvement goals D. SMART targets for health improvement plan E. Sources of support			To lower b	lood pressure:	To reduce BMI:			
A.	What is a person-centred approach.							
Person- centred approach			To increas	e peak flow reading:	To reduce pulse rate and improve recovery time after exercise:			
When planning for		D.	SMART tard	jets for health improvement plan				
health improveme nts include:		<u>S</u> pecific		oto 19. House III.				
Benefits of person-centred approach:		<u>M</u> easurable						
арргоасп.		<u>A</u> chievable/ attainable						
B. Health improvement plan What is		<u>R</u> ealistic						
it?		<u>Ti</u> me-related						
		E.	Sources of	f support				
The plan will identify:		Informal support						
Positive		Professions (formal) support						
effects of a health improvem ent plan		Voluntary support						

	Year 11 BTEC Health and Social Care- Component 3: Health and Wellbeing. LAA						
F.	What are the potential obstacle to implementing plans?	G.	What	What are the possible obstacles to accessing services?			
Emotional/ psychological- Lack of	 A conflict between choices such as worrying that giving up smoking could result in weight gain Other priorities in a person's life- such as getting married or bereavement. Having negative attitude- believing change will be too difficult Lack of progress for example losing eight quickly in the first weeks but then slowing down. Having a blip- thinking there is no point in continuing the plan after briefly returning to an old lifestyle. 		•	Possible obstacles	Suggestions to overcome obstacles		
motivation			ohical	Service is difficult to get to because of poor bus or train services.	 Arrange hospital transport Suggest telephone helplines or internet support groups. 		
Emotional/ psychological-	 People with low self-concept don't value themselves, Feel powerless to change their lifestyle or that there's no point in starting because the task seems too big. Some thin that because they were unsuccessful in other aspects of their life, they won't achieve their health goals. They may not feel they have support and approval from family and friends even if they really do. People my accept their present health problems or lifestyle choices, as it Is easier to stay the same than to make changes. Have no incentive to make a change because they do not understand the health risks. Have no desire to change, for example, if they are happy with their weight or don't want to give up smoking. 						
Low Self- concept			al	Charges to use the services Time off from work would mean loss of pay	 Check for entitlements, such as medicines and treatments Direct the person to advice on benefits and 		
Emotional/ psychological- Acceptance of the current state			ogical	Fear of being judged because there is stigma	 employee rights. Talk about concerns and reassure Direct the person to a charity that supports people with a particular health problem. 		
Time constraints	People find that they do not have the time to achieve their health improvements targets because of: Care of young children, family members that are not well. Regular and additional work and study commitments Domestic chores Medical appointments Financial obstacles: Gym memberships, entry fee for a swimming pool Cost of attending exercise classes Cost of travel to the gym. pool or to attend health appointments Higher costs of some healthy foods. Lack of and the cost of exercise equipment			around a health problem (mental health, obesity)			
				Difficulty getting into the buildings where the service	Be aware of services that are adapted for easy access Ask a friend or family member to drop the person off at the service		
Availability of resources				is provided (no wheelchair access). No where to park near the service			
Unachievable targets	 Expectations too high Targets are not suitable for the individual Targets are not clear Fear of not being able to meet targets There are too many targets Not being in the right frame of mind to commit to the plan, e.g. due to depression. 	Persona needs	i	Communication difficulties because of pool language skills, sensory or learning disability.	Provide support services that meet the person's needs, such as a BSL signer, interpreter, advocate		
Lack of support	Diet- find it difficult if a person on a healthy eating plan is surrounded by others that eat junk food or tempted by the chocolate and biscuits in the cupboard, Family and friends go out for			Concern that cultural needs are not understood	Use anti-discriminatory practice and encourage others to		

meals instead of doing other activities. Smoking-friends and family smoking and offering them cigarettes. Lacking will power to quit. Alcohol consumption- someone that is used to drinking with family and friends will find it difficult to stop without their support. It would be hard to quit if the family and friends drink wine with their meals, friends centre a night out around heavy drinking at pubs and clubs. Ability, Understand what they need to do Learn how to make the required changes in their lives. disability and Any places the person uses are wheelchair accessible addiction Any exercise advised is wheelchair friendly.

Like the way alcohol makes them feel but cant admit that they have a problem

If stop smoking, then can put on weight- put people off.

not understood encourage others to do so Suggest sources of Resources Limits on services, such as support

Staff shortages,

leading to long

appointments and

waits for

support.

second-hand aids and equipment equipment Look for alternative strategies, for example an exercise DVD if

there are no places at

an exercise class.